

# 2022 WOMEN IN SPORTS LEADERSHIP

# POWER of the PAST FORCE of the FUTURE



## REGISTRATION IS OPEN!

This fall marks the 25th MHSAA Women in Sports Leadership Conference. This year we celebrate the Power of the Past and the Force of the Future with female leaders throughout Michigan. Be sure to submit your conference registration to reserve your spot today.

### DETAILS

Where: Crowne Plaza, Lansing  
When: Oct 9-10, 2022

### CONTACT US

517-332-5046  
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www.MHSAA.com

### BREAKOUT SESSIONS



#### COACHES & ADMIN

- > Coaching Gen Z Athletes
- > Producing Future Coaches
- > Life Lessons and Life Skills in Coaching
- > Increasing Self-Awareness as a Coach
- > Setting Standards in Coaching
- > Coaching Females: Sending the Right Message



#### STUDENT-ATHLETES

- > Valuing Yourself as a Female Athlete
- > How to be a Good Teammate
- > What it Takes to be Successful
- > The Importance of Leadership
- > How to Set Meaningful Goals
- > Valuing Yourself as a Female Athlete
- > Gender and Competition
- > Life Lessons for Athletes



#### FITNESS FUN

- > Yoga
- > Self Defense
- > Aqua Zumba
- > Tik Tok Dance



# TITLE IX at 50

