

# WISL

WOMEN IN SPORTS  
LEADERSHIP  
2024 CONFERENCE

SHARE  
THE  
VISION

## topics & sessions

- Resolving Team Conflict
- Communicating with Others
- What it Means to be a Teammate
- Grit and Goal Setting
- Sports Nutrition
- Team Building Activities
- Coaching Gen Z Athletes
- Producing Future Coaches
- Life Lessons and Life Skills
- Valuing Yourself as a Female Athlete
- Careers in Athletics
- Healthy Living
- Yoga
- Aqua Zumba
- Pilates & Core Strength
- So, You Want to be an Official!
- Dance

SAVE THE DATE

*26th Annual WISL Conference*



**Sunday, February 4th &  
Monday, February 5th**



**Crowne Plaza  
Lansing, MI**

The Women in Sports Leadership Conference is limited to 500 attendees.

REGISTER  
ONLINE  
TODAY



If you plan to stay at the Crowne Plaza Lansing West, reservations must be received no later than Monday, January 15, 2024. In order to receive the group rate, the caller must indicate they are making reservations for the WISL Conference.