

2024-25 U.P. QUALIFYING TIMES

EVENT	UP BOYS	UP GIRLS
200 MED RE	1 entry/team	1 entry/team
200 FR	2:26.16	2:36.45
200 IM	2:51.66	2:58.64
50 FR	0:27.45	0:29.99
100 FLY	1:23.03	1:27.00
100 FR	1:01.72	1:08.88
500 FR	6:52.62	7:05.14
200 FR RE	1 entry/team	1 entry/team
100 BK	1:17.75	1:20.47
100 BR	1:23.11	1:29.68
400 FR RE	1 entry/team	1 entry/team

- There is a minimum standard to the entry process. Each school may enter up to 3 swimmers/divers per event, but each swimmer must meet or exceed the time standard listed for their event.
- A coach shall not enter a diver who cannot do all five dive groups with a certain level of proficiency.
- The required dive group for 2024-25 is **FORWARD**.