



Emergency Action Plan (EAP) Resources:

Please use the following as the start of a good collection of resources to help Administrators, Coaches, Athletic Trainers, and others help work through the process to create/update EAPs for your school facilities. Please see the FAQ for some help on general questions to help get you started.

From the MATS Secondary School Athletic Trainers Committee (SSATC): This list is just a start. This list will be updated as the year goes along so please check back regularly. If you know of some good resources, please reachout to us at MATS.SSATC@gmail.com.

- **Coaches EAP Checklist/Review/Attestation planning**
 - [Coaches Resource Document/Checklist](#)
 - This document can be used by coaches, ADs, ATs, or others to help review each facility they use. Once completed, it could serve as the documentation for the coach and school administrator to help with the required MHSAA attestation.
 - This form can also help lead the discussion about how to best handle emergencies that may arise and what may need to be addressed.
 - When partnered with the "[Anyone Can Save a Life](#)" form, this can be filled out by coaches and teams so that they may identify particular students to help fill the various roles during an emergency. This is one resource available. Schools may choose to use other materials as they see fit.
 - If schools don't have a venue specific EAP template, there is one available as a fillable PDF from MATS ([here](#), or on the MHSAA Health and Safety website).
- **National Athletic Trainers Association (NATA)**
 - [2024 \(June\) Position Statement – Emergency Action Plans](#)
 - [Additional resources/materials](#) to support above Position Statement
 - Detailed EAP checklist
 - Emergency equipment list recommendations
 - Post EAP activation incident report/template
 - Rehearsal scenario – athletic trainer present
 - Rehearsal scenario – athletic trainer on campus but arrives a couple minutes later
 - Risk analysis for catastrophic injuries
- **MATS/MHSAA EAP TEMPLATE**
 - KSI EAP Document - fillable document to create a document for your department to outline your overall plan for an athletic department, not just each specific venue posted.
 - [KSI EAP Template](#)
 - **Example** PDF – vEAP
 - [2024 June Anytown HS Gym EXAMPLE.pdf](#)
 - **Fillable** PDF – vEAP
 - [2024 MATS MHSAA EAP Template 2.0.pdf](#)
 - Examples from others to review and share:
 - [Examples of EAP to share](#)
 - *if you would like to share your vEAP as an example, please send it as a PDF to MATS.SSATC@gmail.com*
- **Medical Time Out (MTO)**
 - What is a Medical Time Out?
 - [Medical Time-Out Helps to be Aware, Prepared and Educated](#)
 - MHSAA MTO Template; used to help share specific details with event staff prior to an event
 - [Medical Time Out Checklist](#)
 - Updated MTO NATA June 2024
 - [Pre-event medical meeting](#)

- **MATS EAP Role Definition Card Template**
 - PDF: [MATS EAP cards front - Avery8871CleanEdgeBusinessCardsWide.pdf](#)
 - Doc File (open in Word) to customize and print for your specific need
 - [MATS EAP cards front - Avery8871CleanEdgeBusinessCardsWide.docx](#)
- **Mental Health EAP**
 - [Emergency Action Plan Guidelines: Mental Health Emergency in Secondary School Athletes](#)

ADDITIONAL RESOURCES:

- **Anyone Can Save a Life**
 - [Anyone Can Save A Life](#)
 - **Coaches planning document**
 - [EAP Worksheet - Student Response Team](#)
 - Resources
 - [Resources - Anyone Can Save A Life SCA Program](#)
- **Foundations:**
 - Project ADAM - Michigan
 - [Project ADAM | CS Mott Children's Hospital | Michigan Medicine](#)
 - Kimberly Anne Gillary Foundation
 - [The Kimberly Anne Gillary Foundation](#)
 - Thomas Smith Memorial Foundation
 - [Thomas Smith Memorial Foundation](#)
 - Wes Leonard Heart Team
 - [Wes Leonard Heart Team](#)
 - Corewell Student Heart Check Program
 - [Heart & Vascular Screenings | Student Heart Check Schedule | Corewell Health](#)
- **MiHeartSafe** - mirrors Michigan Public Act 12 of 2014
 - [MI HEARTSafe Schools – Michigan Genetics Resource Center](#)
- **Videos**
 - **Claire's Story (2016, Georgia):**
 - [Project S.A.V.E.: Claire's story](#)
 - **Matt Mangine Jr Story (2020, Kentucky):**
 - Brief version: (5 minutes)
 - [Could an AED have saved the life of a young high school soccer player? - ESPN Video](#)
 - Full version: (19 minutes)
 - [Inaction Plan: The Matthew Mangine Story | Outside The Lines](#)
 - [How to SAVE a LIFE - Recognize Sudden Cardiac Arrest in Athletes](#)
- **Webinars** (some may have a small fee)
 - [Examining Best Practices for Providing Appropriate Medical Care in Secondary School Athletics \(ESSAT S-1\)](#)
 - <https://essat.ebpcentral.com/product/tournament-prep-how-to-orient-medical-staff-to-your-events-policies-procedures-and-venue-essat-st-14/>
 - [The Collapsed Student Course](#)
 - [Sudden Cardiac Arrest Course](#)
- **Additional Documents:**
 - [NATA News February 2022 - Knowing the difference](#)
 - [When a Kentucky athletic trainer taught CPR to a team's coaches, he saved a life - his own](#)
 - [Safer Sidelines: An investigation into sudden death in youth sports](#)
 - [Safer Sidelines Info Sheet](#)