



## FREQUENTLY ASKED QUESTIONS ABOUT CPR CERTIFICATION

1. **Q Which coaches are required to have CPR certification?**

A Effective with the 2024-25 school year, head coaches at all levels of high school and junior high/middle schools must have a valid current Cardiopulmonary Resuscitation (CPR) certification by the established deadline for completion of the rules meeting, for the first sport in which the coach is a head coach during the school year.

2. **Q Who is authorized to provide CPR certification?**

A The MHSAA does not dictate which organization or individual must provide CPR education and certification. However, a list of training providers approved by the Michigan Department of Education can be found on the [Michigan Department of Human Services website](#).

2. **Q How expensive is the certification?**

A \$0 to \$100.

3. **Q How long does certification take?**

A Two to five hours.

4. **Q How long does the certification last?**

A Generally, two years from the date of completion.

5. **Q Does the MHSAA specify the age level for the CPR training?**

A No. Generally, the course for adults alerts candidates of the necessary modifications for children and infants, and vice versa.

6. **Q Does an online course satisfy the requirement?**

A Yes. While not as effective as face-to-face courses, an online course does satisfy the requirement.

7. **Q Is it necessary for all head coaches to also have training in AED?**

AED training is often a part of CPR certification and is preferred. Most standard CPR courses include how to use an AED. Including AED training in CPR certification ensures that individuals are well-prepared to respond to cardiac emergencies effectively.