

# MHSAA CROSS COUNTRY 9-1 REGIONAL CHAMPIONSHIPS

**Date:** Saturday, October 26th 2024  
**Location:** Goodells County Park  
**Address:** 8264 County Park Dr, Goodells, MI 48027  
**Hosted By:** Romeo HS

## RACE SCHEDULE

- Boys Varsity: 10:00 a.m.
- Girls Varsity: 10:40 a.m.

### Non-MHSAA Races

- Boys PROM: 11:10 a.m.
- Girls PROM: 11:40 a.m.

Awards @ 12:30 p.m. (Main Stage).



## Teams in Attendance

 Chippewa Valley	 Lakeview	 Romeo
 Detroit East English	 Dakota	 Roseville
 Fraser	 L'Anse Creuse North	 Utica
 Grosse Pointe North	 Anchor Bay	 Eisenhower
 Grosse Pointe South	 Port Huron	 DeLasalle
 L'Anse Creuse	 Port Huron Northern	 Warren Woods Tower

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## Coaches

Please read this document thoroughly. Note that additional course markings not provided by the host are **NOT** allowed. This includes, additional paint, flagging, split points, etc.

Any questions, suggestions, or concerns to course management please reach out to Mike Buslepp at: [michael.buslepp@romeok12.org](mailto:michael.buslepp@romeok12.org)

Romeo High School is excited to host your teams.



## Entries

- In accordance with MHSAA policy, all entries must be submitted via Athletic.net **NO LATER than Saturday, October 19th @ 8:00 p.m.** Please enter **ONLY** your top **9** athletes.
- Late entries – A \$50 late fee must be paid for all entries submitted after the entry deadline. Late fee checks should be made out to Romeo High School Athletics. Once starting positions are set by Wednesday, October 23...No late entries will be accepted.
- Master eligibility lists or Opt-Outs must be sent **NO LATER** than Friday, October 11th to confirm participation. The Mhsaa needs to be contacted for Opt-Outs. Master Eligibility lists can be sent to Kerry Wendt at: [kerry.wendt@romeok12.org](mailto:kerry.wendt@romeok12.org)

## Timing, Scoring & Results

- Timing will be done using a FinishLynx FAT system and/or RFID tags. Brad Fairchild from Fairchild Sports Timing will be our timer throughout the day.
- Packets will be available for pick-up at the finish line.
- Bibs - Bibs are to be pinned in all four corners. Do not alter the bib, including wrinkling. Bibs need to be clearly visible during the race.
- We will post unofficial results outside of the finish line trailer. Please check the unofficial results within the 15 minutes of posting, before they become official. Verify that all of your runners are on the results.
- Live and official results will be posted on athletic.net. We will be using the A-Net Live platform.

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## Admission and Spectators

There will be a \$7.00 admission for all spectators in attendance. Tickets can be purchased prior through GO Fan at the following link. Please encourage spectators to purchase tickets early as it will ease congestion entering the facility. [GO FAN LINK](#)

All Spectators should be stationed behind set-up barriers, and the double line to avoid interfering with the athletes racing. **Per MHSAA rules, NO DOGS are allowed at MHSAA events.** Thanks in advance.

## The Goodells Course

Non repeating course that has a variety of open field running, a wooded section, and rolling hills the last mile. The course will be double lined throughout, and every turn barriered with flags and natural barriers. There will be a lead vehicle for all races (weather pending), and meet personal at the turns.

The course will be lined and open for full review by Thursday, October 24th at 3:00 p.m. until meet day. Keep in mind, the SC4 Conference championships will be running on Friday, so please plan accordingly if you plan to review the course on Friday.

Every 1k and 1m will be marked throughout the course, and the course will be wheel measured at the shortest path taken. Labeled markings will include: 1000m, 1 mile, 2000m, 3000m, 2 mile, 4000m, 3 mile, 5k. There will be running time clocks at the 1 mile and 2 mile locations.

## Prom Races

We will be offering a PROM race (Post Regional Open Meet) to all attending schools. There is a \$150 per school entry (\$75 per gender). Enter your athletes on Athletic.net under Post Regional Open Meet (PROM) race, it is a separate race that you'll need to register for in anet. This race will only be open to registered athletes and is separate from the MHSAA Regional. Entry fee's will go towards extra accrued meet management and site fees.

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## **Awards**

- The awards ceremony will be held at the main stage area just north of the barns. We look to get this started right at the conclusion of the Girls PROM Race (12:30 p.m.)
- Medals to top 15 individuals in each race. Trophies to first place teams in each race. 7 team medals for each runner on the championship teams.

## **State Qualifiers**

- Top three teams advance to the MHSAA Finals.
- Any individual finishing in the top 15 qualifies for the MHSAA Finals. If less than 7 individual qualifiers are in the top 15, then the next best individuals not on a qualifying team will fill the remaining 7 individual qualifying spots.
- A 4th place team can qualify, if there are 8 or more scoring teams, and if the 4th place team has 4 or more finishers in the top 20 individuals. The maximum number of teams qualifying from a regional cannot exceed four.
- If your team or individuals qualify for the MHSAA Finals, please make sure that you pick up the State info packet at the conclusion of the regional meet awards ceremony. Information will not be mailed. Finals information can be found on MHSAA.com.

## **MHSAA Regional Apparel**

- Official MHSAA Regional Cross Country apparel will be for sale through EA graphics. You may still order items that are out of stock or sell out. Cash and credit cards will be accepted.

## **Medical/Trainer**

A certified trainer will be on site at the finish line. Please bring your own taping supplies and fluids. We will have water jugs filled at the finish line.

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## MHSAA Officials

Elizabeth Reinhold, Jim Bade, Randy Jacobs, another TBD

## Appeals & Games Committee

Appeal forms are available at the finish line, upon request. Appeals may only be made regarding the incorrect application of a rule. Judgements may not be appealed. The games committee will include the meet referee, Mike Buslepp (Romeo High School) and the following coaches from the following schools (Macomb Dakota - Boys, Utica - Girls). If an appeal involves a school from the games committee, an alternate will be selected.

## Parking

Due to Division 1 being the only races on site, parking should be a lot easier at Goodell's. Please be patient when arriving to the site, and please make sure spectators know where to park to ease congestion entering the course.

### **NORTH LOT - LAPEER ROAD ENTRANCE (*Buses/Coaches Lot*)**

This entrance will be used for COACHES and BUSES only. Please tell parents this, our gate workers will be checking the lot. If we have parents acting as coaches, the lot will fill quick, and will be closed early. We are doing this as a courtesy to allow coaches and buses to have close access to TENT CITY.

***This lot will close from 9:30 a.m. - 12:00 p.m. No cars will be allowed in or out during this time due to races in session. Plan accordingly.***

Bus Driver Address and link: [Lapeer Rd, Goodells, MI 48027](#)

### **SOUTH LOT (Called East Entrance) - COUNTY PARK ROAD** ***(Spectator/Non Bused Athlete Entrance)***

All spectators and athletes traveling separately (non-bused athletes) will need to park in the south lot. Athletes will be admitted free with wearing their team jerseys.

Spectator/Athlete Address & Link: [8264 County Park Dr, Goodells, MI 48027](#)

For a detailed parking map, click the following link: [Parking Map](#)

# Goodells 5k Course Map

**MILE 1**

**MILE 2**

**MILE 3**

**RED**

**YELLOW**

**GREEN**

