



2024 MHSAA JH/MS Cross Country Regionals

Mancelona Public Schools is please to host one of three MHSAA JH/MS Cross Country Regional meets in zone 7. Please see the information listed below for this upcoming meet.

Date: Saturday, October 19, 2024

Location: Mancelona High School (9300 W. Limits Mancelona, MI 49659)

Registration: Please use athletic.net for all entries.

- Entries are due by Thursday, October 17 @ 7:00 pm

Division List: JH /MS that feed high schools:

- Small School: Division 3 or Division 4 High Schools
- Large School: Division 1 or Division 2 High Schools

Time: 8:30 AM Course Opens

9:30 AM Coaches Meeting

10:00 AM—MS Top 10 Boys

10:30 AM—MS Top 10 Girls

11:00 AM—MS Reserve Race (If Necessary)

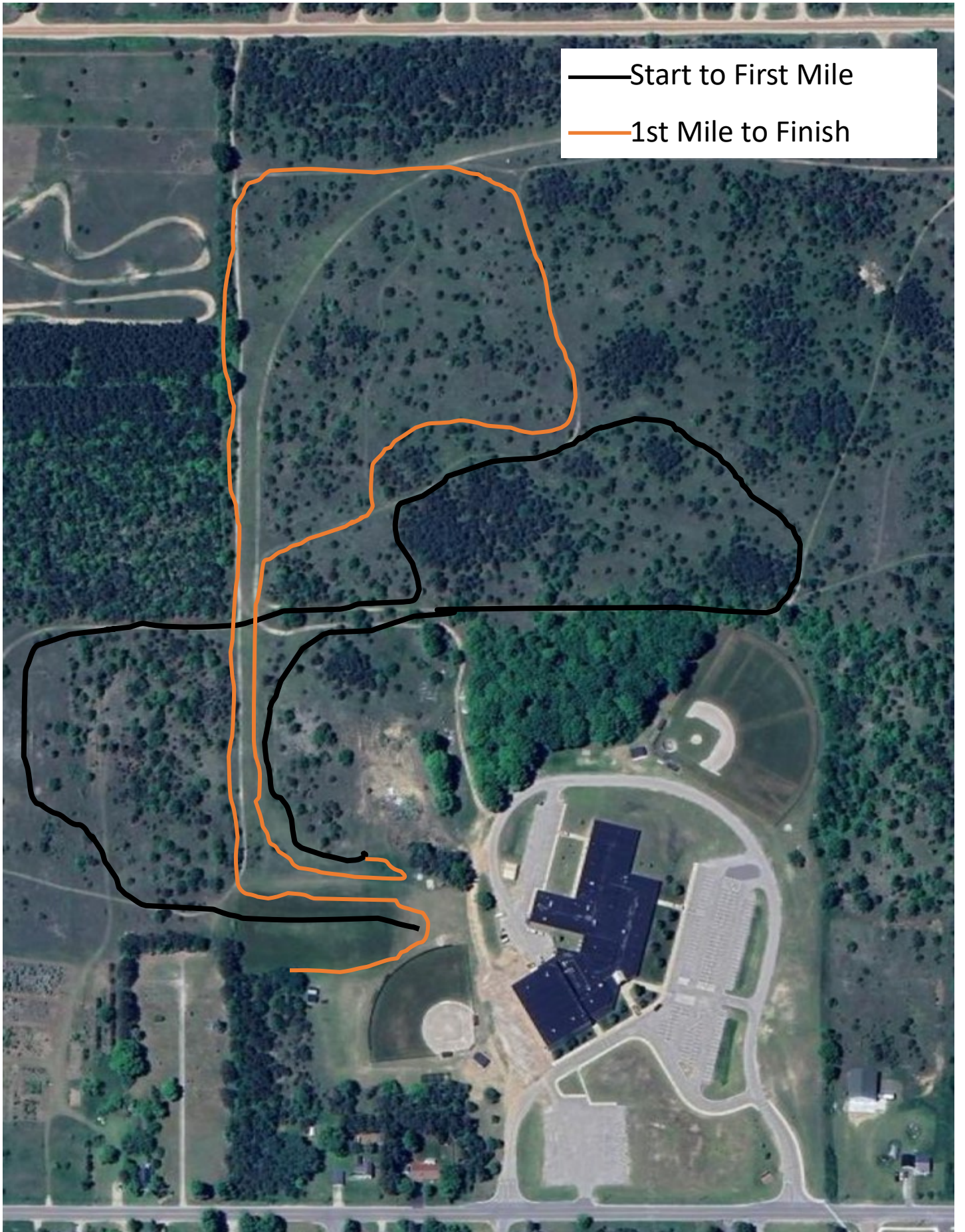
11:00 AM—Results (If no Reserve Race)

11:30 AM—Results (If Reserve Race is Run)

Admission: \$6.00 Per Person or \$10.00 Per Carload.

- There is no cost and no entry fee for participation in the MHSAA JH/MS Regional race for any school
- 10 racers per school and gender will make up the “Varsity” team entry for each school.
- Teams are allowed unlimited entries. The top 10 entries will race in the varsity race, and the remaining runners will be in the JV/Reserve race.
- A school can determine the student-athletes that will compete for that school between 6th, 7th, and 8th graders eligible at the school.
- Athletic.net will be used as the registration platform for the MHSAA JH/MS Cross Country Regional for schools, teams, and individuals. Those Regional races will be created on Athletic.net and listed on that site for entry.
- The MHSAA JH/MS Regional race will NOT count against the schools’ MHSAA contest limit in JH/MS Cross Country.
- There will be “Large” and “Small” school divisions in each zone and Regional. Schools will compete, then the results will be separated into two divisions. Large schools are those JH/MS that feed D1 or D2 MHSAA High Schools. Small schools are those that feed D3 or D4 MHSAA High Schools.
- MHSAA trophies and medals will be awarded to each gender based on school size. This would be two girls trophies and two boys trophies per Regional. The top 20 in each gender and division will receive medals, while the top team in each division by gender will receive an MHSAA trophy.





— Start to First Mile

— 1st Mile to Finish