



Coaches:

Welcome to Cross Country Regionals, Div. 26-3 and Div. 17-2 at Columbus County Park. The park address for directions is **1670 Bauman Road, Columbus, MI.48063.**

The two regionals will be hosted by Algonac High School at the park on **Saturday, October 26, 2024.** The schedule is as follows:

INSPECTION OF COURSE:

The course and park will be open for review at **8:15 a.m.**

MEETING FOR COACHES:

9:15 a.m. At the LODGE

RACE SCHEDULE:

10:00 a.m. Division 3 Boys
10:30 a.m. Division 2 Boys
11:00 a.m. Division 3 Girls
11:45 p.m. Division 2 Girls
12:30 p.m. Boys' Open Race
12:40 p.m. Girls' Open Race

OPEN RACE CHARGES - \$5 charge per individual with a maximum \$35 a team (boys & girls separate teams) will be charged for open races. Fees may be paid by check or cash at the LODGE any time prior to the open races. Medals awarded to the top 25 finishers in each race.

AWARDS: Will take place at 1:30 p.m. at the White Awards Tent

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals for Top 15 individuals in each race

Medals for open race will be distributed in the chute.

COMPETING TEAMS

DIVISION 2 (17-2) 19 Teams

Armada
Center Line
Croswell-Lexington
Detroit Southeastern
Eastpointe
Harper Woods
Harper Woods Chandler Park
Hazel Park
Macomb Lutheran North
Madison Heights Lamphere
Marysville
Richmond
St. Clair
St. Clair Shores Lakeshore
St. Clair Shores South Lake
Warren Fitzgerald
Warren Lincoln
Warren Regina
Yale

DIVISION 3 (26-3) 18 Teams

Algonac
Almont
Ann Arbor Greenhills
Brighton Charyl Stockwell Prep
Clawson
Detroit Communication Media Art
Detroit Old Redford
Detroit Osborne
Grosse Pointe Woods University Liggett
Lansing Catholic
Leslie
Madison Heights Bishop Foley
Marine City
New Haven
Rochester Hills Lutheran North
Stockbridge
Waterford Oakside Prep
Wixom St. Catherine

COURSE

The course does not loop and other than the start and finish, is run on a series of trails throughout the park. The surface varies from grass to gravel to dirt. It crosses one driveway which will have rugs covering the pavement. Includes one downhill and one uphill area. Athletes **will not** be allowed to preview the course after the start of the first race. Spectators will be asked to avoid being on trails when runners go by. There are ample places to view runners without being in their way. **TIMERS** – There will be clocks at the mile and two mile along with signs at each half mile. Timers will not be able to record both mile and two mile splits – too far apart - you will need two individuals, one at each location (*see course map*).

SPECTATOR VIEWING SUGGESTIONS

After watching the start of the race, spectators should move to the north side of the parking lot where the runners will emerge from the woods and run along the side of the parking lot before heading back into the woods. Spectators can then cross to the top of the sled hill by the playground to view runners passing below, then head to finish area, staying behind the flags and barriers.

PACKETS

The coach's packet will include bib numbers for your runners, safety pins, appeal form, course map, and program. Packets will be available in the Main LODGE. Remember after the races, to get a **MHSAA state packet** for those teams/runners moving on to state finals at **MIS**. Packets will be available in the LODGE after results are published.

RESULTS

Copies of all results will also be posted near the LODGE for spectators and athletes. Results will also be available after each races' conclusion and available on *athletic.net*, *mhsaa.com* and *eastsideracingcompany.com* - **Coaches, we will be timing the open races and results will also be posted on the mentioned websites.**

TRAINER

A trainer will be available for all racers for all of your taping and first aid needs. She will be set up near the finish line.

UNIFORMS

All MHSAA rules will be in effect. Watches and jewelry allowed.

PARKING

There is only one entrance to the park (1670 Bauman Road, Columbus). Buses will be allowed to drop their runners off near the starting line before being directed to the front of the park near the entrance. All spectators will be directed to one of the three parking areas.

DIRECTIONS

The park is located on Bauman Road just west of Gratiot Avenue and a few miles north of Division Highway (32 Mile Road) in Columbus Township.

ADMISSION

MHSAA rates are **\$10 per vehicle**, for entry to the meet.

NOTE: To all Spectators, **NO PETS ALLOWED** at the park, VIA MHSAA rules. This differs from Columbus County Park rules.

MHSAA SOUVENIRS

MHSAA Souvenirs will be available from vendors - T-shirts, sweatshirts and other apparel will also be sold. These items will be on sale in the pavilion west of the LODGE.

CONCESSIONS/REST ROOMS

A concession stand will be available throughout the meet in the pavilion next to the LODGE. There are restrooms in the LODGE for spectators and athletes to use along with porta-potties near the starting line.

ENTRY REGISTRATION

All entries must be submitted electronically no later than 8 p.m. on Saturday, October 19. Entries are submitted online at *athletic.net*. Enter your seven varsity athletes, plus those competing in the open races. You may move an open race runner into the varsity race the day

of the meet. As directed by the MHSAA, a \$50 late fee will be assessed to schools not registering by the October 18 deadline.

ELIGIBILITY SHEETS

A copy your Eligibility Sheets for both boys and girls **must** be on file with Algonac High School before the regional date. Email copies to Mitch Landrum at **mitchell.landrum@algonac.k12.mi.us** or mail to him at Algonac High School, 5200 Taft Road, Algonac MI 48001. Eligibility Sheets may also be faxed to 810-794-0040.

OFFICIALS

Meet Starter: Paul Matson I.D. # 61704
Meet Referee: Jim Cleverly I.D. # 16807
Meet Finish Line: Mark Brochu I.D. # 17197
Meet Manager: Mitch Landrum
Meet Director: Dan Shafer
Games Committee: TBA

COURSE PREVIEW

The Columbus County Park is open from 8 a.m. to dusk seven days a week with free admission. Teams are welcome to preview the course during park hours. The course map is a separate file on this entry.

If you have any questions or concerns, please contact Dan Shafer (810-329-9406) or **coachdshafer@aol.com**. Hope your season is going well.

Dan Shafer
Algonac CC
Meet Director

CONSTRUCTION NOTE – Gratiot Avenue is currently closed east of Bauman Road for bridge replacement. It may be open by the date of the regional, but teams arriving from the north and east of the park should plan an extra 10 minutes of travel time for the detour.



**Columbus County Park
REGIONAL COURSE MAP**

START AND FIRST MILE



SECOND MILE



THIRD MILE AND FINISH



LODGE & RESTROOMS

