

MHSAA Middle School Regional Cross Country Championships

At Milan High School
Wednesday, October 23, 2024

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Location - Milan High School, 200 Big Red Dr., Milan 48160

Directions - [Milan High School](#)

Teams - We are limiting entry to the first 25 schools

Course - The race will be 2 miles. Please see the attached course map.

Schedule -

3:00 Course Opens & Packet Pickup
3:45 Coaches Meeting (at the finish line)- please have a representative at this meeting.
4:15 Boys MS Varsity (10 runners)
4:55 Girls MS Varsity (10 runners)
5:35 MS JV (Boys and Girls combined)

6:15 Awards (located at the Track and Football Stadium)

*** Athletes are to report to the starting line 10 minutes before the scheduled start of their race**

Fees - There are no entry fees for competing teams. This meet will not count toward your limit of 10 competitions.

Parking/Spectators - Buses and cars must park at the High School.
There will be a \$10 carload fee for spectators.

Team Camps - Teams may set up their tents/camps only in designated areas. Restrooms in the Track and Football Stadium will be available. Water fountains will be available.

Concessions - Food trucks will be on site and located at the north end of the Symons Elementary School parking lot.

Pets - __ Please be advised there are NO PETS ALLOWED. However, properly marked or documented service animals which are leashed or harnessed at all times are allowed. Individuals who bring service animals are asked to bring their own waste disposal bags.

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Entries and Packet Pickup

- **Entries Due - Sunday, October 20, 8:00 PM**
- Please submit your entries using the regional meet on Athletic.net.
- Schools which directly feed or are closely affiliated with a Division 1 or Division 2 school must enter the Large School Varsity division.
- Schools which directly feed or are closely affiliated with a Division 3 or Division 4 school must enter the Small School Varsity division.
- There is only one division for the Junior Varsity race.
- Entries are unlimited. Please enter any athlete that you think might be participating.
- You must designate your Varsity runners. Changes need to be made no later than 30 minutes prior to the race. All others will run in the JV race.
- Packet Pickup is located at the finish line.

Timing, Scoring & Results

- Bibs - Bibs are to be pinned on all four corners. Do not alter the bib. Bibs need to be clearly visible during the race.
- We will post unofficial results on Athletic.net.
- Large schools (Div. 1 & Div. 2) will be scored separately from Small schools (Div. 3 & Div. 4)
- Coaches - please check the unofficial results within the 15 minutes of posting, before they become official. Verify that all of your runners are on the results.
- Official results will be posted at: athletic.net, www.mhsaa.com. We will not be printing results for distribution.

Awards:

- Championship trophy to the top Large and Small school team.
- Medals to the top 20 finishers in each Large and Small school division.

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Middle School 2 Mile Course



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Parking, Team Areas, Food Trucks

