

Wyandotte Roosevelt Cross Country

D1-5, D2-18 MHSAA Regional Championship Meet

Location: Lake Erie MetroPark (Near the Wave Pool) 32481 W. Jefferson, Brownstown, Mich. 48173
Directions: I-75 South to Gibraltar Rd (Exit 29A) head east on Gibraltar Rd. to W. Jefferson turn right (south) for 1.7 miles to the park entrance on the left. Once entering the park, follow the signs to the Wave Pool.
Date: Saturday, October 28, 2023 Teams: The following teams will be attending:

D1-5: Allen Park, Ann Arbor Pioneer, Belleville, Brownstown Woodhaven, Dearborn, Dearborn Edsel Ford, Dearborn Fordson, Dearborn Heights Crestwood, Detroit Cass Tech, Detroit Martin Luther King, Gibraltar Carlson, Lincoln Park, Monroe, Saline, Wyandotte Roosevelt, Ypsilanti Lincoln

D2-18: Adrian, Ann Arbor Gabriel Richard, Carleton Airport, Chelsea, Dearborn Heights Annapolis, Dundee, Grosse Ile, Milan, Monroe Jefferson, New Boston Huron, Riverview, Southgate Anderson, Summit Academy North, Tecumseh, Trenton, Ypsilanti Community

COACHES: Please read this document thoroughly including the attachment at the back of the packet.
Note that additional course markings not provided by the host are NOT allowed. This includes, but is not limited to; paint, flagging, split points, etc...

Entries: Each school is permitted one team in the Varsity Race. In accordance with MHSAA policy, entries must be submitted via Athletic.net online entry system for the meet. If you have not done so, create a free account on Athletic.net. Enter your Regional into your schedule. Click on that meet and then go to "Register Athletes". Please enter **ONLY** your **top nine athletes**. This is important because we do not have enough numbers for you to enter your entire squad. (Late changes can be made on meet day). **Entries are DUE by 10/24 at 6pm.**

OPT OUT Date: Schools not intending to participate in the Regional Meet must inform the Meet Manager and the MHSAA by **October 15, 2023**. Schools planning on attending must submit an eligibility list by **October 15, 2023**.

COMPETING SCHOOLS: Regional Meet Electronic Entry Materials and instructions for on-line entry are on the MHSAA Website. Entry information must be placed on-line no later than 6 p.m. on **Oct. 11, 2023** for LP at www.athletic.net. Late entries – A \$50 late fee must be paid to the Meet Manager before the contestant or team will be allowed to participate. The \$50 late fee shall be retained by the host school. There can be no late entries after the team starting line positions have been determined.

All schools will receive a Tournament Notification Form in the fall listing the Opt-Out dates for sports they sponsor as well as an Opt-Out FAX form. Schools must contact their tournament managers by the Opt-Out Due Date if they **DO NOT** intend to participate in a previously assigned MHSAA tournament. Late fee checks should be made out to **Carlson High School**.

Disclaimer: Source of this information can be found in the **September 2019 MHSAA Bulletin**. We will use that document in administering this Regional Meet. In case of discrepancies between this document and the Bulletin, the policies stated in the MHSAA Bulletin *shall hold true*.

Schedule:	Girls run first in odd years.
	8:00 am Course open for preview
	9:30 am D2 Varsity Girls
	10:15 am D2 Varsity Boys
	11:00 am D2 Awards
	11:00 am D1 Varsity Girls
	11:45 am D1 Varsity Boys
	12:30 pm D1 Awards
	1:00 pm PROM Girls (Post Regional Open Meet)
	1:30 pm PROM Boys (Post Regional Open Meet)

*** Please have your athletes to the starting line 10 minutes before the scheduled start of their race.**

PROM: We will be offering a PROM race (Post Regional Open Meet) to all attending schools. There is a \$200 per school entry (or \$15 per athlete) into this race. Enter your athletes on Athletic.net under Post Regional Open Meet (PROM) race. This race will only be open to registered athletes.

Uniforms: Please remind your athletes that MHSAA rules governing uniforms & temporary adornment shall be upheld. Watches may be worn! Your uniform warning will be made via email communication the week of the event.

Coaching: Per MHSAA mandate, coaches are NOT allowed to use any transportation aids such as bikes, scooters, etc. to move around the course.

Pets: Please advise your cross country enthusiasts and families of team members that there are NO PETS ALLOWED at Regional or State Championship meets.

Awards: **The Award Ceremonies will take place in the Plaza between the Wave Pool and the Concession Stand.** Regional champions in each Division and each gender receive a trophy and 7 team medals, the top 15 individuals receive medals in each Division. Trophies, medals, finals packets will be available for coaches as results are finalized. Results will be posted on athletic.net almost immediately following the race (as soon as results are finalized)

Scoring: Traditional cross country scoring will be used. Runners will be given a number to wear on the front of their singlet that has a rfid chip attached. Please check this for accuracy and report any mistakes to the scoring table located at the finish line.

Results: Final results will be available for coaches approximately 15 minutes after the completion of each race. The results will also be submitted to the MHSAA and Athletic.net for publication on their websites. Results will be posted. There will be no hard copies.
UNOFFICIAL RESULTS CAN BE FOUND AT: LIVE.DLPROTIMING.ORG during each race.

State Meet: **Team Qualifiers, Regional to Finals** Five runners must finish for a school to receive a team score. The top three teams (1st, 2nd, and 3rd) will automatically qualify from the Regional to the Finals. THE MAXIMUM NUMBER OF TEAMS QUALIFYING FROM A REGIONAL CANNOT EXCEED FOUR. If a school finishes fourth (4th) in the Regional with four or more runners in the top 20 places and eight (8) or more complete teams finish the race, that school will also qualify a team for the Finals. The maximum number of runners to represent a qualifying team at the Final Meet is seven.
Individual Qualifiers, Regional to Final Meet Cross Country Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

Appeals: The Head Referee will be the final authority on judgments and interpretations of the rules. A Jury of Appeals will be called if deemed necessary by the Head Referee (Jason Gribble) and the Meet Manager (Dave Lustig). The Jury of Appeals, if called, please respond immediately. All decisions by the Appeals Board will be final. **JUDGMENT CALLS MADE BY OFFICIALS MAY NOT BE APPEALED.**

D1 Jury of Appeals: Jake Hammerle (Brownstown Woodhaven), Carl Spina (Saline), PJ Mahar (Dearborn HS)

D2 Jury of Appeals: Eric Swager (Chelsea), Cassandra Roupe (New Boston Huron), Aaron Shupe (Riverview)

Team Camps: There is plenty of room for team tents. Please keep your tents and tarps on the North side of the parking lots. If you use the lakefront for your tents/tarps, please keep them away from the course and from the finish. **Please don't put meet management in a position of asking you to move.** Please remind your athletes that they are *guests* in the park and therefore should remove all trash from their area at the end of the meet. **THE MAIN BUILDING IS NOT A TEAM CAMP!!**

Security: Coaches please inform your athletes to NOT TO LEAVE BAGS OR PERSONAL ITEMS UNATTENDED FOR LONG PERIODS OF TIME!!! It is preferred that athletes leave "gear bags" at their team camp or on their bus. Meet personnel are instructed to pick up stray bags throughout the duration of the meet.

T-shirts: A limited number of T-shirts and Sweatshirts are available for purchase.

Concessions: **The indoor concession stand will not be open. There will be food trucks on site near the main building. However, do not set up team camps in the concession area!!** We will be using this area for computer scoring, packet pick up and t-shirt sales. We cannot allow teams to use the area for their team camp.

Athletic Trainer: An athletic trainer will be on site and available.

Additional Information:

COACHES PLEASE READ CAREFULLY!!

*There is a \$10 per vehicle admission to the Metro Park for each vehicle (except buses).

*PLEASE set up your team tents in the designated area. Don't make our volunteers or meet officials ask you to move. It's a hassle for you and an annoyance for us. No teams should set up camp in the concession stand area.

***Please warn your parents not to crowd the finish area!** We will have it roped off BUT this does not stop a determined parent. Please try to monitor your people so that they do not interfere with our finish line people. We are desperately trying to get it right. In the past we have had parents standing in the finish chute taking pictures.

*Ask your athletes to collapse after they exit the chute ... It makes life a lot easier for our finish line workers. They just ran 5000 meters, walking 50 more should not be an issue.

*Coaches please enter runners that are capable of being **competitive** in a Regional race. We are on a tight schedule. Waiting for a non-competitive runner who is jogging the race places a very real strain on our schedule. Enter the non-competitive runners in the PROM race at the end of the day. Please help us out with this. We cannot begin to compute the results until the last runner has crossed the line. (a good reference point would be **Boys that cannot finish in 25 minutes/ Girls that cannot finish in under 30 minutes**). *Please make your parents aware that meet officials will not deal with any protest lodged by a parent.