

# MHSAA Regional 2-1, 15-2, 25-3

Friday October 27<sup>th</sup>, 2023

Shepherd High School

321 S. Fourth Street

Shepherd, MI 48883

**Course Location:** The course is located to the south of the Shepherd Veteran's Memorial Field(Football Stadium) and access to the course is available by entering the Stadium and walking to the south. The start is located on the east practice field. (See Attached Maps)

**Entries:** All entries for the Regional are to be submitted electronically on athletic.net by 8 PM on Saturday Oct. 21<sup>st</sup>. Please enter the 9 athletes who will most likely be in the 7 that run at Regionals. Substitutions for any of these athletes may occur on meet day as long as they are listed on the School's Master Eligibility List.

Late entries will be charged \$50 payable to Shepherd Athletics before they are allowed to compete.

**Qualification:** The top three teams automatically qualify for the Finals meet with a possible 4<sup>th</sup> place team qualifying if that team has 4 runners in the top 20 places. All individual medalist(15) qualify for the Finals meet. Additionally the top 7 individuals who are not on a qualifying team will qualify.

**Timing:** Each competitor will be issued a numbered shoe timing chip and a matching bib number. The chip must be affixed to the athletes shoe using the laces of the shoe. Each coach will collect their chips and turn in all of them at the conclusion of the meet. All unused chips MUST be returned as well. Any chips that are not returned will be charged to the school at \$30 per chip.

**Packet/Coaches Meeting:** Packets containing final instructions, bibs, pins, chips, zip ties, course maps and box assignments will be available at the Team Entrance gate. A brief coaches meeting will be held at 2:30 PM in the Pole Barn. (See Attached Maps)

**Uniform and Jewelry:** All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

**Awards:** Awards will be presented in the Football Stadium starting around 5:15 PM with Boys awards first.

**Results:** Will be posted shortly after each race, starting a 30 minute clock for any corrections to be requested. Final results will be available at the awards presentation and online at athletic.net and mhsaa.com.

**PROM:** A Post Region Open Meet will be conducted following the awards presentation. More information will be sent out throughout the Fall regarding the Post Region Open Meet. We are charging \$5 per athlete for entry into the PROM with a max of \$30 per school.

**Admission:** Ticket prices for MHSAA Cross Country tournament events not set yet but will be communicated.

**Clothing:** Official souvenir clothing will be available for purchase from the MHSAA's clothing vendor EA Graphics. If items are sold out they can be purchased online at egraphics.com.

**Animals & Pets:** Animals are not allowed at MHSAA events unless for Medical reasons.

**Parking:** Bus & Spectator parking instructions are attached with detailed info and maps.

**Restrooms:** The Football Stadium restrooms will be open and Port-A-Potties will be located closer to the Start of the course. (See Attached Maps)

# MHSAA Regional 2-1,15-2, 25-3 @ Shepherd Schedule

1:00 PM – Course Opens  
2:00 PM – Coaches Meeting (Pole Barn)

2:30 PM – D1 Girls Race

3:00 PM – D2 Girls Race

3:30 PM – D3 Girls Race

4:00 PM – D1 Boys Race

4:30 PM – D2 Boys Race

5:00 PM – D3 Boys Race

5:15 PM – Rolling Awards Schedule starts with D1 Girls

6:00 PM(Or as earlier if possible) – PROM Boys Race (Yes boys first even in 2023)

5 Minutes after PROM Boys Race Start – PROM Girls Race

(Will give a 5 minute time announcement following final awards)

## Region 2-1 Teams

Alpena  
Bay City Western  
East Lansing  
Grand Ledge  
Greenville  
Holt  
Lansing Everett  
Midland  
Midland Dow  
Mt. Pleasant  
Okemos  
Saginaw Arthur Hill  
Saginaw Heritage  
Traverse City Central  
Traverse City West

## Region 15-2 Teams

Alma  
Bay City Central  
Bay City John Glenn  
Birch Run  
Clio  
Essexville Garber  
Flint Kearsley  
Flint Powers Catholic  
Frankenmuth  
Freeland  
Goodrich  
Imlay City  
North Branch  
Ortonville Brandon  
Saginaw Swan Valley  
Shepherd

## Region 25-3 Teams

Bad Axe  
Caro  
Carrollton  
Cass City  
Elkton-Pigeon-Bay Port Laker  
Hemlock  
Ithaca  
Midland Bullock Creek  
Millington  
Otisville Lakeville Memorial  
Reese  
Saginaw Valley Lutheran  
Sandusky  
Sanford Meridian  
St. Louis  
Vassar

**Local Restaurants:** Great dining options are available at the Shepherd Bar & Restaurant, VanEffen's Gourmet Deli and McDonalds.

### Local Hotels:

Comfort Inn  
2424 South Mission Street  
Mount Pleasant, MI 48858

Fairfield Inn  
2525 University Park Drive  
Mount Pleasant, MI 48858

Super 8  
2323 South Mission Street  
Mount Pleasant, MI 48858

Please Contact Garth Carnwell at [gcornwell@shepherdschools.net](mailto:gcornwell@shepherdschools.net) or Carey Hammel at [careyhammel@gmail.com](mailto:careyhammel@gmail.com) if you have any questions.

## **MHSAA Regionals @ Shepherd Parking Instructions**

### **Bus Parking**

Buses will drop teams off in Lot #2 and then park in Lot #3(Dirt Lot just to the North of #2).

### **Spectator Parking**

There are 2 maps attached that will help with Spectator Parking. It is very important that Teams/Coaches share this information with Parents & Spectators.

**CARS ARE NOT TO PARK ON VILLAGE OF SHEPHERD STREETS!** They will be towed! We have plenty of parking onsite but some of it is a small walk to the Track & Field Stadium. We understand that people will be in a hurry to watch their athletes but we **ABSOLUTELY** cannot have them parking illegally or on streets. We will have workers trying to discourage this but please encourage those coming to act appropriately.

For Parents & Spectators arriving before 3:20pm:

Please get to the complex by taking 2<sup>nd</sup> or 3<sup>rd</sup> Streets.

Parking Lots #1 & #3 should be available and are the best places to park.

After 3:20pm:

Can get to the complex by 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, or 4<sup>th</sup> Streets.

Parking Lots #1 & #3 remain the best parking spots and the closest.

As these fill up there should be parking available in Parking Lots #4 & #5.

In the event that the first 5 lots fill up we will begin to park people in Parking Lot #6(our bus loop) and Parking Lot #7.

There is also a parking lot at the St. Vincent DePaul Church at the corner of E Maple Street and S 5<sup>th</sup> Street.

There is a small amount of on street parking:

S 4<sup>th</sup> Street between Wright Avenue and the School,

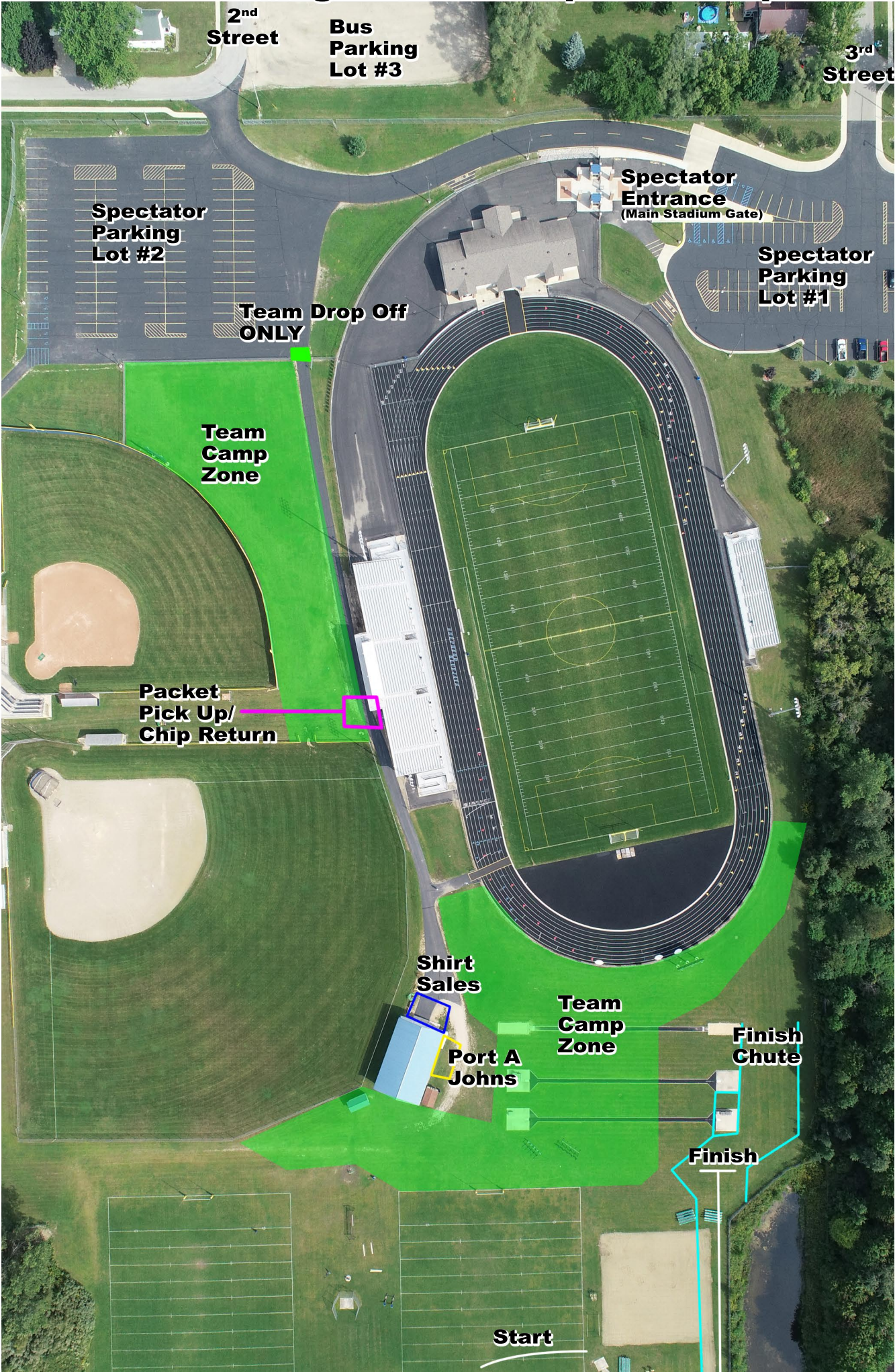
W Hall St between 4<sup>th</sup> and 3<sup>rd</sup> Streets,

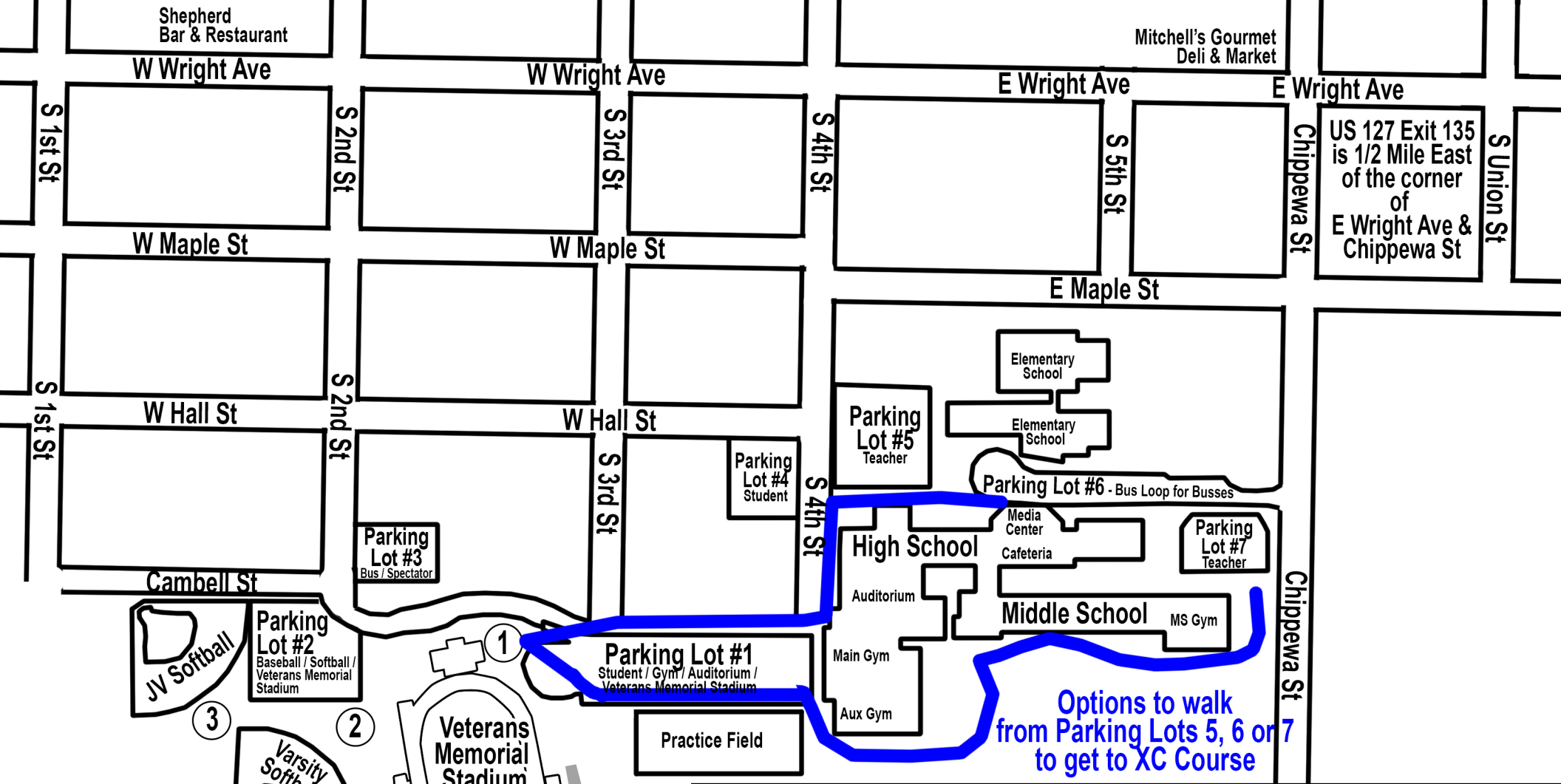
E Maple Street between 4<sup>th</sup> & Chippewa Streets, and

Wright Avenue also has street parking.

These are the only locations where it is acceptable to park on the streets. Anywhere else in the Village of Shepherd and you will be towed.

# MHSAA Regionals @ Shepherd - Map





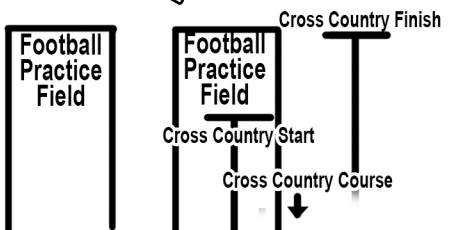
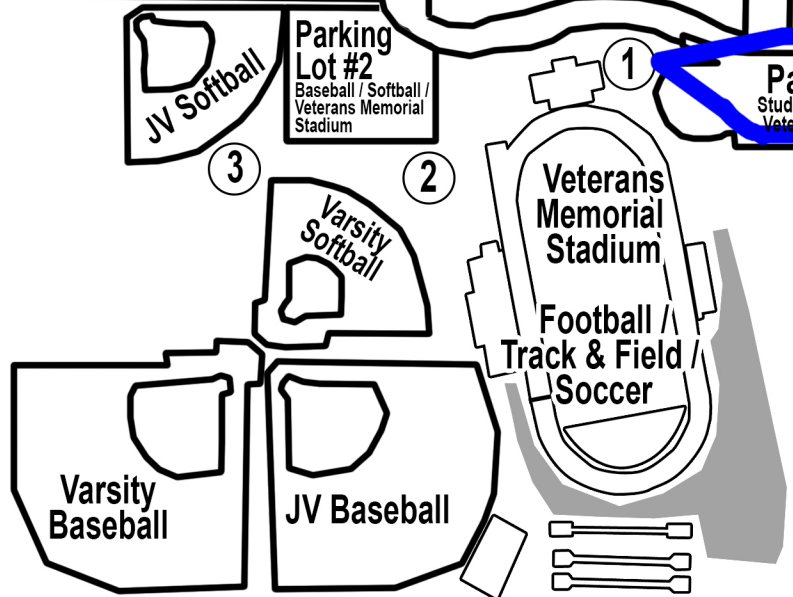
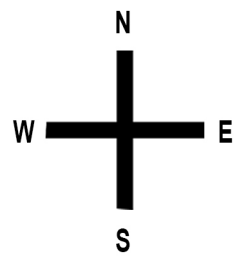
US 127 Exit 135 is 1/2 Mile East of the corner of E Wright Ave & Chippewa St

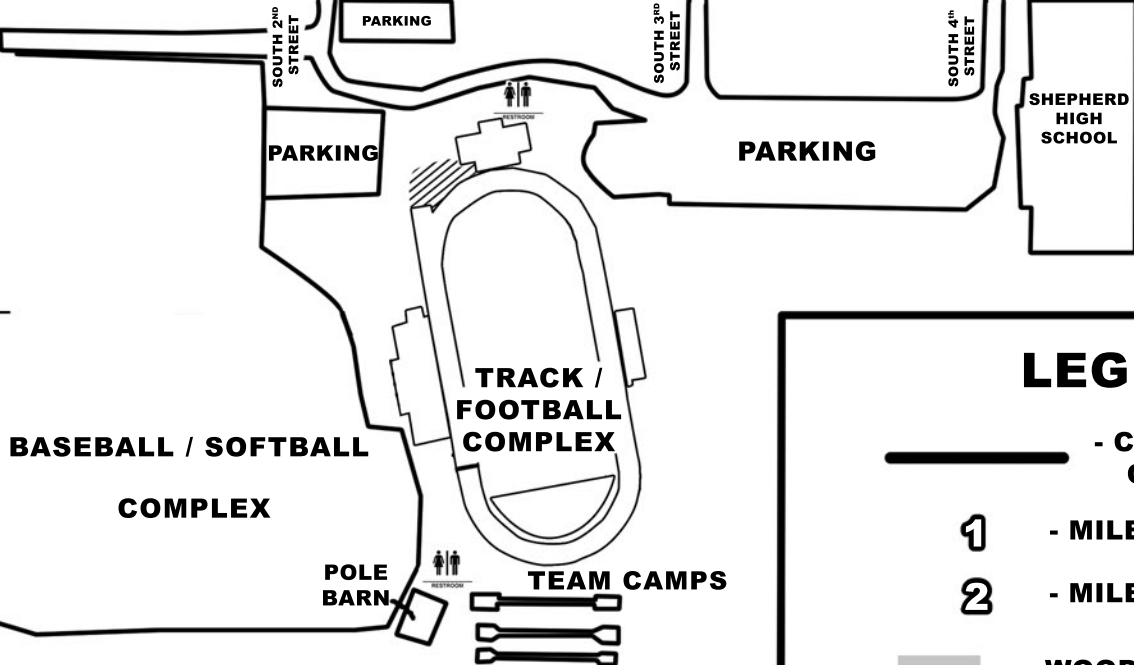
Options to walk from Parking Lots 5, 6 or 7 to get to XC Course

# Shepherd Public Schools Sports Complex Map

○ - Complex Entrances

■ - Team Camp Areas

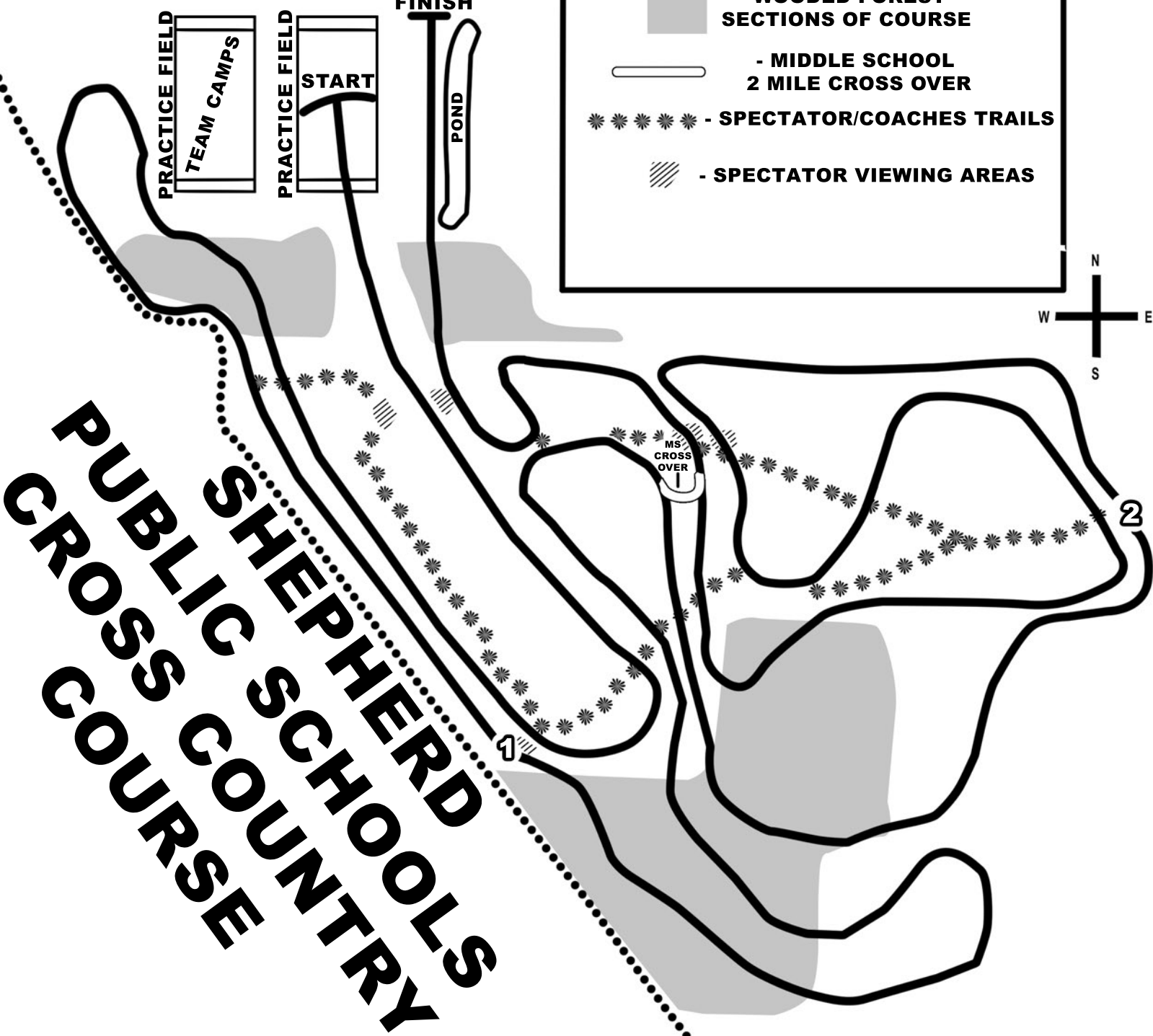




ATHLETES, COACHES & SPECTATORS CAN ENTER THE COMPLEX THROUGH THE GATE TO THE WEST SIDE OF STADIUM OR AT THE MAIN STADIUM GATE ON THE NORTHEAST SIDE OF THE STADIUM. SPECTATORS CAN PAY THEIR \$5 ENTRY AT EITHER LOCATION.

## LEGEND

- CROSS COUNTRY COURSE TRAIL
- 1** - MILE ONE
- 2** - MILE TWO
- WOODED FOREST SECTIONS OF COURSE
- MIDDLE SCHOOL 2 MILE CROSS OVER
- SPECTATOR/COACHES TRAILS
- SPECTATOR VIEWING AREAS



PUBLIC SHEPHERD SCHOOLS CROSS COUNTRY COURSE