

**MHSAA LP Region 04-1**  
**MHSAA LP Region 16-2**  
**Cross Country Championships**  
**Hosted by Holly Area Schools**

Pre-Meet Information  
Meet Manager: Casey Lombard

**Date:** Saturday, October 28, 2023

**Place:** Springfield Oaks County Park  
12451 Andersonville Rd, Davisburg, MI 48350

**Entry Deadline:** Saturday, October 21 at 8:00pm. You need to enter your top 10 runners into A-Net. On meet day, you will only run 7. The CPU program doesn't care which 7 bibs cross the finish line.

**Preview:** The day before the Regional (10/27) after 3:00pm will be your only time slot & day you will have to preview the course.

**Course:** A map of the course will be available on the day of the meet. It will be a measured 5,000m. course and it will be marked every half mile every 1,000m. It will be the same course used at the Holly CC Invite.

**Qualification:** If a school finishes fourth (4th) in the Regional meet with four or more runners in the top 20 places and eight (8) or more complete teams finish the race, that school will also qualify a team for the Final Meet.

Cross Country Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

**Awards:** The 1<sup>st</sup> place team will earn a trophy and 7 team medals. In addition, the top 15 individual finishers will earn a medal.

**Admission:** ADMISSION – Ticket prices for MHSAA Cross Country tournament events are \$7/person or \$10 a carload for Regional meets.

**Time Schedule:** 7:30am – Open Course  
8:30am – Girls Div. 2  
9:00am – Girls Div. 1  
9:30am – Boys Div. 2  
10:00am – Boys Div. 1  
10:30am – PROM Girls race  
11:00am – PROM Boys race  
11:30am – Awards

**MHSAA XC Apparel:** Officially licensed MHSAA apparel from E.A. Graphics will be on sale at the regional meet.

**Questions:** Please feel free to contact Holly Athletics @ (248) 328-3243, during normal school hours. Ask for Casey Lombard, Holly's Athletic Director.

**Other Rules:** DOGS (even on leashes) *unless* they are a leader dog or a therapy dog are STRICTLY prohibited. Meet management reserves the right to ask you for any paperwork that states your dog is indeed one of the above. Otherwise you will be asked to leave or find a way to keep your dog off the course near or in your car. Coaches, please ensure your parents know about this rule.

**Misc:** Be sure to arrive at the course for packet pick up, review of the course, and roster changes in "plenty of time." Any roster changes must be in accordance with all M.H.S.A.A. rules and regulations. **All legal roster changes "must be" completed with our computer operator by 7:30am.**

**Games Committee:** T.B.A.

**Appeals:** Appeals in writing denoting a specific rule as ill must first come to this committee before making the final decision on any appeal. The length of the appeal is up to 15 minutes after the affected race. We will have a video recorder at the finish line; for any finish line dispute, the games committee will review the video and determine if your appeal has validity.