



Coaches:

Welcome to the Cross Country Regional (Div. 9-1, Div. 17-2) at Anchor Bay High School on **Friday, October 27, 2023**. The schedule is as follows:

**INSPECTION OF COURSE:**

The course will be open for review at **2:30 p.m.**.

On meet day, due to school traffic please do not arrive between 2:05-2:20 p.m. Please advise your parents, fans, etc. of the same.

**MEETING FOR COACHES:** 3:15 p.m. in front of the stadium south entrance.

**RACE SCHEDULE:**

3:30 p.m. - Region 17-2 – Girls varsity

4:00 p.m. - Region 9-1 - Girls varsity

4:30 p.m.-Region 17-2 Boys varsity

5:00 p.m. – Region 9-1 Boys Varsity

PROM races to follow (see athletic.net page for information)

6:30 p.m.-Presentation of varsity awards on the track main straightaway. Teams and fans should assemble in bleachers.

**AWARDS/STATE MEET QUALIFICATION:**

1 Trophy to Winning Team

7 Team Medals to Winning Team Members

15 Medals to Top 15 individuals in each race

Awards will be presented on the football field with medalists and team winners on the field and others outside of the inside gate.

Top three teams in each varsity race advance to the state finals along with any individuals that place in the top 15. If a school finishes fourth (4th) in the Regional meet with four or more runners in the top 20 places and eight (8) or more complete teams finish the race, that school will also qualify a team for the Final Meet. For individuals, If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

**PACKETS:**

The coach's packet will include bib numbers that should be affixed to the front of your runner's jersey, chips, safety pins, appeal form, course map, box assignments and program. Box assignments and map will also be posted on athletic.net no later than Monday, Oct. 23. Packets will be available at the registration table outside of the track storage building. Remember after the races to get an **MHSAA state meet packet** for

those teams/runners moving on to state finals at **MIS**. Those will be available at the registration table **after** the awards are presented.

#### **RESULTS:**

Printed results will be posted shortly after races are completed on the track storage building for coaches, spectators and athletes. Results will also be available shortly after the meet's conclusion on *athletic.net* and *mhsaa.com*.

#### **INFIELD:**

Only coaches and timers (one per school) are allowed on the track infield. Spectators and non-competing athletes must remain outside of the track fence inside of the stadium.

#### **UNIFORMS:**

All MHSAA rules will be followed.

#### **PARKING:**

**Buses and team vans** will be allowed to drop off teams at the south end of the stadium complex then will be directed to the north parking lot. All spectators may park in the school lots that surround the high school building.

#### **TEAM CAMPS:**

Teams should set up their camps in the south end discus field and soccer field east of the stadium. If you are bringing a team tent, please set it up in the designated area. Restrooms are available inside the stadium both by the track storage building and adjacent to the soccer field. There will also be some portable facilities.

#### **DIRECTIONS:**

Use the following address to map your directions – 6319 County Line Rd., Fair Haven, MI 48023

<https://www.google.com/maps/place/Anchor+Bay+High+School/@42.7116578,-82.7267289,15z/data=!4m5!3m4!1s0x0:0x1fda41f3a4a9a7aa!8m2!3d42.7116578!4d-82.7267289>)

#### **ADMISSION:**

MHSAA rates are **\$7 per individual** or **\$10 per car**, for entry to the meet. This is an MHSAA requirement from which we cannot deviate.

<p><b>NOTE:</b> To all Spectators, <b>NO PETS ALLOWED</b> outside of cars, per MHSAA rules (with the exception of service animals).</p>
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#### **MHSAA SOUVENIRS:**

Regional apparel will be sold on site by an MHSAA-approved vendor.

#### **CONCESSIONS/RESTROOMS:**

Concessions will be sold inside the stadium by the ABHS Sports Boosters. Restrooms are available inside next to the concession stand and by the soccer field.

#### **MASTER ELIGIBILITY LIST:**

Schools must submit a **Master Eligibility List** by **8 p.m. Oct. 21** for all schools entering a team in this tournament. Send Master Eligibility List to Athletic Director Don Holston.

### **ENTRY REGISTRATION:**

All entries must be submitted electronically no later than **8 p.m on Saturday, Oct. 21**. Entries are submitted online at ***athletic.net***. You may enter up to ten varsity athletes for the varsity race. As directed by the MHSAA, a \$50 late fee will be assessed to schools not registering by the October 21 deadline. The opt-out date is Oct. 15.

### **COMPETING SCHOOLS (9-1):**

Clinton Township Chippewa Valley	Fraser
Grosse Pointe North	Grosse Pointe South
Harrison Twp. L'Anse Creuse	Lakeview
Macomb Dakota	Macomb L'Anse Creuse North
New Baltimore Anchor Bay	Port Huron
Port Huron Northern	Rochester Hills Stoney Creek
Romeo	Roseville
Utica Eisenhower	Warren DeLaSalle
Warren Woods Tower	

### **COMPETING SCHOOLS (17-2):**

Armada	Center Line
Croswell-Lexington	Detroit Denby Tech Prep
Detroit East English	Harper Woods
Harper Woods Chandler Park	Hazel Park
Lake Shore	Macomb Lutheran North
Madison Heights Lamphere	Marine City
Marysville	Richmond
St. Clair	St. Clair Shores South Lake
Warren Fitzgerald	Warren Regina
Yale	

### **OFFICIALS:**

Starter-	John Polanco I.D. #
Referee -	Jim Cleverley I.D. # 313391
Head Finish Judge-	Ron Buchanan I.D. # 425891
Timing/Scoring-	Eastside Racing Company
Clerk -	Myles Cleverley
Meet Manager-	Don Holston
Meet Director-	Jeff Payne
Games Committee –	DeLaSalle, Lakeview, GP North (Div 1); Cros-Lex, Armada,
Warren Regina (Div. 2)	

### **COURSE PREVIEW:**

The course will be lined and ready for preview at any time **after** 2 p.m. on Tuesday, Oct. 24 though flags and other course markers will not be put up before noon Friday, Oct. 27. School grounds are open from dawn to dusk seven days a week. Teams are welcome to preview the course with the course map available on mhsaa.com.

If you have any questions or suggestions, please contact Jeff Payne (586-419-6223) or [jefferydpayne@gmail.com](mailto:jefferydpayne@gmail.com).

Jeff Payne  
Anchor Bay HS boys cross-country head coach  
Meet Director