



## MHSAA Cross Country Regional 30

Saturday, October 28th, 2023

Chippewa Hills High School

3226 Arthur Road

Remus, MI 49340

**Course Location:** The course is located on the East side of M-66, which is the opposite side of the High School.

**Master Eligibility List:** All Master Eligibility Lists need to be sent to the Chippewa Hills Athletic office by 6 PM Friday October 13th. Send them to [jszombati@chsd.us](mailto:jszombati@chsd.us)

**Entries:** All entries for the Regional are to be submitted electronically on athletic.net by 6 PM on Saturday Oct. 21st . Please enter the 9 athletes who will most likely be in the 7 that run at Regionals. Substitutions for any of these athletes may occur on meet day as long as they are listed on the School's Master Eligibility List. Late entries will be charged \$50 payable to Chippewa Hills Athletics before they are allowed to compete.

**Qualification:** The top three teams automatically qualify for the Finals meet with a possible 4th place team qualifying if that team has 4 runners in the top 20 places. All individual medalist(15) qualify for the Finals meet.

Cross Country Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

**Timing:** Each team will be issued a list of bib numbers and bibs that are assigned to their entries. Be sure that each athlete is given the correct matching bib.

**Packet/Coaches Meeting:** Packets containing final instructions, bibs, pins, course maps and box assignments will be available at the Wrestling Barn to the East of the Starting line starting at 8 AM. A brief coaches meeting will be held at 9 AM in the Pole Barn. (See Attached Maps)

**Uniform and Jewelry:** All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

**Awards:** Awards will be presented near the finish line starting around 11:30 AM with Girls awards first.

**Results:** Will be posted shortly after each race, starting a 30 minute clock for any corrections to be requested. Final results will be available at the awards presentation and online at athletic.net and mhcaa.com.

**Admission:** Regional spectator admission is \$7/person or \$10 per car load.

**Clothing:** Official souvenir clothing will be available for purchase from the MHSAA's clothing vendor EA Graphics. If items are sold out they can be purchased online at eagraphics.com.

**Animals & Pets:** Animals are not allowed at MHSAA events or Chippewa Hills school grounds unless for Medical reasons.

**Bus/Team Parking:** Busses will drop off athletes and then park across the street at the High School in the lot identified in the map next to the practice football field.

**Spectator Parking:** Spectator parking will be to the East of the cross country course. (#18 on the map) We will have volunteers directing traffic. Spectators can enter off of Arthur Road and park.

**Restrooms:** Port-A-Potties will be located closer to the Start of the course.

Please Contact Joe Szombati @ [jszombati@chsd.us](mailto:jszombati@chsd.us) or Zach Hatfield @ [zhatfield@chsd.us](mailto:zhatfield@chsd.us) if you have any questions.

#### **MHSAA Regional 30-4 @ Chippewa Hills Schedule**

8:00 AM – Course Opens  
9:00 AM – Coaches Meeting (Wrestling Barn)  
10:00 AM – Division 4 Girls Race  
10:45 AM – Division 4 Boys Race  
11:30 AM – Division 4 Awards  
12 PM –Middle School Regional Begins

[Course Video](#)

[Course Map](#)

## **D4 Regional #30 Teams**

Ashley  
Beal City  
Big Rapids Crossroads Academy  
Blanchard Montabella  
Breckenridge  
Carson City-Crystal  
Coleman  
Fulton  
Merrill  
Mount Pleasant Sacred Heart  
Saginaw Arts & Sciences Academy  
Saginaw Michigan Lutheran Seminary  
Saginaw Nouvel  
St. Charles  
Vestaburg  
White Cloud