

MHSAA Regional 2-1, 15-2, 25-3

Friday October 28th, 2022

Shepherd High School

321 S. Fourth Street

Shepherd, MI 48883

Course Location: The course is located to the south of the Shepherd Veteran's Memorial Field(Football Stadium) and access to the course is available by entering the Stadium and walking to the south. The start is located on the east practice field. (See Attached Maps)

Entries: All entries for the Regional are to be submitted electronically on athletic.net by 8 PM on Saturday Oct. 22nd. Please enter the 9 athletes who will most likely be in the 7 that run at Regionals. Substitutions for any of these athletes may occur on meet day as long as they are listed on the School's Master Eligibility List.

Late entries will be charged \$50 payable to Shepherd Athletics before they are allowed to compete.

Qualification: The top three teams automatically qualify for the Finals meet with a possible 4th place team qualifying if that team has 4 runners in the top 20 places. All individual medalist(15) qualify for the Finals meet. Additionally the top 7 individuals who are not on a qualifying team will qualify.

Timing: Each competitor will be issued a numbered shoe timing chip and a matching bib number. The chip must be affixed to the athletes shoe using the laces of the shoe. Each coach will collect their chips and turn in all of them at the conclusion of the meet. All unused chips MUST be returned as well. Any chips that are not returned will be charged to the school at \$30 per chip.

Packet/Coaches Meeting: Packets containing final instructions, bibs, pins, chips, zip ties, course maps and box assignments will be available at the Team Entrance gate. A brief coaches meeting will be held at 2:30 PM in the Pole Barn. (See Attached Maps)

Uniform and Jewelry: All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

Awards: Awards will be presented in the Football Stadium starting around 6:00 PM with Boys awards first.

Results: Will be posted shortly after each race, starting a 30 minute clock for any corrections to be requested. Final results will be available at the awards presentation and online at athletic.net and mhsaa.com.

PROM: A Post Region Open Meet will be conducted following the awards presentation. More information will be sent out throughout the Fall regarding the Post Region Open Meet. We are charging \$5 per athlete for entry into the PROM with a max of \$30 per school.

Admission: Ticket prices for MHSAA Cross Country tournament events are \$6/person for Regional meets.

Clothing: Official souvenir clothing will be available for purchase from the MHSAA's clothing vendor EA Graphics. If items are sold out they can be purchased online at egraphics.com.

Animals & Pets: Animals are not allowed at MHSAA events unless for Medical reasons.

Parking: Bus & Spectator parking instructions are attached with detailed info and maps.

Restrooms: The Football Stadium restrooms will be open and Port-A-Potties will be located closer to the Start of the course. (See Attached Maps)

MHSAA Regional 15-2 @ Shepherd Schedule

1:30 PM – Course Opens

2:30 PM – Coaches Meeting (Pole Barn)

3:00 PM – D1 Boys Race

3:30 PM – D2 Boys Race

4:00 PM – D3 Boys Race

4:30 PM – D1 Girls Race

5:00 PM – D2 Girls Race

5:30 PM – D3 Girls Race

6:00 PM – Awards

6:25 PM – PROM

Region 2-1 Teams

Alpena
Bay City Central
Bay City Western
East Lansing
Grand Ledge
Holt
Lansing Everett
Midland
Midland Dow
Mt. Pleasant
Okemos
Saginaw Arthur Hill
Saginaw Heritage
Traverse City Central
Traverse City West

Region 15-2 Teams

Alma
Bay City John Glenn
Birch Run
Carrollton
Clio
Essexville Garber
Flint Kearsley
Flint Powers Catholic
Frankenmuth
Freeland
Gladwin
Midland Bullock Creek
Ogemaw Heights
Saginaw Swan Valley
Shepherd

Region 25-3 Teams

Bad Axe
Caro
Cass City
Elkton-Pigeon-Bay Port Laker
Hemlock
Millington
Montrose
Mt. Morris
Otisville Lakeville Memorial
Reese
Saginaw Valley Lutheran
Sandusky
Sanford Meridian
St. Louis
Vassar

Local Restaurants: Great dining options are available at the Shepherd Bar & Restaurant, Mitchell's Gourmet Deli and McDonalds.

Local Hotels:

Comfort Inn
2424 South Mission Street
Mount Pleasant, MI 48858

Fairfield Inn
2525 University Park Drive
Mount Pleasant, MI 48858

Super 8
2323 South Mission Street
Mount Pleasant, MI 48858

Please Contact Garth Carnwell at gcornwell@shepherdschools.net or Carey Hammel at careyhammel@gmail.com if you have any questions.

2022 MHSAA Regionals @ Shepherd Parking Instructions

Bus Parking

Buses will drop teams off and then drive on 2nd Street to the North end of town to park there. Detailed instructions and map included in this document. There will be a Shuttle Driver to bring Bus Drivers to the Stadium.

Spectator Parking

There are 2 maps attached that will help with Spectator Parking. It is very important that Teams/Coaches share this information with Parents & Spectators.

CARS ARE NOT TO PARK ON VILLAGE OF SHEPHERD STREETS! They will be towed! We have plenty of parking onsite but some of it is a small walk to the Track & Field Stadium. We understand that people will be in a hurry to watch their athletes but we ABSOLUTELY cannot have them parking illegally or on streets. We will have workers trying to discourage this but please encourage those coming to act appropriately.

For Parents & Spectators arriving before 3:20pm:

Please get to the complex by taking 2nd or 3rd Streets.

Parking Lots #1, #2 & #3 should be available and are the best places to park.

After 3:20pm:

Can get to the complex by 1st, 2nd, 3rd, or 4th Streets.

Parking Lots #1, #2 & #3 remain the best parking spots and the closest.

As these fill up there should be parking available in Parking Lots #4 & #5.

In the event that the first 5 lots fill up we will begin to park people in Parking Lot #6(our bus loop) and Parking Lot #7.

There is also a parking lot at the St. Vincent DePaul Church at the corner of E Maple Street and S 5th Street.

There is a small amount of on street parking:

S 4th Street between Wright Avenue and the School,

W Hall St between 4th and 3rd Streets,

E Maple Street between 4th & Chippewa Streets, and

Wright Avenue also has street parking.

These are the only locations where it is acceptable to park on the streets. Anywhere else in the Village of Shepherd and you will be towed.

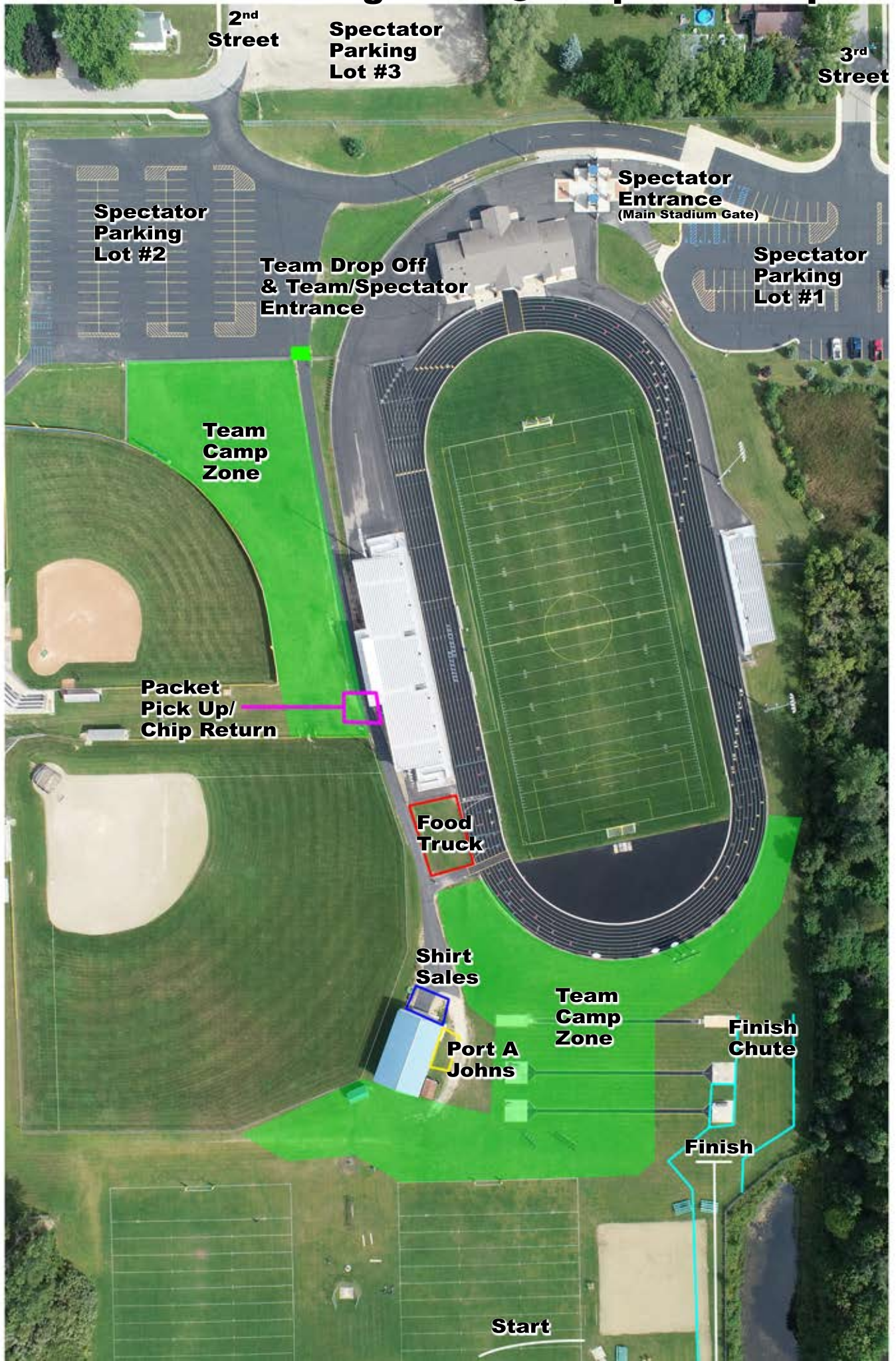
2022 MHSAA REGIONALS @ SHEPHERD DROP OFF & BUS PARKING

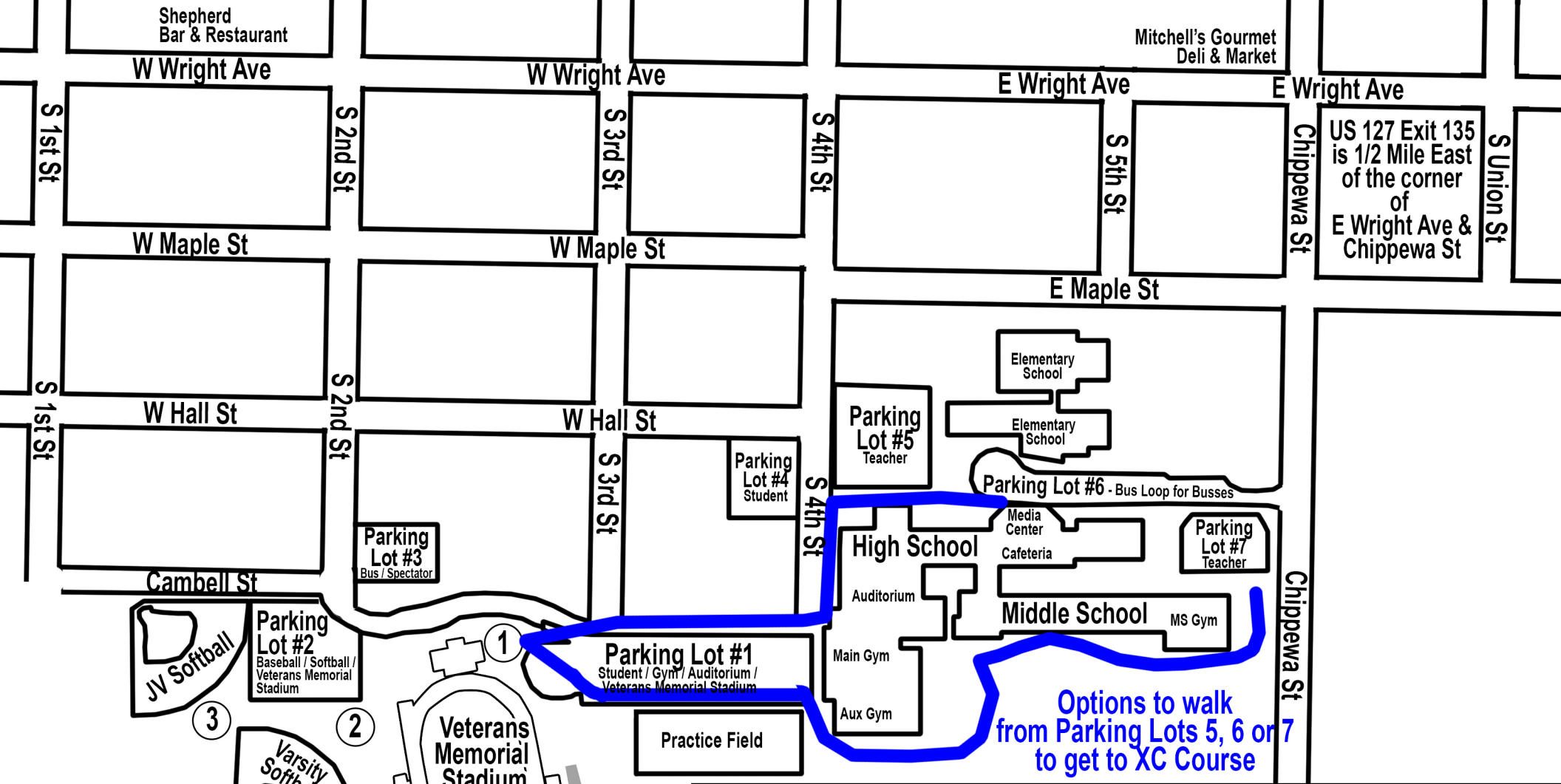


Buses will get to the Drop Off/Pick Up Lot by turning South off of Wright Avenue on 3rd Street. Then turn West and drive on the North side of the Stadium to the Drop Off/Pick Up Lot.

After teams are dropped off exit this parking lot on 2nd Street and travel North on 2nd Street to the North End of town where the road turns to dirt and then curves East. Park along the left side of this road such that other cars and buses can get through. Pull ahead as far to the East as possible. The first buses should be at the corner of this dirt road and Chippewa Street. Only exit this parking by going forward to Chippewa Street and turning South to return to 3rd Street to pick teams back up at the same place they were dropped off. Please make sure teams are ready for pick up before bus comes back to pick up. There will be a shuttle van that will pick up drivers to take to the Course and to take drivers back to parked buses.

2022 MHSAA Regionals @ Shepherd - Map



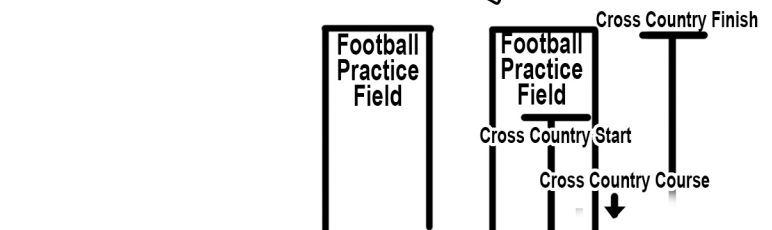
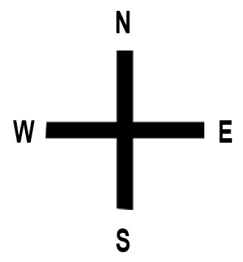


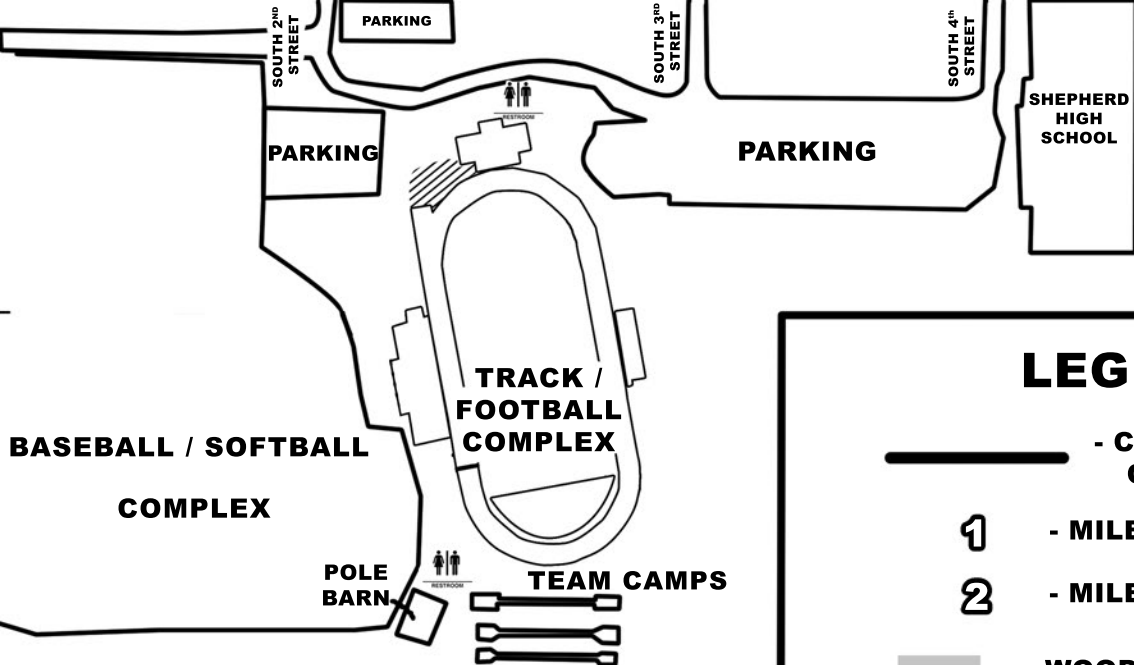
Options to walk from Parking Lots 5, 6 or 7 to get to XC Course

Shepherd Public Schools Sports Complex Map

○ - Complex Entrances

■ - Team Camp Areas

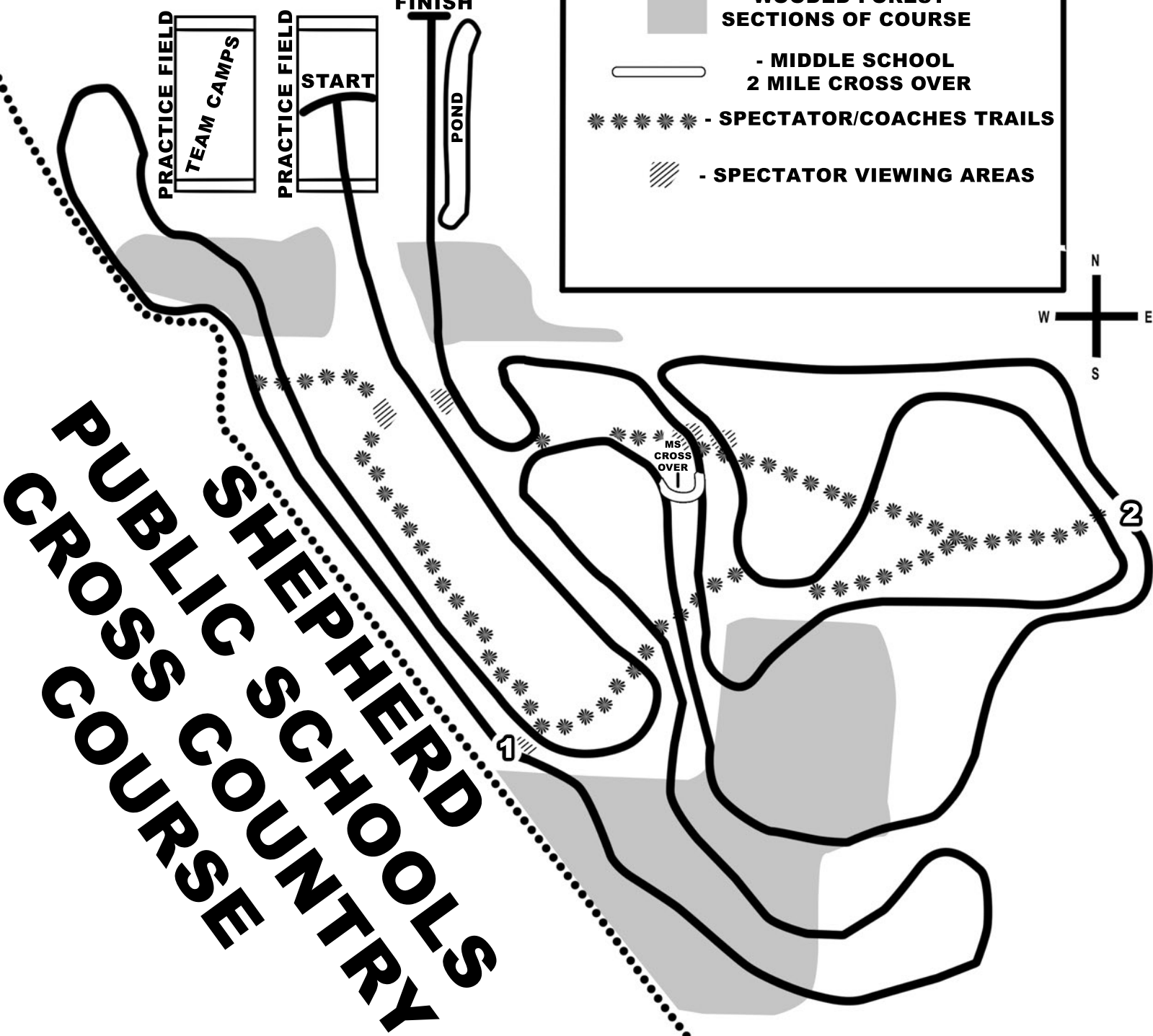




ATHLETES, COACHES & SPECTATORS CAN ENTER THE COMPLEX THROUGH THE GATE TO THE WEST SIDE OF STADIUM OR AT THE MAIN STADIUM GATE ON THE NORTHEAST SIDE OF THE STADIUM. SPECTATORS CAN PAY THEIR \$5 ENTRY AT EITHER LOCATION.

LEGEND

- CROSS COUNTRY COURSE TRAIL
- 1** - MILE ONE
- 2** - MILE TWO
- WOODED FOREST SECTIONS OF COURSE
- MIDDLE SCHOOL 2 MILE CROSS OVER
- SPECTATOR/COACHES TRAILS
- SPECTATOR VIEWING AREAS



CROSS COUNTRY COURSE COUNTRIES
PUBLIC SHERPHERD SCHOOLS