

MHSAA Regional 36-4
Friday October 28th, 2022
Memorial Park
31050 Woodward (corner of 13 Mile and Coolidge)
Royal Oak, MI 48073

Hosted by Shrine Catholic High School

OPT-OUT DATE: Eligibility lists must be submitted by Oct. 14. Schools not intending to participate in the Regional Meet must contact Shrine and the MHSAA by October 14.

RESULTS: Results will be uploaded to athletic.net as soon as possible once they have been inspected by officials. They will be marked unofficial until they are official! Unofficial paper results will be posted by the finish line as soon as possible. If you notice an error then please contact Chuck Block at the finish line and/or the finish line official.

CHECK IN: Meet packets may be obtained at the finish line prior to the races.

AWARDS: Medals awarded to top 15 places in each varsity race; seven medals and a trophy to the top team. If an athlete is not present for the medal ceremony, their coach should pick-up all medals earned before departing.

STATE FINALS: Team Qualifiers to the MHSAA LP Finals- Five runners must finish a Regional run for a school to receive a team score. The top three teams will automatically qualify from the Regional to the LP Finals Meet. If a school finishes fourth (4th) in the Regional meet with four or more runners in the top 20 places AND eight (8) or more complete teams finish the race, that school will also qualify a team to the Final Meet. The maximum number of runners to represent a qualifying team at the Final Meet is seven. The maximum number of teams qualifying from a Regional to the LP Finals cannot exceed four.

Individual Qualifiers to the MHSAA LP Finals- Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

STATE MEET CREDENTIALS: State Meet Credentials (athlete, coach, & vehicle passes) will be passed out along with the medals at the awards ceremony. Coaches please get these packets from your athletes to use at MIS.

UNIFORMS: MHSAA/NFHS rules governing uniforms, jewelry & temporary adornment are in full effect. While the officials will attempt to do preventative clerking upon check-in, it is not their responsibility to ensure your athletes are properly attired, behave appropriately, etc. It is the coaches responsibility to ensure that their athletes are properly attired.

COACH'S AID: Per MHSAA mandate, coaches are not allowed to use any transportation aids such as bikes, scooters, etc. to move around the course.

ADMISSION: There is \$7 per person admission fee. Tickets will be purchased through GoFan. Here is the link: <https://gofan.co/app/events/717085?schoolId=MHSAA> Please make sure all your families are aware of this.

Parking: is across the street at the Royal Oak Golf Center.

DOGS: Animals are not allowed at MHSAA events unless for Medical reasons.

WEATHER: Local district policy will govern the facility in case of severe weather. MHSAA rules governing State Tournaments will be followed. The MHSAA policy states:

(A) Management is encouraged to consider delaying competition for a few hours and/or

playing games/matches in brackets of teams/individuals who are present and prepared to participate.

(B) If, after a reasonable delay, fewer than 60% of the scheduled teams have not arrived, the tournament must be rescheduled.

(C) If 60% or more of the scheduled teams/individuals are present, the tournament is to be conducted on the day scheduled.

WARM-UPS: The course is available for preview prior to the running of the first race for all.

Those warming up during races need to give preference to competing athletes.

APPEALS: The head referee will be the final authority on judgments and interpretation of rules.

A board of appeals may be called if it is deemed necessary by the head referee. If called, please respond immediately. All decisions by the Appeals Board shall be final. JUDGMENT CALLS MADE BY OFFICIALS MAY NOT BE APPEALED.

T-SHIRT SALES: Please inform your team that souvenir clothing will be available for purchase from the MHSAA vendor, EA Graphics. If items are sold out, they can also be purchased online or possibly at the State Finals the following week.

TEAM CAMPS: There is plenty of room for team tents. Please remind your athletes that they are guests in the park and therefore should remove all trash from their area at the end of the meet! Camps will be set up on the softball field.

RESTROOMS: The restrooms will be open.

TRAINERS: There will be an Athletic Trainer on site.

CONTACT: Please contact Faith Luddy (248)549-2925 ext. 2509 or Ben Kerfoot (248)549-2925 ext. 2510 with any questions. You can also email Faith Luddy luddy@shrineschools.com or Ben Kerfoot kerfoot@shrineschools.com

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2:30 PM – Course Opens

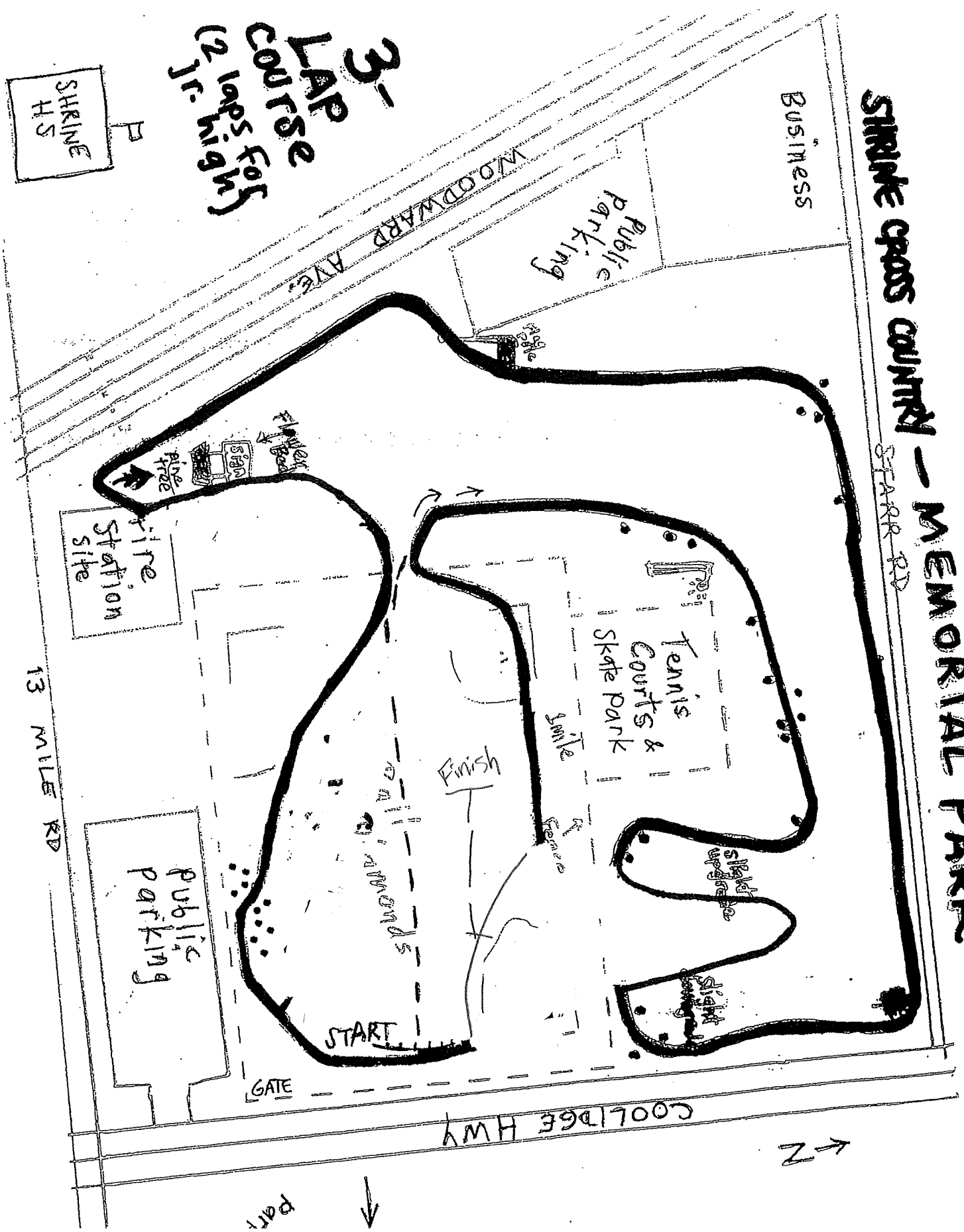
3:30 PM – Coaches Meeting (Finish Line)

4:30 PM – D4 Boys Race

5:15 PM – D4 Girls Race

6:00 PM – Awards (Tentative Time)

SHRINE CROSS COUNTRY - MEMORIAL PARK



3-LAP COURSE FOR (2 laps for jr. high)

SHRINE HS

2

part