



MHSAA Cross Country Regional 10,20, & 30

Friday, October 28th, 2022
Chippewa Hills High School
3226 Arthur Road
Remus, MI 49340

Course Location: The course is located on the East side of M-66, which is the opposite side of the High School.

Master Eligibility List: All Master Eligibility Lists need to be sent to the Chippewa Hills Athletic office by 6 PM Friday October 14th. Send them to jszombati@chsd.us

Entries: All entries for the Regional are to be submitted electronically on athletic.net by 6 PM on Saturday Oct. 23rd . Please enter the 9 athletes who will most likely be in the 7 that run at Regionals. Substitutions for any of these athletes may occur on meet day as long as they are listed on the School's Master Eligibility List. Late entries will be charged \$50 payable to Chippewa Hills Athletics before they are allowed to compete.

Qualification: The top three teams automatically qualify for the Finals meet with a possible 4th place team qualifying if that team has 4 runners in the top 20 places. All individual medalist(15) qualify for the Finals meet.

Cross Country Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place.

Timing: Each team will be issued a list of bib numbers and bibs that are assigned to their entries. Be sure that each athlete is given the correct matching bib.

Packet/Coaches Meeting: Packets containing final instructions, bibs, pins, course maps and box assignments will be available at the Wrestling Barn to the East of the Starting line starting at 1:00 PM. A brief coaches meeting will be held at 2:00 PM in the Pole Barn. (See Attached Maps)

Uniform and Jewelry: All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

Awards: Awards will be presented near the finish line starting around 5:45 PM with boys awards first.

Results: Will be posted shortly after each race, starting a 30 minute clock for any corrections to be requested. Final results will be available at the awards presentation and online at athletic.net and mhcaa.com.

Admission: Regional spectator admission is \$6/person or \$10 per car load.

Clothing: Official souvenir clothing will be available for purchase from the MHSAA's clothing vendor EA Graphics. If items are sold out they can be purchased online at eagraphics.com.

Animals & Pets: Animals are not allowed at MHSAA events or Chippewa Hills school grounds unless for Medical reasons.

Bus/Team Parking: Busses will drop off athletes and then park across the street at the High School in the lot identified in the map next to the practice football field.

Spectator Parking: Spectator parking will be to the East of the cross country course. (#18 on the map) We will have volunteers directing traffic. Spectators can enter off of Arthur Road and park.

Restrooms: Port-A-Potties will be located closer to the Start of the course.

Please Contact Joe Szombati @ jszombati@chsd.us or Zach Hatfield @ zhatfield@chsd.us if you have any questions.

MHSAA Regional 10-2 20-3, & 30-4 @ Chippewa Hills Schedule

- 1:00 PM – Course Opens
- 2:00 PM – Coaches Meeting (Wrestling Barn)
- 3:00 PM – Division 4 Boys Race
- 3:35 PM – Division 3 Boys Race
- 4:10 PM – Division 2 Boys Race
- 4:45 PM – Division 4 Girls Race
- 5:20 PM – Division 3 Girls Race
- 5:55 PM – Division 2 Girls Race
- 6:30 PM – Division 2 3,& 4 Awards *Estimated Time

D2 Regional #10 Teams

Big Rapids
Cadillac
Cheboygan
Fremont
Gaylord
Grant
Howard City Tri County
Kingsley
Ludington
Muskegon Oakridge
Muskegon Orchard View
Newaygo
Petoskey
Sparta
Whitehall

D3 Regional #20 Teams

Benzie Central
Chippewa Hills
Ewart
Hart
Hesperia
Lake City
Lakeview
Leroy Pine River
Manistee
Manton
Mason County Central
McBain
Morley Stanwood
Reed City
Shelby
White Cloud

D4 Regional #30 Teams

Beal City
Big Rapids Crossroads Academy
Blanchard Montabella
Breckenridge
Coleman
Farwell
Hale
Marion
McBain Northern Michigan Christian
Merrill
Mount Pleasant Sacred Heart
Saginaw Michigan Lutheran Seminary
Saginaw Nouvel
St Helen Charlton Heston Academy
Vestaburg