

MHSAA Cross Country Regional 4-1 & 26-3
Hosted By Brighton Athletics

Date: Friday - 10/28/2022

Site: Sunset Ridge Picnic Area, Huron Meadows Metropark – 8765 Hammel Rd, Brighton, MI 48116

Time Schedule:

1:30 - 3:30	Check In & Packet Pickup at Sunset Ridge Shelter to make changes
1:30 - 4:00	Course open for inspection (<i>Take care of races in session</i>)
3:00	Div3 Boys Race (Runners will be called to the line 15 minutes prior to race time)
3:40	Div3 Girls Race (Runners will be called to the line 15 minutes prior to race time)
4:45	D3 Awards
4:20	Div1 Boys Race (Runners will be called to the line 15 minutes prior to race time)
4:50	Div1 Girls Race (Runners will be called to the line 15 minutes prior to race time)
5:40	D1 Awards

Governing Document: The MHSAA Participating School Tournament Info doc will serve as the guide for this season. <https://www.mhsaa.com/sites/default/files/Cross%20Country-Boys/psti.pdf>

MHSAA Master Eligibilities: Mailed to Brighton Athletics PRIOR to 4:00pm Friday, October 14th.

Late Entry: Late entries are to comply with the following requirements:

- 1.) **\$50.00 must be paid to Brighton Athletics** before the contestant and or team(s) will be allowed to compete.
- 2.) There can be no late entries after the team starting line positions have been determined.

Final Instructions: School packets containing final instructions, bibs & pins, course map, & box assignments will be distributed at check-in.

Uniforms and Jewelry: All runners must compete in a legal uniform. It is the coach's responsibility to ensure that runners conform to the MHSAA and National Federation rules for uniforms and jewelry.

Course: The course is a two-loop, 5,000-meter course through fields and woods, basically flat and fast.

Numbers: Meet management will provide numbers for each entered runner. These numbers must be worn on the front of the singlet. Every runner must have a number that is issued directly to them regardless of the race they are in!

Scoring: Runners will be tracked according to bib numbers *at the end of the chute*. Runners **MUST** stay in the chute until they are recorded with an actual place; neither passing or being passed in the chute.

Trainer: There will be a certified athletic trainer on site as a first responder. Athletes that need to be taped need to bring their own materials.

Awards: The first place team will receive a championship trophy and seven team medals. The first 15 individuals will also receive medals.

Advancing Qualifiers:

Team Qualifiers, Regional to Finals

Five runners must finish a Regional run for a school to receive a team score. The maximum number of runners to represent a qualifying team at the Final Meet is seven.

The top three teams (1st, 2nd, and 3rd) will automatically qualify from the Regional to the Final Run. THE MAXIMUM NUMBER OF TEAMS QUALIFYING FROM A REGIONAL CANNOT EXCEED FOUR.

If a team finishes fourth (4th) in the Regional meet with four or more runners in the top 20 places **and** eight (8) or more complete teams finish the race, *that school will also qualify a team for the Final Meet.*

Individual Qualifiers, Regional to Final Meet

Cross Country Finals qualification will include a minimum of seven individual qualifiers from each Regional race. All individuals receiving a medal (top 15) will automatically advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) will be taken from the individual runners following 15th place. 2

State Finals: All schools with teams/individuals advancing to the Finals must pick up a Finals packet prior to leaving the venue.

Appeals: An appeal form will be enclosed in your meet day packet. All appeals will be reviewed by the games committee. Remember, judgment calls may not be appealed!

Games Committee: Mr. John Thompson, (CMAA-Brighton), Meet Manager & Boys - C.S.A., Dansville, Davison, & Flushing - Girls - Clawson, Stockbridge, Dexter, & Grand Blanc

Results: Final results will be available after the awards ceremony and/or on line at: <http://live.dlprotiming.org>, athletic.net, MHSAA.com & michigancrosscountry.com.

T-Shirts & Hoodies: Official souvenir clothing will be available for purchase from the MHSAA's cloth vendor EA Graphics. If items are sold out, they can also be purchased online at eagraphics.com.

Admission: Huron/Clinton Metro-Park policy dictates a \$10.00 per car admission fee. Your Metropark annual/seasonal sticker will be honored for admission. State of Michigan State Parks permits are not accepted for admission to the park as this park is governed by the Huron-Clinton Metropark system.

Animals: Advise your parents & spectators that animals are not allowed, unless for medical reasons, at MHSAA events.

Questions: Please direct any questions to the following people:

- Course inquiries: Chris Elsey <elseyc@brightonk12.com>, Kristi Matuszewski <runkristi@comcast.net>
- Race-related inquiries: Dave Lustig <dlprotiming@gmail.com>
- School/MHSAA inquiries: John Thompson, CMAA, 810-299-4186, Thompsj@brightonk12.com

