









Rebooting Our System

Fresh Look for MHSAA.com Shifts Focus









Fall 2022 Vol. 13 No. 1

Marks

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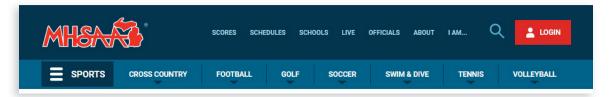
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Cover Story: Rebooting Our System





After so many administrative challenges of recent years, it's time to reboot our systems and focus on the most valuable resources that we serve: our student-athletes and coaches. To that extent, there's a renewed effort to put them center-stage via today's many mediums.

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benchmarks is published three times per year by the Michigan High School Athletic Association, Inc., 1661 Ramblewood Drive, East Lansing, MI 48823 (Phone 517-332-5046). Edited by Rob Kaminski. benchmarks welcomes contributions of articles, information or photos which focus on coaching and officiating in Michigan. Send them to benchmarks@mhsaa.com.

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Spinning a Web

In the nearly 25 years of MHSAA.com, the site has seen plenty of revisions as it attempts to keep pace with ever-changing technology and user habits.



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Indelible Imprint

Karen Jackson's imprint on the MHSAA stretched 45 years, through four of the Association's five executive directors.



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More is Better

Multi-Sport Participation reached 44 percent for last school year according to the most recent MHSAA survey.



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wide angle: from the publisher

Shining the Light on Our Stars

he past 31 months have necessitated what seemed like a neverending administrative juggling act to keep our games afloat. As this school year begins, we all hope for smoother seas as we get back to celebrating those most important to our mission: our student-athletes and coaches.

To that end, our constituents have seen wholesale changes to the impressive new version of MHSAA.com, which shifts the focus and spotlight to those we serve on a daily, weekly and annual basis.

We came to believe that the previous combination of our two sites – MHSAA.com and SecondHalf.com – had become somewhat backward in an

electronic world where news feeds and social media apps connect enthusiasts on any subject with fresh content by the minute. That was one of the primary goals in the relaunch of MHSAA.com.

We have taken the incredible work that staff member Geoff Kimmerly has created and cultivated during the last decade-plus, and moved it front-and-center on the site. The statewide stories about talented students and coaches in all of our tournament sports now serve as the welcome and first-impression for visitors to MHSAA.com.

It was our intent to become more fan-centric, allowing for easier access to scores, schedules and tournament results through a revamped navigation and layout.

Another targeted area for improvement was the MHSAA mobile site, which is now more robust and responsive to better meet user needs in our increasingly handheld society.

Overall, you see a fresh site with more photos, features and highlight videos than ever before with greater ease of access. Our broadcast guru Jon Ross heads up the comprehensive School Broadcast Program and the MHSAA's slice of the NFHS Network to provide more live streaming of contests than ever before.

And, those who follow us on Facebook, Twitter, Instagram and TikTok can see that our social media expert Paige Winne is the busiest person in the building or at one of the many Finals venues during tournament time.

It's important to recognize and promote those who make the MHSAA what it is, and those who motivate us to do our work each day on their behalf.

Equally as important is providing our backbone – administrators, officials, coaches and parents – with the tools needed to help make sure that happens. That tremendous supporting cast can still quickly find their respective resources in the "I Am" section of the website, leading to specific portals relative to their roles in school sports.

Less than a few months old at this time, we hope the initial reaction is positive, and we encourage feedback. Like any project that attempts to be all things for all audiences, it will be a work in progress as it continues to meet the demands of so many.

We hope it's off to a good start, and we're glad to have you on board with us again this fall.

Mark Uyl MHSAA Executive Director

Mark Clyl



Welcome Back! Here's What's Happening

Following are important deadlines to put on your calendars for 2022-23.

OFFICIALS RATINGS:

• Fall — Dec. 1 • Winter — April 1 • Spring — June 20

SCHOLAR-ATHLETE AWARD APPLICATIONS

Now in its 34th year, Farm Bureau Insurance continues to sponsor the MHSAA's Scholar-Athlete Award. In 2022-23, 32 \$2,000 scholarships will be available to high school seniors who meet the eligibility requirements listed at MHSAA.com on the "Students" page.

- Applications Available Online NOW
- Applications Due to MHSAA Dec. 2

SPORTSMANSHIP SUMMITS

The Michigan High School Athletic Association's annual Sportsmanship Summit series will return this fall to be conducted for the first time since 2019, again focusing on sportsmanship both on and off the field of play. The MHSAA has conducted Sportsmanship Summits across Michigan for more than 20 years, and this year's series kicks off Nov. 7 in Marquette and finishes Nov. 16 in Ypsilanti.

Sessions will take place as follows:

- Marquette Nov. 7 NMU Northern Center 9 a.m. 1:30 p.m.
- Saginaw Nov. 9 SVSU Conference Center 9 a.m. 1:30 p.m.
- Grand Rapids Nov. 14 Sheraton Grand Rapids Airport Hotel 9 a.m. 1:30 p.m.
- Ypsilanti Nov. 16 Ann Arbor Marriott Ypsilanti at Eagle Crest 9 a.m. 1:30 p.m.

More Information is available at MHSAA.com on the "Students" page.

CAP / CPR Requirements for Coaches

High schools must attest by each season's established deadline that all varsity, junior varsity and 9th-grade head coaches of each high school team have a valid current Cardiopulmonary Resuscitation (CPR) certifi-



cation. This will ensure that each team generally has one coach present who is CPR certified. A person who is head coach for more than one sport during the school year must meet the deadline for the first of those sports.

Each head coach of a varsity team in an MHSAA tournament sport hired for the first time as a high school varsity head coach at any MHSAA member high school after July 31, 2016 shall have completed either Level 1 or Level 2 of the MHSAA Coaches Advancement Program (CAP). If the head coach does not complete CAP Level 1 or 2 prior to the established deadline, that coach shall be prohibited from coaching in that season's MHSAA tournament for the sport involved and shall not be present at the facility where the MHSAA tournament involving that coach's team is being held.

Each head coach of a varsity team in a sport under MHSAA jurisdiction shall complete (in person or online) the MHSAA rules meetings for that sport for the current school year prior to the deadline if meetings are provided and attendance is required. If the head coach does not complete a rules meeting prior to the deadline, that coach shall be prohibited from coaching in that season's MHSAA tournament for the sport involved and shall not be present at the facility where the MHSAA tournament involving that coach's team is being held. See Regulation II, Section 15(H)4.

Schools shall attest that all assistant and sub-varsity coaches have completed an MHSAA rules meeting (online or in person) for that sport for the current school year prior to the deadline.

MHSAA Handbook Coaching Requirements Regulations (Reg. II, Section 3 (B & C) and Section 8 (B & C).

The deadlines are:

Fall: September 15, 2022 | Winter: December 15, 2022 | Spring: April 20, 2023







A fresh start to the school year brought with it a fresh look to MHSAA.com, spotlighting those who make our games possible

s part of the kickoff to the 2022-23 school year, the Michigan High School Athletic Association introduced its redesigned website filled with enhancements focusing on the ever-inspiring story of school sports – while making it easier for visitors to learn how they can be part of these stories as they unfold.

Driving this new fan-focused MHSAA.com was the desire to put our student-athletes and the games they play at the forefront. In doing so, improvements have also been made to the mobile experience while shoring up the interface for scores and schedules.

Constructing the vehicle was a collaborative team of seven MHSAA staff members and the staff of Gravity Works, a Lansing-based web design and development company. The process encompassed two-plus years of planning, development, feedback, testing and implementation.











The redesign of a site that had most recently reached 34 million visitors per year is an undertaking that speaks for itself. In just a few months, that number is up 16 percent from the same time a year ago.

"A successful website has to attract its target audience – in this case a wide range of interests and demographics – and guide them to the main services we provide. I think our redesign has done that quite well," said MHSAA Director of Information Systems Tony Bihn, who spearheaded the initiative and oversaw scheduling and contracting with Gravity Works.

"A successful website has to attract its target audience – in this case a wide range of interests and demographics – and guide them to the main services we provide. I think our redesign has done that quite well." — MHSAA Director of Information Systems Tony Bihn

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Unveiled Aug. 1 in time for the 2022-23 school year, the design was met with enthusiasm for its feature-story focus, fresh photos and videos, and navigation.

Some of the functionality for administrative tasks continue to be updated, addressed and refined as brought to the web team's attention, with every intention to eliminate all bumps in the road as the school year rolls along.

"Are we missing anything? Yes. We will be working throughout the coming months to backfill much of the historical data that has made MHSAA.com a home for high school sports, while also positioning that data in a way our millions of visitors will be able to better enjoy them," MHSAA Director of Communications Geoff Kimmerly said.

In the meantime, much of the historical lists and administrative content – "MyMHSAA" materials which administrators, coaches and officials are familiar with – remain accessible, and a complete migration is expected in the months to come. Additionally, the MyMHSAA tools are being redesigned throughout this school year for greater ease of use.

Kimmerly was the guiding force behind the MHSAA's SecondHalf website, which in essence served as the impetus and inspiration for the new site's home page design. With an experienced stable of writers and photographers from around the state, SecondHalf readership escalated since its inception in 2012. Nearly 1 million sets of eyes visited the 2H site during last school year.

"We learned then that people would come to our website for news – especially every time we made an announcement concerning COVID-driven plans for returning to play, tournament schedules, and more." — MHSAA Director of Communications Geoff Kimmerly

"Coming from the newspaper business, I long ago learned that data – schedules, scores, standings – drove readership, with editorial and feature content then complementing that information. That's what made our SecondHalf readership numbers so exciting. Prior to COVID, they were growing every year since we started the site, and we were approaching our goal of 1 million page views strictly of that kind of editorial and feature content," Kimmerly said.

While the pandemic affected all facets of daily life, it also punctuated the importance of e-news. People needed to stay connected on so many fluid situations, one of which was school sports.

"We learned then that people would come to our website for news – especially every time



Along with live game action via MHSAA.tv on the NFHS Network, the MHSAA's YouTube presence has expanded, providing highlights, educational materials and interviews on a regular basis.



The MHSAA's robust suite of social media tools includes quick-hitting TikTok interviews from around the state, providing insight to the performances and personalities making headlines.

we made an announcement concerning COVID-driven plans for returning to play, tournament schedules, and more," Kimmerly said. "We rebounded significantly during the 2021-22 school year with 956,946 page views on Second Half – and now with the sites combined we'll surely have many more than a million views of those stories behind the scores. Second Half is no longer a second MHSAA site. It's now the face of our website."

With far less print media coverage than even a decade ago, the MHSAA now is leading the storytelling of school sports, and continues to seek story ideas from schools and fans.

As any fan will attest, there is still great clamoring for numbers: scores, stats and results. They will not be disappointed, as each sport's home page is now dedicated to tracking tournaments, and offers a scrolling ticker of regular-season scores.

"Most important pages and information are now only one click away from the front page. Maybe the biggest change to the site was the manner in which we treat each sport's home page," said MHSAA Senior Assistant Director Andy Frushour. "They are geared toward news, schedules, tickets and results for that sport, with tabs for ADs and coaches so they can access sport-specific administrative materials."

The overall Score Center component also received a facelift.

"With this latest version of MHSAA.com, a renewed emphasis has been to make the interface much more user-friendly, particularly "With this site spotlighting our student-athletes, it only makes sense to increase our efforts to connect with them using the tools that they use on a daily basis." — MHSAA Coordinator of Marketing & Social Media Paige Winne

on the mobile platform," Frushour said. "We want to make it as convenient as possible for followers not only to access scores and schedules, but allow them to assist our efforts in posting contest results."

The site also improved navigation to the many resources utilized by membership. The project concurrently focused on desktop and mobile functionality and design. The probability of users connecting with the MHSAA on their phones is highly likely. The majority of the MHSAA's web traffic – 70 percent, in fact – comes via a mobile device.

"I am excited our users will have a much better mobile experience going forward. Additionally, we will continue to improve all sections of the website to make it fast and easy for our community to get the information they need," Bihn said.

Such a propensity for mobile use also indicates that audiences, particularly students, prefer to interact through social media.

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While Twitter and Facebook almost seem "old-school" now, the MHSAA has plunged head-first into Instagram and most recently TikTok, while still maintaining its presence on all platforms.

"With this site spotlighting our student-athletes, it only makes sense to increase our efforts to connect with them using the same tools they use on a daily basis," said Paige Winne, MHSAA Coordinator of Marketing & Social Media. "We have, of course, had Facebook and Twitter accounts for years, but Instagram and TikTok have really moved to the forefront for the school-aged audience, so we have to adjust our efforts accordingly."

Currently, the MHSAA boasts more than 50,000 Facebook followers (and an additional 2,000 on the Officials Facebook page), 69,000 Twitter enthusiasts, and has attracted over 21,000 to its Instagram account and 3,400 to TikTok.

It's the latter two that are growing as Winne continues to push and post achievements, interviews and updates from around Michigan.

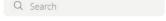
"During the season we have our regular features such as Performance of the Week on TikTok. We found that through TikTok and Instagram reels we are able to highlight and

"Michigan continues to be a leader in not only live video streaming through the NFHS Network and our media partners but with our MHSAA Championship Radio Network. These provide great opportunities for students to get involved in sports broadcasting and for fans to follow along at home when they can't be at a game in person. " — MHSAA Director of Broadcast Properties Jon Ross

connect with student-athletes throughout the year on the platforms they most widely use. I like to think we're only in the beginning stages of using this video content," Winne said.

Video also attracts hits, and the redesign has helped showcase the MHSAA's already impressive schedule of live video and audio streams from a record number of outlets.





Log In

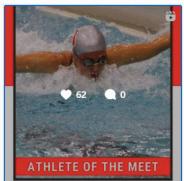
Sign Up





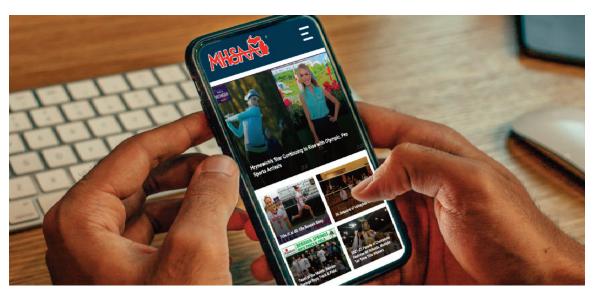








As the MHSAA attempts to bolster its connection with students, Instagram offers regular features highlighting achievements.



As more school leaders leave their desks while still needing to stay connected during those nights and weekends when multiple events are taking place, the revamped MHSAA mobile site aims to make the task easier.

MHSAA.tv streams video from 567 NFHS Network partner schools, or 76 percent of MHSAA member schools under the guidance of MHSAA Director of Broadcast Properties Jon Ross.

For 2021-22 school year, Michigan was in the top three in the country for number of partner schools making up the School Broadcast Program, number of Pixellot units installed, and total number of events streamed.

A year ago, 33,056 events were streamed. That number will be eclipsed this school year.

"Michigan continues to be a leader in not only live video streaming through the NFHS Network and our media partners but with our MHSAA Championship Radio Network," Ross said. "These provide great opportunities for students to get involved in sports broadcasting and for fans to follow along at home when they can't be at a game in person. Our goal is to get every school on the NFHS Network and continue to livestream hundreds of MHSAA tournament games and events."

The video isn't done rolling when the games are done. With a heightened presence on its own YouTube Channel, the MHSAA offers a greater number of highlight videos than ever before, in addition to interviews, officials education, public service announcements and press conferences.

"Our live broadcasts are the prime attraction for the network, but our YouTube efforts provide valuable exposure before and after the events," Ross said. "It's a complementary tool to our live events."

"With this latest version of MHSAA.com, a renewed emphasis has been to make the interface much more userfriendly, particularly on the mobile platform." — MHSAA Senior Assistant Director Andy Frushour

For all the bells and whistles included with the August rollout, it was also important to focus on the engine that powers the product.

The site still needs to provide administrators, coaches and officials with tools and resources necessary to assist in their daily routines.

It is the hope of the MHSAA web team that school personnel can find their niche through the sections labeled "I AM . . ." in the top navigation bar on the MHSAA.com home page.

"This is really the best place to start for visitors who have a role in the MHSAA," said Kimmerly. "Hopefully, once on the 'I Am . . . ' page, it is fairly intuitive for people to find their pages. From there, the list and links to resources is quite comprehensive."

So please, stop by frequently and stay a while. And, by all means, continue to contact the office for assistance or to let use know where possible improvements can be made as we usher in a new era.



Spinning the Web

The "MHSAA Vault" features stories from past publications in the MHSAA Library. This issue takes a look at the many iterations of MHSAA.com since its inception in the late 1990s. Following is a story from a 2010 issue of benchmarks when the MHSAA launched the most recent version of MHSAA.com before the one introduced this August. It's fun to see how much things already changed in the last dozen years.

years is not a long time in historical context. In technological perspective, it's like dog years; it's a lifetime. That much is apparent tracing the lifespan of MHSAA.com, launched in 1998 with specific missives which were quickly rendered myopic with the help of 20/20 hindsight.

But, that's the thing with technology. It's as much reactive as proactive. It's not totally a guessing game but, to a degree, the expectations are to

stay one step ahead of the crowd before fully understanding what it wants.

As such, electronic media are fluid endeavors, forever changing with the ebb and flow of societal demands. Bell bottoms and long hair were in, then out, and then back in again.

Style and appearance are as important to web design as well. Although

the change is more rapid and more constant, the consequences for being out of style are just as dire: you simply

won't be in with the cool crowd.

As the iterations of MHSAA.com which "grace" these pages suggest, 1998's "attire" would look woefully unfashionable on today's monitors. So would its content, which brings us to the theme of this edi-

tion of benchmarks.

Web content is driven by what the users want, not what the provider wishes to present.

The social media explosion has made it easier to determine the demands of the audience, but can pose new problems in delivering that information.

In 1998, the MHSAA simply strived to do two things: serve the membership and serve the media.

There was no desire to be "sports ticker," the main hub for score reporting in the state. That was best left to the newspapers (remember those?) and television/radio stations.

The MHSAA's target audience was captive and fenced in. Member schools and athletic directors could acquire forms and tournament information online, and media members could access the latest press releases.

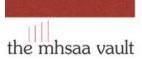
Compare that to the missions facing the staff in 2008, when construction began on a most demanding and comprehensive renovation that sought to:

- Maintain Effective, Efficient Communication with Schools
- Enhance Member Services
- Increase Event Coverage: Streaming, Webcasts
- Brand the Association
- Attract Student-Athletes & Fans with Schedules & Scores
- Explore Revenue-Generating Ventures (Online Store, Ticket Sales, Pay-Per-View)

What changed between 1998 and 2008? People, habits, lifestyles, technology, expectations.

What the Golden Arches did to family dinners, the mouse click did to newspapers. People simply no longer had to wait for their information.





Social media such as Facebook and Twitter provide more "news" at greater speed to greater masses than traditional outlets, turning news dissemination and consumption on its collective ear.

So, the MHSAA turned its thinking 180 degrees. Out of a desire to be all things school sports in Michigan, attracting viewers – millions of them – became the race. Scores became the carrot.

Previous overhauls of MHSAA.com were primarily design-oriented. Like one's first home, maybe the wallpaper is ugly (see exhibit a, right) or the traffic flow is cumbersome (exhibit b.). So, you strip the wallpaper, knock down some walls and find things a bit more pleasant to look at and make hallways easier to navigate (exhibit c.).

Yet, something was still missing. From its starter home, the MHSAA now needed to build a community, maintaining current residents while attracting new ones.

A web development team formed in 2008 to break ground on the construction of the current (2009) MHSAA.com. The team was composed of MHSAA staff and outside personnel to assist with design and architecture.

MHSAA staff crafted a list of "deliverables," identifying components needed to accomplish the goal: launching the new site by August 2009. It split those deliverables into two columns: items staff could accomplish and items which would require outside expertise.

Among the responsibilities the MHSAA tackled were a usability test plan and a usability report. During the summer of 2008, staff met with athletic directors, coaches, students, parents, officials and media members, guiding them through a usability test as they navigated through the MHSAA website. The tests disclosed areas of success and failure in terms of the site's ease of use for its wide array of users.

At the conclusion of testing, a usability report was published, summarizing the findings. The report includes screen shots of the current website and documented pros and cons of design and content based on user feedback. The document was then presented to outside sources to assist with design and information architecture.

Working hand-in-hand with two different companies, site maps, flow charts, wireframes and screen designs were discussed, debated, rejected, tweaked, and ultimately approved by the MHSAA web team.

Then, in the spring of 2009, the heavy lifting began to prepare the new home for the Aug. 1 move-in date. Five staff members worked diligently through the summer months moving content, updating artwork and implementing programs for the grand opening.



a.



b.



C.

It was a daunting task. The site was up and operational on Aug. 1, 2009, and plenty of the amenities followed later. The result is a sparkling exterior built on a solid foundation with plenty of room for expansion. Like any new house, there are sure to be mechanical and plumbing problems along the way. MHSAA.com is very much a work in progress, always striving to meet the needs of its audiences.





Tennis Rivals Team Up for Mental Health Awareness

hen the Ottawa-Kent Conference Red boys tennis championship was decided this fall, all eight teams also teamed up for something bigger.

All participants from league members Caledonia, East Kentwood, Grand Haven, Grandville, Hudsonville, Jenison, Rockford, and Holland West Ottawa warmed up together, wearing special "be nice." shirts in their respective school colors.

The Mental Health Foundation of West Michigan provides the be nice. program, with its mission to promote mental health awareness and prevent suicide through education with a fourstep action plan (Notice, Invite, Challenge, Empower). Additionally, be nice. provides mental health awareness training to all head coaches of MHSAA-sponsored sport teams.

Leading up to the competition, every team had access to a be nice. team training that taught them to recognize the signs and symptoms of a mental illness and how to take action when they notice these changes. This program is a simple and effective way to empower coaches and athletes with a game plan for mental health concerns. Parents and spectators also were briefed on the be nice. action plan before the tournament began.

"Tennis is competitive and intense in the Red, but for the players and coaches, we see tennis as an extension of something bigger. It's about life, friendships, camaraderie, learning how to deal with adversity, learning how to lose, learning how to win, coming together as a family and creating collective goals," said Rockford varsity tennis coach Tom Huizing. "Every day we try to live



The O-K Red brought together 140 athletes and coaches for its boys tennis championship tournament and also in an effort to bring awareness through the be nice. program.

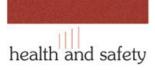
"Over the past four years, coaches have received mental health and suicide prevention education by learning the be nice. action plan through annual rules meetings. Now these coaches are bringing it to their athletes and parents," said Christy Buck, executive director of the Mental Health Foundation of West Michigan. "To see these coaches recognize the importance of having mental health discussions on their teams with their athletes gives me the chills. For the entire O-K Red, 140 coaches and athletes, to then take it a step further and bring awareness to their community is incredible. The information people received that day, without a doubt, started important conversations that will be lifechanging for someone who was struggling, and that's what we're trying to do. The be nice. team program is simple, accessible, and it's going to save lives."

the be nice. way. Not only within our teams or within our conference, but within our lives outside of tennis.

"We've had many be nice. matches within the O-K Red, but now we wanted to set the standard as a conference and let everyone know that we are in this life together. We will notice, invite, challenge, and empower. All of us, not just one player or one coach or one team. Every player, every coach, every team. We want to walk the walk, not just talk the talk. So that's what we're doing on the biggest stage for our tennis conference. We are coming together at the O-K Red Conference finals and we are making a pact as an entire conference to be nice."

Hudsonville and West Ottawa ended the season as co-champions of the O-K Red.

- Jon Ross MHSAA Director of Broadcast Properties



Hastings Preparation, AED Saves Life

Preseason silence, mixed with anticipation, made Hastings High School's gym feel especially pristine in late August.

The raucousness would soon return as the school's volleyball teams hosted their first matches of a new season, with winter sports bringing everyone inside in a few months. This is a place where big-game memories are made – but one from a scrimmage June 14 certainly will stick with many who were at Hastings High that day.

That evening, Potterville junior Da'Marion Hicks was playing in a basketball scrimmage when he suffered a heart attack due to a valve that later required open-heart surgery.

During a period of just a few minutes that could have meant his life, Hastings staff, students and a doctor who fortunately happened to be watching his son's team from the stands, responded to assist Hicks before it was too late. In fact, he's expected to be cleared to return this basketball season.

It's a situation everyone hopes will never happen, but very occasionally it does. And when it did this time, Hastings – with crucial assistance coming out of the bleachers – showed what can be done to assure a best-possible result.

"We debriefed after this whole thing, and we actually had six people from our school (there) trained in CPR and AED use. Enough people felt comfortable enough to take some action," Hastings athletic director Mike Goggins said. "I think more times than not in a situation like this, bad results don't come from people trying to help. Bad results come from people being afraid to help. What was great about this situation was ... lots of people took the initiative to jump in."

As another school year begins, Hastings' ready response should continue to reinforce the importance of being prepared for the scariest of situations.

Emergency planning for sports venues has emerged as an important topic especially over the last decade, and the National Federation of State High School Associations (NFHS) and National Athletic Trainers' Association (NATA) detail how these should work, with the "Anyone Can Save A Life" plan provided to all member schools by the MHSAA at the start of the 2015-16 school year.

Goggins said that while Hastings doesn't necessarily have a "formal" plan like those above, what his department does is "saturate" his teams' coaches and athletes with knowledge of where to find AEDs – and Hastings also has created a setup whereby a person is never more than one minute from an AED while on school property.

That evening, four boys basketball teams were playing on adjacent courts – including Potterville against Wyoming Tri-unity Christian. Goggins himself wasn't at the school at the time (although he quickly arrived after being notified of the situation), but the following is the collection of information he has gathered over the last two months.



Hicks had felt especially fatigued that evening and actually had mentioned to a few Hastings players during their scrimmage earlier that night that he was having a hard time catching his breath – definitely rare for a three-sport athlete who had run the 400 meters at an MHSAA Track & Field Finals a few weeks earlier.

Hicks went to his bench for a break during the Tri-unity scrimmage, and laid down. Goggins said Potterville teammates thought Hicks was just gassed, but then noticed his eyes rolling back into his head. They started yelling for help.

Hastings boys basketball coach Rich Long sprang into action, running over to the Potterville bench and then calling into the crowd to see if anyone with medical expertise could help a student in distress. Meanwhile, Long was joined by Hastings' strength coach (and U.S. Marine) James Avery – who was training athletes in the weight room in the balcony overlooking the gym – and Dr. Luke Van Klompenberg, an emergency medicine physician at Holland Hospital who was there watching his son play for Tri-unity.

Long sent an athlete to retrieve the closest AED, located on the wall just outside the gym doors. He also sent a parent to call 9-1-1, and Saxons boys track & field coach Lin Nickels sent multiple athletes to set up a relay near the school's doors to direct paramedics when they arrived.

Van Klompenberg, meanwhile, couldn't find Hicks' pulse, and the athlete's breathing was shallow. Avery had begun chest compressions, the AED was used, and as the ambulance arrived Hicks was beginning to regain some consciousness. He was transported to the local Spectrum Health Pennock hospital, then to Helen DeVos Children's Hospital in Grand Rapids.

"It was one of those things where it just worked," Goggins said. "My message, if nothing else, is we all practice it for a time that may never come – but the more you can saturate your people with the idea of A, being prepared, and B, don't be afraid to take action ... that's really, I think, the key."

 Geoff Kimmerly MHSAA.com senior editor



Student Advisory Serves MHSAA Leadership

Ight student-athletes who will be juniors at their schools during the ■2022-23 academic year have been selected to serve two-year terms on the Michigan High School Athletic Association's Student Advisory Council.

The Student Advisory Council is a 16member group which provides feedback on issues impacting educational athletics from a student's perspective, and also is involved in the operation of Association championship events and other programming. Members of the Student Advisory Council serve for two years, beginning as juniors. Eight new members are selected annually to serve on the SAC, with nominations made by MHSAA member schools. The incoming juniors will join the group of eight seniors-to-be appointed a year ago.

Serving on the Student Advisory Council Rapids Christian; Madeline Werner, Bay Escanaba.



2022-23 Student Advisory Council

First Row: M'Khi Guy, Muskegon; DaNia Womack, Dearborn Advanced Tech Academy; Claire Gorno, Gaylord; Ben Sytsma, Grand Rapids Christian; Madeline Werner, Bay City All Saints; Dawsen Lehew, Marfor the first time in 2022-23 are: Kannon cellus; Kannon Duffing, Manchester; and Christian Sanders, Detroit Duffing, Manchester; Claire Gorno, Gay- Renaissance. Second Row: Zar'ria Mitchell, Saginaw Heritage; Keira lord; M'Khi Guy, Muskegon; Dawsen Tolmie, Clarkston; Brandon Thompson, Petersburg Summerfield; Brady Lehew, Marcellus; Christian Sanders, De- Leistra, East Grand Rapids; Sam Gibson, Plainwell; Caroline Li, Oketroit Renaissance; Ben Sytsma, Grand mos; and Sam Matias, Lansing Catholic. Not Pictured: Carney Salo,

City All Saints; and DaNia Womack, Dearborn Advanced Tech Academy.

Those eight new members were selected from 115 applicants. That applicant total was the secondmost ever, with the last three years featuring the three highest totals.

The first Student Advisory Council was formed for the 2006-07 school year. With the addition of this class beginning this summer, members will have represented 129 schools from 48 leagues plus independent schools that do not play in a league. Combined, the new appointees have participated in nine MHSAA sports, and seven will be the first SAC members from their respective schools.

The Student Advisory Council generally meets seven times each school year, and once more for a 24hour leadership camp. In addition to assisting in the promotion of the educational value of interscholastic athletics, the Council discusses issues dealing with the 4 S's of educational athletics: scholarship, sportsmanship, safety (including health and nutrition) and the sensible scope of athletic programs. There also is a fifth S discussed by the group – student leadership.

Last school year, the Council selected the 2021-22 "Battle of the Fans X" champion, handed out championship trophies at Finals events, continued discussions about COVID-related issues and provided feedback to the MHSAA Representative Council on proposed rule changes.

The new additions to the SAC join the Class of 2023 members who were selected a year ago: Sam Gibson, Plainwell; Brady Leistra, East Grand Rapids; Caroline Li, Okemos; Sam Matias, Lansing Catholic; Zar'ria Mitchell, Saginaw Heritage; Carney Salo, Escanaba; Brandon Thompson, Petersburg Summerfield; and Keira Tolmie, Clarkston.

Student Advisory Council Belief Statement

As the voice of Michigan's student-athletes, the Student Advisory Council's role is to convey the message of how high school sports are supposed to be played. We are responsible for helping the MHSAA maintain a positive and healthy atmosphere in which interscholastic athletes can thrive.

We believe athletes should be competitive, sportsmanlike and excel academically. We believe students in the stands should have fun, but not take the focus away from the game. We believe coaches should act as teachers, helping student-athletes develop while still keeping high school sports in perspective. We believe that parents should always be positive role models and be supportive of their child's decisions. We believe officials commit their own time to high school sports and respect should always be shown and given to them.

The most important goal for student-athletes is to enjoy high school sports while keeping a high level of respect between all those involved in the games.

Scholar-Athlete Program Rolls Into 34th Year

housands of students voluntarily extend their classroom day by taking part in extracurricular activities, often improving their academic achievements in the process. The value that such programs play in the total education of a high school student is highlighted through MHSAA/Farm Bureau Insurance Scholar-Athlete Award, which will award \$2,000 scholarships to 32 top student-athletes and recognize over 2,000 other outstanding individuals in 2022-23.



Underwritten by Farm Bureau Insurance, the Scholar-Athlete Award is now in its 34th year, and presents scholarships to students in every MHSAA enrollment classification. The scholarships may be used at any institution of higher learning.

"It is amazing to see the number of young people who are proven achievers in academics and activities," said Mark Uyl, executive director of the MHSAA. "At a time when our educational system is coming under fire, the Scholar-Athlete Award is something that proves how important athletics are to the development of a well-rounded person."





Scan the code below to access the page.

Students applying for the Scholar-Athlete Award must be graduating during the 2022-23 school year, carry a 3.5 grade-point average, and have previously won a letter in a varsity sport that the MHSAA sponsors postseason competition.

Applicants will also be required to show involvement in other school- community activities and submit an essay on the importance of sportsmanship in educational athletics.

Application materials can be found on MHSAA.com.

Each MHSAA member school is allowed to nominate a number of student-athletes based on the size of the school. Class A schools can nominate six boys and six girls, Class B four boys and four girls, Class C three boys and three girls and Class D two boys and two girls. The first 30 scholarships will be awarded based on this graduated scale, with two additional scholarships intended for minority applicants.

A committee composed of school administrators from across the state will select regional and statewide winners.

Farm Bureau Insurance, a long-time supporter of MHSAA activities, also sponsors other educationally oriented programs.

The 32 scholarship recipients will be recognized at the MHSAA Boys Basketball Finals at the Breslin Student Events Center in East Lansing in March 2023.

Scan this code for more information



The MHSAA encourages people to submit success stories for generating sportsmanship, participation and attendance at their schools. Please send to: info@mhsaa.com and type School Success Story in the subject line.



Sportsmanship Summits Return in 2022-23

he Michigan High School Athletic Association's annual Sportsmanship Summit series will return this fall to be conducted for the first time since 2019, again focusing on sportsmanship both on and off the field of play.

The MHSAA has conducted Sportsmanship Summits across Michigan for more than 20 years, and this year's series kicks off Nov. 7 in Marquette and finishes Nov. 16 in Ypsilanti.

MHSAA staff, with assistance from school administrators and the MHSAA Student Advisory Council, conduct Sportsmanship Summits. More than 800 students are expected to take part in the four workshops, where they will discuss the line that separates good from bad sportsmanship, both as athletes during competition and when it comes to cheering at athletic events.

Workshop sessions will feature hands-on activities including one session developed and instructed by members of the Student Advisory Council. At the end of the day the delegation from each participating school will meet to develop a school sportsmanship campaign. Breakouts at each Summit also provide a great opportunity for student sections to learn about appropriate student section behavior. There will be information for the veteran student sections, as well as guides for schools that want to start their own organized student sections for the first time.

"Winning is great, but good sportsmanship helps develop habits that can be used well beyond the playing field," said MHSAA assistant director Andy Frushour, the lead Sportsmanship Summits presenter. "A lively student section can create a fun and exciting atmosphere at games, but we want to make sure students don't take this a step too far. The Summits are a great way to learn from other schools around the state."



Registration at each site is limited to the first 225 students and administrators. Schools are welcome to bring as many as 10 total representatives, including two administrators. For additional registration information, contact Andy Frushour at the MHSAA office – afrushour@mhsaa.com or (517) 332-5046. Registration information also is available on the MHSAA Website.

2022 MHSAA Sportsmanship Series

- Marquette Nov. 7 NMU Northern Center 9 a.m. 1:30 p.m.
- Saginaw Nov. 9 SVSU Conference Center 9 a.m. 1:30 p.m.
- Grand Rapids Nov. 14 Sheraton Grand Rapids Airport Hotel 9 a.m. 1:30 p.m.
- Ypsilanti Nov. 16 Ann Arbor Marriott Ypsilanti at Eagle Crest 9 a.m. 1:30 p.m.



WISL Conference Celebrates Milestones

pair of milestones were celebrated by the Michigan High School Athletic Association during this year's Women In Sports Leadership Conference in October at Crowne Plaza Lansing West. 600 participants, most of them high school female student-athletes from across the state were on hand for the festivities.

The theme "Power of the Past – Force of the Future" recalled opportunities created during the 50 years since the enactment of Title IX in 1972. This also was the 25th WISL Conference, which remains the first, largest and



longest-running program of its type in the country.

This year's edition featured three keynote speakers and a variety of workshops. The opening address was delivered by **Ashley Baker**, who serves as the chief diversity, equity and inclusion (DEI) officer at Michigan State University. Baker, originally from Pontiac, earned bachelor and master's degrees from Bowling Green State University and a doctorate in sport management and policy from the University of Georgia. She came to MSU in December 2020 from Xavier University (Louisiana) where she most recently had served as assistant vice president for student affairs and chief inclusion officer/deputy Title IX coordinator.

First-year Spartans softball coach **Sharonda McDonald-Kelley** spoke during the Oct. 9 evening general session. She coached Campbell University (N.C.) to back-to-back NCAA Tournament appearances and was a four-time all-Big 12 selection as a player at Texas A&M, appearing in the College World Series before playing professionally for seven years. McDonald-Kelley was named Big South Conference Coach of the Year in 2021, and previously also coached professionally and as associate head coach at Texas Tech University after serving as an assistant for multiple prestigious college programs.

University of Michigan women's basketball coach **Kim Barnes-Arico** delivered the keynote during the morning session Oct. 10. She led the Wolverines last season to their first NCAA Tournament Elite Eight and is nearing 500 career victories, having won a U-M program-record 218 during her 10 seasons. She's a two-time Big Ten Conference Coach of Year and was a semifinalist this past season for the Werner Ladder Naismith Coach of the Year honor. Michigan is her fifth college coaching stop; she came to Ann Arbor after 10 seasons at St. John's. She played basketball one season at Stony Brook University (N.Y.) and then her final three including two as captain at Montclair State University (N.J.).

Workshops offered during the WISL Conference included topics on coaching, teaching and learning leadership; sports nutrition and performance, and injury prevention; and empowerment and goal-setting. Presenters are accomplished in their fields and represent a wide range of backgrounds in sport.

The Oct. 9 evening general session also included recognition for the 2022 Women In Sports Leadership Award winner – recently-retired Livonia Stevenson athletic director Lori Hyman. A basketball standout at MSU during the second half of the 1970s, Hyman went on to coach college basketball for 17 years and then serve as a highly-regarded athletic director for 27 years including the last 22 at her alma mater Stevenson.



Cornerstone of MHSAA, Jackson Will be Missed

rist impressions can be significant, as many a saying goes. And Karen Brown unknowingly provided one in 1978 that helped affect the course of athletics in this state over the next 40-plus years.

A Michigan State University student named Karen Leinaar had shown up at the Michigan High School Athletic Association for a meeting about a 5K road race she was planning that was unrelated to the MHSAA except that the building provided a good meeting place – and Brown, just a year out of high school, was the first person to greet her at the old Trowbridge Road headquarters.



For 40 years, Karen Jackson provided invaluable assistance for former executive directors Vern Norris (left) and Jack Roberts.

Seeing someone her age immediately made Leinaar more comfortable. She ended up returning to that office several times over the years, registering as an MHSAA game official while still an MSU student and then starting a career in 1982 that has included nearly 40 years as a high school athletic director and two decades of shaping policy as part of the MHSAA Representative Council.

That's the kind of impact that's emanated from Karen Jackson, formerly Brown, and over 45 years as assistant to four of the five executive directors during the MHSAA's 98-year history. Jackson finished that run with her retirement in October.

"She was always one that would welcome you, and whether you walked into the office or called on the phone, she always had an answer that would calm you down or provide you with the information you needed," said Leinaar, currently serving as interim athletic director at Frankfort HS in addition to her duties as executive director of the Michigan Interscholastic Athletic Administrators Association.

"I remember initially calling and needing something from Mr. Norris – it was always Mr. Norris – and she could answer the question," Leinaar added, referring to retired MHSAA executive director Vern Norris, who served in that role from 1978-86. "You didn't want to talk to scary Mr. Norris – Vern was a wonderful man, but he was like the superintendent or principal. Karen always had the answer. ... It was

always that smile that made you feel like you were more than welcomed, wanted in the office, and everything is going to be OK."

Jackson began at the MHSAA in June 1977, two days before her graduation from long agoclosed Harry Hill High School in Lansing.

Her high school sports career amounted to about half a season on the Hill varsity volleyball team as a sophomore before she had to switch gears to begin working for the Lansing Regional Chamber of Commerce as part of a school co-op.

Jackson graduated as a co-valedictorian of Hill's Class of 1977. Despite her academic standing, she hadn't received much guidance at school on the possibility of college. But she had a job offer from the Chamber – and also had heard from grade-school friend Deborah Norris (Vern's daughter) about an opening at the MHSAA.

The MHSAA was offering more money, and Jackson was hoping to buy a car – and so at 18, she became the secretary for executive director Allen W. Bush.

The title has changed over the years, from secretary to the executive director, to executive assistant, to senior executive assistant. The MHSAA's administrative processes obviously have changed, mostly because of technology, from everything done on paper and through the mail to just about everything conducted digitally over the internet.

But many of Jackson's most important duties at the end of her tenure resembled those she was hired to carry out nearly half a century ago.

Setting Exemplary Expectations

Bush retired a year after Jackson began, and she then assisted Norris for his eight as executive director. She served with Jack Roberts through his 32 years as executive director from 1986-2018 and then for these first $3\frac{1}{2}$ under Mark Uyl.

She was considered the "baby" of the MHSAA staff during her first 12 years, until she turned 30 and her support staff teammates declared she wasn't the baby anymore during a Christmas party serenade. Just about 33 years later, she's leaving as one of two people left who worked in the old offices before the MHSAA moved to another East Lansing headquarters at Ramblewood Drive in 1996.

School sports happen thanks to a Karen Jackson or two in every community – people who provide the unseen support that makes these programs possible every day. For the last 45 years, she's provided a consistent anchor for service to 1,500 schools and millions of student-athletes.

"She's shaped so much of what we've done," said MHSAA assistant director Kathy Vruggink Westdorp, who joined the staff during the 2003-04 school year after more than two decades working for Grand Rapids-area schools. "Her service to schools was imperative to what she was doing, and it was a valuable part for our membership. Hers was such a dedicated service, such an exemplary service – finding solutions, to do what's needed."

There are file cabinets and libraries and hard drives at the MHSAA office, the contents of which are known by only a handful of people on Earth – Jackson perhaps the most as she did most of the sorting and maintaining of those files.

The last 25 years has seen much of the work swing back to providing service directly to schools. And Jackson's mind has become part MHSAA library and part card catalog of where to find those few snippets she might not recall immediately from the last half century.

"I guess what I'm proud of is being able to find things, to know where to find things and how to find things that other people don't," Jackson said. "Yes, the technology has changed everything. ... We used to have more schools – they used to have 40-some Detroit public schools – and there was a whole era of (litigation), but it's calmed down now."

The MHSAA is rooted in its responsibilities as a championship and eligibility rules maker, and Jackson was involved in just about every communication in those areas during her time. Tournament changes are made at Representative Council meetings, and she's reported the minutes for at least 150 of those, including piles of special sessions as the MHSAA managed sports through the COVID-19 pandemic. Eligibility waivers are requested at Executive Committee meetings, and she's prepared somewhere north of 505 sets of minutes for those monthly sessions even as those agendas have grown in content substantially over the years.

"I think I'm pretty lucky, being on the Council and Executive Committee, that I've been able to work with her a lot. And most athletic directors, they may not even know who she is because they may not have contact with her or do anything with her – but she's obviously been the unsung hero of that office," said Vic Michaels, who serves as director of physical education & athletics for the Archdiocese of Detroit and has served on the Representative Council since 2003.

Unprecedented & 'Never to be Replicated'

A longtime co-worker of Jackson, Shirley Hytinen, retired in 1998 after just a few months more than 43 years. She too had worked for four executive directors, as she began in 1955 during the Charles E. Forsythe era.

Jackson surpassed Hytinen's tenure a few years into Uyl's, and can readily recall some of what stood out from all four directors she's assisted.

Bush was "really stern" – he had served in the U.S. Marines – and she said he didn't smile much until the day he announced his retirement, when it was "like a switch turned. He was smiling and happy and joking around."

Norris was "the sweetest guy in the world." Jackson had bought her first house in her mid-20s and was preparing to move in with only her dad and his motor home to assist, when Norris showed up to help at 7:30 a.m. to provide another set of hands.

Roberts is known by Michigan administrators and national colleagues for his writing, and Jackson said jokingly she still "cringes" when she sees a yellow legal pad. She was an important proof-reader and spent the majority of her career serving

with her desk just a few paces away from that of the recent National Federation Hall of Fame selection, and she attended his induction this past summer and San Antonio.

Roberts pointed out that during the 1980s, the MHSAA would conduct nine Executive Committee meetings, each averaging fewer than 10 requests for waivers. By the end of his 32 years, there were 11 Executive Committee meetings annually – with approximately 50 waiver requests presented on average. Still, he and Jackson were able to process the meeting minutes and continue to distribute those decisions within 24 hours.



Karen and husband, Jim, now have plenty of time to carry out their travel plans.

"Over the more than three decades that Karen and I worked together at the MHSAA, the work became increasingly more voluminous and complicated – and Karen kept finding ways to increase our efficiency and maximize our output," Roberts said.

Like Norris when Bush was executive director, Uyl had been part of the MHSAA staff under Roberts since 2004 before eventually moving into the corner office. After those first 15 years together, Uyl knew what a valuable person he had just a few yards away to assist in his transition, and "he just says to do this" and allows his staff to run with it, which Jackson enjoyed.

Karen recently was married to Jim Jackson, and they have plans as they close in on their first anniversary – they're hoping to travel to Italy at some point and also The Masters in Augusta, Ga., next spring. "I'm not going to miss coming to work every day, but the people," Karen Jackson said.

And many in school sports across Michigan will miss the contributions Jackson has made to their community over the decades.

"Not only her understanding of our regulations and the processes of our regulations, but understanding why we have those things in place – when someone does something 45 years, you get a lot of historical context," (Iyl said. "What's made her so effective is understanding the why.

"When an organization has been around 98 years with only five directors . . . that will never be replicated again."

– Geoff Kimmerly MHSAA.com senior editor



Multi Sport Participation at 44 Percent in 2021-22

ore than 44 percent of athletes at Michigan High School Athletic Association member high schools participated in more than one sport during the 2021-22 school year, according to the Multi-Sport Participation Survey conducted this spring, the fourth such survey conducted by the MHSAA over the last five years to monitor the rate of specialization in school sports.

Early and intense sport specialization has become one of the most serious issues related to health and safety at all levels of youth sports, as overuse injuries and burnout among athletes have been tied to chronic injuries and health-related problems later in life. In early 2016, the MHSAA appointed a Task Force on Multi-Sport Participation to promote and protect participant health and address the issues leading to early sport specialization. The annual Multi-Sport Participation Survey, first conducted for the 2017-18 school year, was among results of the task force's work. (No survey was conducted for 2019-20 as spring sports were canceled due to COVID-19.)

The MHSAA 2021-22 Multi-Sport Participation Survey received responses from 85 percent of member high schools, the highest response rate of the four years the survey has been conducted. Survey results showed a slightly lower percentage of member high school students participating in athletics compared to the inaugural survey in 2017-18 – but a higher percentage of multi-sport athletes among those playing at least one sport.

In 2021-22, schools responding to the survey showed 40.4 percent of students participated in athletics during the last school year – 43.5 percent of boys and 37 percent of girls. Class D schools had the highest percentage of athletes among the student body, at 51.8 percent, followed by Class C (47.8), Class B (41.3) and Class A (37.7).

Those percentages – total and by Class – all were slightly lower than what was produced by the 2017-18 survey, which saw 42.5 percent of students total participating in athletics. However, the percentage of athletes competing in multiple sports in 2021-22 was higher than in 2017-18, 44.3 percent to 42.8 percent.

For 2021-22, 46.5 percent of male athletes and 41.4 percent of female athletes played multiple sports. Class D again enjoyed the highest percentage of multi-sport athletes among this group, at 60.8 percent, followed by Class C (58.5), Class B (49.5) and Class A (36.7).

Similar results for overall sport participation and multi-sport participation relative to enrollment size were seen by further breaking down Class A into schools of fewer than 1,000 students, 1,000-1,500 students, 1,501-2,000 students and more than 2,000 students. For both sport participation as a whole and multi-sport participation specifically, the smallest Class A schools enjoyed the highest percentages, while percentages then decreased for every larger size group of schools.



Nearly half of all MHSAA student-athletes were on course for more than one sport in 2021-22.

"The multi-sport participation survey again shows that student-athletes across the state continue to focus on participation in several sports and the benefits that come with that participation for their school teams. What the numbers don't show is the behind-the-scenes benefits of multi-sport participation," said MHSAA Assistant Director Cody Inglis, who has served as coordinator of the multi-sport task force. "We continue to believe and know that student-athletes who are involved in multiple sports are more successful, benefit from the variety of sports and see huge long-term benefits."

The MHSAA Task Force on Multi-Sport Participation also recommended measuring multi-sport participation in MHSAA member schools to recognize "achievers" – that is, schools that surpass the norm given their enrollment and other factors that affect school sports participation.

In Class A, Bay City Central (78.7) and Livonia Franklin (77.7) posted the highest percentages of multi-sport athletes in 2021-22, with Clinton Township Chippewa Valley (75.6) and Parma Western (75.4) also reaching 75 percent. In Class B, four schools achieved at least 80 percent multi-sport participation – Brooklyn Columbia Central (85.8), Detroit Southeastern (84.6), Warren Michigan Collegiate (84) and Durand (82.6).

Class C saw five schools with more than 80 percent of its athletes taking part in more than one sport: Brown City (95.7), Decatur (87.4), Niles Brandywine (85.6), Ishpeming Westwood (83.2) and Flint Beecher (80.4). Five Class D schools responded at higher than 90 percent multi-sport participation, with Coldwater Pansophia Academy and Kinross Maplewood Baptist both reporting 100 percent. McBain Northern Michigan Christian (98.6), Ewen-Trout Creek (94.3) and Detroit Douglass (91.7) were the next highest on the Class D list.

A full summary report is available on the Multi-Sports Benefits page of the MHSAA Website.



Crowley, Lintner & Smelis, 2022 Bush Award Winners

owell's Deanne Crowley, Owosso's Dallas Lintner and Fenton's Mitch Smelis all have provided more than two decades of service to Michigan educational athletics, Crowley as a highly-regarded coach and administrator, Lintner also as an administrator and educational leader and Smelis as an athletic trainer and prominent voice in the sports medicine community especially in its service to school sports.

To recognize their significant and continued contributions to educational athletics, Crowley, Lintner and Smelis have been named recipients of the Michigan High School Athletic Association's Allen W. Bush Award for 2022.

Al Bush served as executive director of the MHSAA for 10 years. The award honors individuals for past and continuing service to school athletics as a coach, administrator, official, trainer, doctor or member of the media.



Crowlev

Crowley began her coaching career at Lake Odessa Lakewood in 1987 with subvarsity basketball, and she took over Lowell's girls varsity program in 2000 after previously beginning her teaching career there in 1998. She remained the Red Arrows' coach through 2006, that season leading her team to the Class A Semifinals – and she also

was named Class A Coach of Year in 2004 by The Associated Press. Crowley became an assistant principal at Lowell in 2010 and the high school's athletic director in 2013.

She earned her certified athletic administrator designation from the National Interscholastic Athletic Administrators Association (NIAAA) in 2018 and was named Region 4 Athletic Director of the Year this past school year by the Michigan Interscholastic Athletic Administrators Association (MIAAA). Crowley also is a significant contributor to Lowell's nationally-recognized Pink Arrow Pride program that raises funds annually for cancer awareness, education and support within the Lowell community.

Crowley graduated from Lakewood HS in 1983 and earned her bachelor's degree in secondary education from Western Michigan University in 1997 and a master's in educational administration from Michigan State University in 2002.

"I have known Dee for over 20 years, and she has always been incredibly dedicated to finding opportunities for all students, especially female student-athletes," (Iyl said.



Lintner

Lintner is returning to Owosso High School as principal this fall after finishing the second half of 2021-22 as interim athletic director at Fenton High School. He first joined the staff at Owosso as a teacher in 2001-02, went to Linden as athletic director for two years beginning with fall of 2008, then re-

turned to Owosso as athletic director and assistant principal from 2010 through the 2020-21 school year. He served as principal at Owosso Lincoln High School last school year until leaving for Fenton.

Education has been a focus of Lintner's work, and he received a doctorate in educational leadership from University of Michigan-Flint in 2017. He has a certified master athletic administrator designation and has served as a leadership training instructor for the NIAAA since 2015.

Lintner has been an active participant with the MIAAA as well, serving as its constitution committee chairperson since 2009. He was a member of the executive board from 2015-20, including serving as president during the 2018-19 school year. As athletic director, he was a frequent host of MHSAA postseason events and a contributor to various committees. Prior to earning his doctorate, Lintner graduated from Vassar HS in 1995, then earned a bachelor's degree in education from Saginaw Valley State University in 2000 and a master's in athletic administration from Central Michigan University in 2005.

"Dallas has provided years of solid leadership in Owosso," MHSAA Executive Director Mark Uyl said. "This consistent approach has led to numerous improvements, and during his tenure as athletic director his school won its first state championship (softball, 2021)."



Smelis

Smelis has served as an athletic trainer for 25 years with Fenton Area Public Schools, for the last decade through NovaCare Rehabilitation. He was named High School Athletic Trainer of the Year by the Michigan Athletic Trainers' Society (MATS) in 2017 and serves as cochairperson of its Secondary School Committee.

Also a member of the National Athletic Trainers Association (NATA) and Great Lakes Athletic Trainers Association (GLATA), Smelis has become a key connection between the training community and MHSAA. He has contributed as a MATS liaison on multiple MHSAA sport committees, and serves on the Sports Medicine Advisory Committee and as an instructor for the MHSAA's Coaches Advancement Program (CAP). He also has presented at the MIAAA's annual and summer conferences on a variety of physical health and safety and mental health topics.

Smelis graduated from Imlay City HS in 1991 and earned a bachelor's degree in sports medicine from Central Michigan University in 1997. He is a certified American Heart Association instructor for CPR, first aid and basic life support.

"Mitch has been incredibly dedicated to keeping kids safe while playing all sports," Uyl said. "He also has been responsible for further strengthening the good relationship between the MHSAA and Michigan Athletic Trainers' Society."



Rules of the Games

Sharpen your skills with the following rules questions/case plays for volleyball, soccer and football. Answers appear in red on next page.

Football

- 1. Third and seven at team A's 23 yardline. A1's forward pass is intended for eligible A2 at team A's 35 yardline. B3 is flagged for defensive pass interference. Despite the interference, A2 makes the catch and carries the ball across team B's goal line.
 - a. Touchdown. The penalty is declined by
 - b. First and 10 for team A at its own 38 yardline.
 - c. The touchdown counts; team A may choose to have the penalty enforced on either the try or the kickoff.
- 2. Second and seven at team B's 32 yardline. Eligible receiver A1 is airborne near the sideline when he receives and has firm control of a legal forward pass at team B's



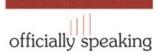
18 yardline. B2 pushes A1 so that he first touches out of bounds. At no time does A1 lose control of the ball.

- a. Complete pass.
- b. Incomplete pass.
- c. Pass interference on B2.
- **3.** Fourth and 10 at team R's 25 yardline. Team K's field goal attempt is blocked. The ball does not cross the neutral zone. K1 recovers the ball at team R's 30 yardline, advances and is downed at team R's 12 yardline. The next down will be:
 - a. K, First and 10 for team K from team R's 12 yardline.
 - b. R, First and 10 for team R from its own 12 yardline.
 - c. R, First and 10 for team R from its own 25 yardline.

Boys Soccer

- 1. Near midfield a pass by A7 deflects off the official, changes direction and goes directly to A8 who has a clear run at the goal. What is the appropriate restart?
 - a. There is no restart, play on.
 - b. Indirect free kick for Team A.
 - c. Indirect free kick for Team B.
 - d. Drop ball to the team that last touched the ball prior to hitting the referee (Team A).
 - e. Drop ball to the defending goalkeeper (Team B).
- Player B1, while attempting to play the ball, trips the attacking player A1 in the penalty box denying an obvious goal-scoring opportunity.
 - a. Award a penalty kick and issue a yellow card to B1.
 - b. Award a penalty kick and issue a red card to B1.
 - c. Award a direct free kick and issue a yellow card to B1.
 - d. Award a direct free kick and issue a red card to B1.





Listen to "Be The Referee" on MHSAA.com



- 3. After a scramble in front of the net, B5 attempts to clear the ball but it is stopped by A6. A6 takes a shot and it strikes the referee who is standing in the penalty area. The ball goes into the goal. What is the appropriate restart?
 - a. There is no restart, play on.
 - b. Indirect free kick for Team A.
 - c. Indirect free kick for Team B.
 - d. Drop ball to the team that last touched the ball prior to hitting the referee (Team A).
 - e. Drop ball to the defending goalkeeper (Team B).

Volleyball

- An unsporting conduct card shall be issued to a coach when disrespectfully addressing a referee and/or other match officials. If this is the first serious offense or second minor offense:
 - a. A Red Conduct Card is assessed and loss of rally/point is awarded to opponent.
 - b. A Red Conduct Card is assessed, no loss of rally/point is awarded, and a notation is made in the book.
 - c. The offender is disqualified from the set.
 - d. The offender is disqualified from the match.
- **2.** The libero may not:
 - a. Replace a middle blocker who has rotated to the back row.
 - b. Replace a designated back row player.
 - c. Replace the first server at the beginning of the set.
 - d. Serve for multiple positions in the serving order.
- **3.** All of the following are correct, except:
 - a. A time-out will last for a maximum of sixty (60) seconds.
 - b. Each team is limited to four (4) time-outs per set. c. A time-out may be called by the dead coach during a dead ball.
 - d. A time-out may be called prior to the start of a set.



Football Answers: 1. c. (8-2-2); 2. b. (2-4-1, 4.3.3B); 3. a. (2-4-1, 4.3.3B5-1-3a, 6-2-3).

Soccer Answers: 1. a. (9-1-1-b1); 2. a. (12-8-1-f15); 3. e. (9-2-1-e).

Volleyball Answers: 1. a. (12-2-8d, 12-2 PENALTIES 1); 2. d. (10-4-1a); 3. b. (11-2-1, 11-2-2, 11-2-3).

Officials Associations Benefit from NASO Membership

The MHSAA is proud to continue to provide the Platinum program of the National Association of Sports Officials (NASO) "Association Advantage" for all MHSAA Local Approved Associations (previously known as NASO-ON). The MHSAA is providing this Platinum program membership to all



local Approved Associations in assisting these groups with association meeting preparation, association governance and effective, time-tested techniques on how to make good associations great.

"Approved Associations are the lifeblood of high school and middle school officiating," said Brent Rice, MHSAA assistant director. "We are pleased to be providing this service to all Michigan Approved Associations with our trusted and valued partner, NASO. Our overall program gets stronger when each Approved Association has all the tools possible to be an effective educational hub for all officials in those local areas."



All Platinum Association Advantage member associations will receive the all-new monthly electronic newsletter *Click*, the revamped monthly printed newsletter *Advisor*, access to the Association Advantage website, a subscription to *Referee* magazine and a discount on supplies. Groups may choose to upgrade their membership with additional options and levels to include additional insurance, member benefits and training options. Contact the MHSAA office or NASO (262-632-5448).



OFFICIAL REPORT OF BOARD OF CANVASSERS

East Lansing, September 26, 2022

We, whose signatures appear below, declare the following to be nominees for, or members-elect of, the Representative Council or the Upper Peninsula Athletic Committee of the Michigan High School Athletic Association, Inc., as a result of ballots received in accordance with the provisions of Article IV, Section 6 of the Constitution, or as authorized by the Upper Peninsula Athletic Committee at its meeting on October 3, 1941.

REPRESENTATIVE COUNCIL	JUNIOR HIGH/MIDDLE SCHOOLS (#7)
NORTHERN SECTION - CLASS A AND B	Total number of legal ballots received 82 Fred Smith, Bangor 82
SCHOOLS (#1)	Illegal or incomplete ballots received 5
Total number of legal ballots received 27	Elected by majority of votes – Fred Smith
Eric Albright, Midland 27	Elected by majority of votes - 1 red official
Illegal or incomplete ballots received 0	PRIVATE AND PAROCHIAL HIGH SCHOOLS (#8)
Elected by majority of votes – Eric Albright	Total number of legal ballots received 35
	Vic Michaels, DetroiT 35
SOUTHWESTERN SECTION - CLASS A AND B	Illegal or incomplete ballots received 2
SCHOOLS (#2)	Elected by majority of votes - Vic Michaels
Total number of legal ballots received 39	
Chris Riker, Portage 39	UPPER PENINSULA ATHLETIC COMMITTEE
Illegal or incomplete ballots received 2	
Elected by majority of votes - Chris Riker	ATHLETIC COACH (#9)
	Total number of legal ballots received 21
SOUTHEASTERN SECTION - CLASS A AND B	Mike Berutti, Iron River 21
SCHOOLS (#3)	Illegal or incomplete ballots received 1
Total number of legal ballots received 31	Elected by majority of votes – Mike Berutti
John Thompson, Brighton 31	CLASS D SOLICOLS (#10)
Illegal or incomplete ballots received 1	CLASS D SCHOOLS (#10)
Elected by majority of votes – John Thompson	Total number of legal ballots received 13 Jack Kumpula, Lake Linden 13
UPPER PENINSULA – CLASS C AND D	Illegal or incomplete ballots received 0
SCHOOLS (#4)	Elected by majority of votes – Jack Kumpula
Total number of legal ballots received. 18	Elected by majority of votes – ouck Rumpula
Sean Jacques, Calumet 18	CLASS D SCHOOLS - Special Election,
Illegal or incomplete ballots received 0	1-Year Term
Elected by majority of votes – Sean Jacques	Total number of legal ballots received 15
3 3 3	David Florenski, Powers 6
NORTHERN SECTION - CLASS C AND D	Vincent A. Gross, Paradise 5
SCHOOLS (#5)	Timothy R., Routheaux, Ontonagon 4
Total number of legal ballots received 31	Illegal or incomplete ballots received 1
Joshua Crocker, Benzonia 8	No majority - Names of David Florenski and
Anna Rigby, Harbor Springs 23	Vincent A. Gross submitted to schools.
Illegal or incomplete ballots received 2	DOADD OF CANNA COEDO (CL. II)
Elected by majority of votes – Anna Rigby	BOARD OF CANVASSERS (Signed)
STATEWINE AT LABOR (#6)	Mike Brya, Athletic Director, DeWitt High School
STATEWIDE AT-LARGE (#6) Total number of legal ballots received 285	Nicole Norris, Athletic Director, East Lansing High
Total number of legal ballots received 285 Aaron Crouse, Pontiac 43	School Brian Osborn, Athletic Director, Fowlerville High
Scott C. Grimes, Grand Haven 135	School
Andrew Laboe, Kalamazoo 38	OC11001
Jeffrey J. Yorke, Hale 69	
Illegal or incomplete ballots received 11	
No majority - Names of Scott C Grimes and	

24 — benchmarks

Jeffrey J. Yorke submitted to schools.



MHSAA Representative Council

Eric Albright** Athletic Director Midland High School Class A-B — Northern Lower Peninsula

Jay Alexander**

Executive Director of Athletics Detroit Public Schools Detroit Public Schools Position

Brad Bush** Athletic Director

Chelsea High School Statewide At-Large

Nicole Carter*, Vice President

Principal Novi High School Appointee

Judy Cox* Principal

Auburn-Bay City Western High School Appointee

Scott Grimes*, President
Superintendent of Human Services

Grand Haven Public Schools Statewide At-Large

Kyle Guerrant (ex-officio)

Deputy Superintendent, Finance Operations Michigan Dept. of Education, Lansing Designee

Kris Isom**

Athletic Director Adrian Madison High School Appointee

Sean Jacques* Assistant Principal/Athletic Director Calumet High School
Class C-D — Upper Peninsula

Jason Malloy*

Athletic Director Westland John Glenn High School Junior High/Middle Schools

Mark Mattson*

Superintendent Glen Lake Schools Class C-D — Northern Lower Peninsula

Jason Mensing**

Jason Merian. 3 Athletic Director Ottawa Lake Whiteford High School Class C-D — Southeastern Michigan

Vic Michaels*, Secretary-Treasurer

Director of Physical Education & Athletics Archdiocese of Detroit Private and Parochial Schools

Chris Miller**

Athletic Director Gobles High School Class C-D — Southwestern Michigan

Chris Riker*

Athletic Director Portage Northern High School Class A-B — Southwestern Michigan

Meg Seng** Athletic Director Ann Arbor Greenhills High School Appointee

Adam Stefanski**

Athletic Director Boyne City High School Junior High/Middle Schools

John Thompson*

Athletic Director Brighton High School
Class A-B — Southeastern Michigan

Alex Tiseo**

Athletic Director
Marquette High School
Class A-B — Upper Peninsula

*Term Expires December 2022 **Term Expires December 2023

SECOND REPORT OF BOARD OF CANVASSERS Haslett, October 19, 2022

REPRESENTATIVE COUNCIL

UPPER PENINSULA ATHLETIC COMMITTEE

SOUTHEASTERN SECTION, CLASS C AND D SCHOOLS - Special Election, 1-Year Term

Total number of legal ballots received 14 Chris Adams, Camden 9 Joshua Lindeman, Addison 3 2 Orlando Medina, New Haven Illegal or Incomplete ballots received Elected by majority of votes - Chris Adams

STATEWIDE AT-LARGE (#6)

Total number of legal ballots received 273 Scott C. Grimes, Grand Haven 183 Jeffrey J. Yorke, Hale 90 Illegal or incomplete ballots received Elected by Majority of Votes - Scott Grimes CLASS D SCHOOLS - Special Election,

1-Year Term

Total number of legal ballots received 15 David Florenski, Powers-North Central Junior/Senior High School 8 Vincent A. Gross, Paradise-Whitefish Township Community Schools 7

Illegal or incomplete ballots received Elected by majority of votes - David Florenski

BOARD OF CANVASSERS (Signed)

Mike Brya, Athletic Director, DeWitt High School Nicole Norris, Athletic Director, East Lansing High

Brian Osborn, Athletic Director, Fowlerville High School



Failure to Rate Officials

ember schools of the Michigan High School Athletic Association have agreed through Regulation II, Section 7(B) to rate officials in several of the sports for which the MHSAA conducts a postseason tournament and to be subject to penalties when a school fails to rate any officials in a sport that requires it.

Recent surveys indicate schools value the opportunity to rate officials and do not want that opportunity eliminated.

Most officials would prefer an evaluation process over ratings by participating schools; but

under our current system, officials need schools to rate them so they can amass the number of ratings necessary to be considered for advancement and tournament assignments.

On March 23, 2001, the MHSAA Representative Council adopted the policy of publishing the names of schools which fail to rate any officials in a sport and to do so as soon as possible following the season

Following are schools failing to rate officials for the 2021-22 school year.

Failure to Rate Officials - Fall 2021

Football Detroit Denby Girls Volleyball
Adrian Lenawee Christian
Auburn Hills Christian
Detroit Public Safety Academy
Pontiac Academy for Excellence

Failure to Rate Officials - Winter 2022

Boys Basketball
Detroit Central
Detroit Edison
Detroit Pershing
Ferndale
Hannahville Nah Tah Wahsh
Inkster American International
Academy

Melvindale Academy for Business & Technology Muskegon Heights Academy New Baltimore Anchor Bay River Rouge Southfield Bradford Academy Waterford Mott **Girls Basketball** Detroit Northwestern Hannahville Nah Tah Wahsh

Girls Competitive Cheer Kingston

Wrestling
Detroit Mumford
Grosse Pointe South
Wyoming

Failure to Rate Officials - Spring 2022

Baseball

Detroit Cristo Rey Detroit University Prep

Softbal

Dearborn Henry Ford Academy Harper Woods



2021-22 Officials Reports Listing

(High Schools that received 3 or more negative Reports)

In accordance with the May 1996 Representative Council adoption of the "Comprehensive Sportsmanship Package" the names of schools that received three or more "concern" or "ejection" Officials Reports in the school year are listed in this report.

Detroit Edison PSA/ECE	18	Mattawan HS	6	Pioneer HS	4
Eastpointe HS	13	Northwest HS	6	Pittsford HS	4
Westfield Preparatory HS	13	Romeo HS	6	South Lyon East HS	4
Divine Child HS	12	Stoney Creek HS	6	Southgate Anderson HS	4
Lapeer HS	12	Lakeview HS	6	Swartz Creek HS	4
Lincoln HS	12	Skyline HS	6	Taylor HS	4
Central Montcalm HS	11	Father Gabriel Richard HS	6	Tecumseh HS	4
Hazel Park HS	11	Imlay City HS	6	Waterford Mott HS	4
Holt HS	10	Jefferson HS	6	Baldwin Community Schools	4
Kearsley HS	10	Cadillac HS	5	Cedar Springs HS	4
Ottawa Hills HS	10	Catholic Central HS	5	Coldwater HS	4
Farmington HS	10	Edwardsburg HS	5	Dowagiac Union HS	4
Marysville HS	10	Midland HS	5	Forest Hills Northern HS	4
Monroe HS	9	Mona Shores HS	5	Franklin HS	4
Pinckney HS	9	OA Carlson HS	5	Genesee HS	4
Reed City HS	9	Portage Central HS	5	Hastings HS	4
Adrian HS	9	Powers Catholic HS	5	Huron HS	4
Cheboygan Area HS	9	St Johns HS	5	Lakeland HS	4
Plymouth HS	9	Adams HS	5	Lakewood HS	4
Roosevelt HS	9	Allendale HS	5	Negaunee HS	4
Arthur Hill HS	9	Buchanan HS	5	Vandercook Lake HS	4
Central HS	8	Clarkston HS	5	Wyoming HS	4
Saline HS	8	East Grand Rapids HS	5	Clawson HS	4
Loy Norrix HS	8	East Lansing HS	5	Dakota HS	4
Arts & Technology Acad of Pontia	ac 7	Harper Creek HS	5	Everett HS	4
Cousino HS	7	Huron HS	5	Grosse Pointe South HS	4
Detroit Public Safety Academy	7	North Farmington HS	5	Hartland HS	4
International Academy of Flint	7	Port Huron Northern HS	5	Haslett HS	4
Muskegon Heights Academy	7	Warren Woods-Tower HS	5	Manistee HS	4
Reeths-Puffer HS	7	Woodhaven HS	5	Northville HS	4
Anchor Bay HS	7	Wylie E Groves HS	5	Orchard View HS	4
Forest Hills Central HS	7	Fordson HS	5	Standish-Sterling HS	4
Owosso HS	7	Freeland HS	5	Trenton HS	4
Ypsilanti Community	7	Garden City HS	5	Walled Lake Northern HS	4
Edsel Ford HS	7	Jenison HS	5	Bay City Western HS	4
Grand Blanc HS	7	Muskegon HS	5	Hamady HS	4
Portage Northern HS	7	John Glenn HS	5	Alpena HS	3
Western HS	7	Manchester HS	5	Bear Lake HS	3
Traverse City Central HS	7	Brighton HS	4	Bloomingdale HS	3
Kalamazoo Central HS	6	Brother Rice HS	4	Bullock Creek HS	3
Lincoln King Academy HS	6	Byron Center HS	4	Cabrini HS	3
Phoenix HS	6	Clio HS	4	Carman-Ainsworth HS	3
Royal Oak HS	6	Concord HS	4	Caro HS	3
Walled Lake Central HS	6	Constantine HS	4	Cass Technical HS	3
Walled Lake Western HS	6	Cranbrook Kingswood HS	4	Chippewa Valley HS	3
Allegan HS	6	Davison HS	4	Coopersville HS	3
Chelsea HS	6	Dearborn HS	4	Eaton Rapids HS	3
Crestwood HS	6	Flint Southwestern Classical	Acad-	Fenton HS	3
DeWitt HS	6	emy	4	Flushing HS	3
Gaylord HS	6	Fruitport HS	4	Galesburg-Augusta HS	3
Grand Haven HS	6	Hamtramck HS	4	Grand River Prep	3
L'Anse Creuse HS	6	Ionia HS	4	Grandville HS	3

mhsaa business

Holland HS	3	Waverly HS	3	Williamston HS	3
JW Sexton HS	3	Allen Park HS	3	Bedford HS	3
Kelloggsville HS	3	Belleville HS	3	Caledonia HS	3
Kingsley Area HS	3	Central Academy HS	3	Charlotte HS	3
Lake Orion HS	3	Covert HS	3	Hesperia Community HS	3
Lutheran North	3	Dexter HS	3	L'Anse Creuse North HS	3
Michigan Center HS	3	Ferndale HS	3	LakeVille Memorial HS	3
Milford HS	3	Fremont HS	3	Ludington HS	3
Oxford HS	3	Grand Ledge HS	3	Melvindale HS	3
Pontiac HS	3	Hudsonville HS	3	Memphis HS	3
Port Huron HS	3	Jackson HS	3	Pennfield HS	3
Potterville HS	3	Lincoln HS	3	Spring Lake HS	3
Ravenna HS	3	Lowell HS	3	West Bloomfield HS	3
Shelby HS	3	Lumen Christi HS	3	Western International HS	3
South Haven HS	3	Lutheran HS Westland	3		
St Mary Preparatory HS	3	Marshall HS	3		
Sterling Heights HS	3	Northview HS	3		
Thurston HS	3	Petoskey HS	3		
Traverse City West HS	3	Quincy HS	3		
Troy HS	3	Richmond HS	3		
Waterford Kettering HS	3	Utica Stevenson HS	3		

2021-22 Officials Reports Summary

			Player	Coach	Other	
Sport	Level	Praise	Ejections	Ejections	Ejections	Sportsmanship
Baseball	Varsity	7	94	54	4	2
Baseball	JV	1	25	8	0	2
Baseball	Freshmen	0	0	0	0	1
Baseball	7th & 8th	0	2	0	0	0
Boys Basketball	Varsity	5	120	27	2	2
Boys Basketball	JV	0	15	6	0	1
Boys Basketball	Freshmen	1	0	12	0	0
Boys Basketball	7th & 8th	0	7	11	2	2
Boys Football	Varsity	3	137	15	0	3
Boys Football	JV	4	42	12	0	1
Boys Football	Freshmen	0	10	0	0	0
Boys Football	7th & 8th	0	4	4	0	0
Boys Football (8)	Varsity	5	20	1	0	0
Boys Football (8)	Junior Varsity	0	4	0	0	0
Boys Lacrosse	Varsity	1	46	3	1	0
Boys Lacrosse	Junior Varsity	0	7	1	0	0
Boys Soccer	Varsity	2	213	21	2	1
Boys Soccer	Junior Varsity	0	19	3	0	0
Boys Soccer	Freshmen	0	3	0	0	0
Boys Soccer	7th & 8th	0	1	1	0	0
Girls Basketball	Varsity	1	70	7	9	7
Girls Basketball	Junior Varsity	0	19	5	0	0
Girls Basketball	7th & 8th	0	14	7	0	0
Girls Lacrosse	Varsity	3	5	1	1	2
Girls Soccer	Varsity	4	54	12	0	4
Girls Soccer	Junior Varsity	0	5	1	0	0
Girls Soccer	7th & 8th	0	0	0	0	1
Ice Hockey	Varsity	0	145	10	1	0
Ice Hockey	Junior Varsity	0	7	1	0	4
Softball	Varsity	3	2	9	0	1
Softball	Junior Varsity	0	1	1	1	0
Track & Field	Varsity	0	2	0	0	0
Volleyball	Varsity	0	1	0	1	1
Volleyball	JV	0	1	1	1	1
Wrestling	Varsity	2	42	8	2	2
Wrestling	JV	0	1	0	0	0
Wrestling	7th & 8th	0	1	0	0	0
=						

Teams Practicing Out of State Required to Submit Out-of-State Travel Form

The tradition of taking a team on a "spring trip" for practice only has gotten a new twist with the allowance that a team may scrimmage another MHSAA member school team while on a "spring trip." Any school which conducts practice sessions out of state at a site more than 600 miles round-trip must submit to the MHSAA office a Travel Form for Out-of-State Practice at least 30 days in advance of departure.

The new rule allows schools in spring sports only to compete in up to four scrimmages with another MHSAA member school team while on a spring trip. The allowance is to other MHSAA teams only and scrimmages that follow the elements of a scrimmage. This will likely save schools money as they can split the cost of renting a facility for a baseball, softball, soccer or lacrosse field.

Regulation II, Section (C) follows with most recent change in boldface: "Schools which desire to conduct practice sessions out of state at a site more than 600 drivable miles round-trip from their location must complete and submit to the MHSAA office the "Travel Form for Out-Of-State Practice" at least 30 calendar days in advance of departure (see MHSAA.com, Administrators page). No competition (scrimmage or contest against another team) is allowed except that in spring sports, two or more MHSAA member schools which have submitted the MHSAA Out-of-State Travel Form

may scrimmage or hold joint practices with other MHSAA member schools up to the maximum of four allowed scrimmage dates in that sport. These days shall count in the total of four allowed for the season. Regulation II,

Section 11 (B) and applicable interpretations regard-

ing scrimmages shall apply. Dates of competition may not be converted to scrimmages as permitted under this allowance. No more than four dates will be allowed while operating under the out-of-state travel form allowance."

MHSAA catastrophic insurance does not cover such events. The form can be found on the MHSAA Website. Pursuant to action of the Representative Council, all schools which complete this form will be listed in benchmarks at the end of the school year. A list of schools which completed the form in 2021-22 appears below.

Out-of State Travel 2021-22

FALL

GIRLS SWIMMING & DIVING

Fenton

WINTER

None

SPRING

BASEBALL

Ada Forest Hills Eastern

Birch Run

Bloomfield Hills Cranbrook

Kingswood Chelsea Coldwater Coloma DeWitt Essexville Garber

Grand Rapids Catholic Central Grand Rapids Northview

Canada: Ila

Grandville

Holland West Ottawa

Hudsonville

ua ·

Jenison

Lake Odessa Lakewood

Lowell

Midland

Mt. Pleasant Sacred Heart

Muskegon Mona Shores

Northville Okemos

Oxford

Portage Northern Richland Gull Lake

Saginaw Swan Valley

Sand Creek

Sparta

Utica Eisenhower

Vermontville Maple Valley

Watervliet

BOYS GOLF

Lansing Christian

SOFTBALL

Chelsea

Clinton

Eaton Rapids Essexville Garber

Frankfort

Hemlock

Hudsonville

Jenison

Portland

Saginaw Swan Valley

Watervliet

TRACK & FIELD

Fruitport

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC. 1661 Ramblewood Dr. EAST LANSING, MICHIGAN 48823-7392

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