

Michigan High School Athletic Association, Inc.
CROSS COUNTRY/TRACK AND FIELD COMMITTEE MEETING MINUTES
January 16, 2020 - 9:30 a.m.

Members Present:

Scott Castelee, Lansing
Lewis Clingman, Grand Rapids
Rudy Godefroidt, ATOM
Carey Hammel, Shepherd,
Doug Kelly, Dexter
Greg Lattig, Mason
Steve Linn, Deckerville
Brian Macomber, Rockford
Greg Miller, Bloomfield Hills
Jeff Offringa, Kalamazoo

Jim Okler, Grosse Ile
Phyllis Olszewski, East Jordan
Don Passenger, Grand Rapids
Eric Pace, West Bloomfield
Meg Seng, Ann Arbor
Stephanie Stephenson, Kentwood
Connor Thomas, Caro
Dan Wytko, Portage
Kevin Fleming, MATS

MHSAA Staff Present:

Nate Hampton (Recorder)
Cody Inglis

Members Absent:

Brad Jacobs, Indian River

The committee met for the purpose of reviewing specific National Federation sport rules, MHSAA tournament policies, and interpretations that are applicable to Track and Field and Cross Country during the regular season and MHSAA tournaments. The following is a review of items discussed by the committee as well as recommendations to staff for inclusion in tournament information and recommendations that will advance for Representative Council consideration.

Following the welcome, introductions, statement of committee purpose and the committee relationship to the Representative Council, the following business was conducted:

Track and Field

1. Review of 2019 Committee Minutes and Recommendations
2. Health and Safety Concerns:
 - The committee reviewed the latest rules meeting video relating to Mental Health – Be Nice and Concussion
 - Field Event Venues – supervised
 - Concussion GAP Insurance
3. MHSAA sponsorship Junior High/Middle School Regional/League or Conference competitions and or special events. MHSAA staff member Cody Inglis, shared information relating to the JH/MS Committees work with presenting sponsorship of already existing events in TR and XC. In addition, future Regional JH/MS events were discussed.
4. 2020 National Federation rules and editorial changes for Track & Field and Cross Country
5. Officials PAL – The committee reviewed the updated official's pal, which included the waterfall start and cut in for races 800m and longer.
6. Additional Qualifying Standards for Track and Field Regionals and Finals were reviewed.
7. Participating School Tournament Information and Manager Materials – The committee reviewed both documents.
8. 2020 Track and Field Final Sites:
 - Division 1: East Kentwood HS
 - Division 2: Zeeland Stadium
 - Division 3: Jenison HS
 - Division 4: Hudsonville Middle School
9. 2020 Rules Meeting Material reviewed
10. Coaches being allowed on infield at Final meets

Cross Country

1. Review of 2019 Cross Country Tournament
 - Timing with Image Based Results
 - Live Results

- Course changes determined based on weather
2. 2020 Cross Country Calendar:
 - LP Finals – Michigan International Speedway – Sat., Nov. 7
 - UP Finals – Marquette HS – Sat., Oct. 24
 - LP Regionals – Oct. 30 or 31
 - First Practice – Aug. 12
 - First Competition – Aug. 21
 3. Site Selection Committee – May 6, 2020
 4. Cross Country Finals Timing – The MHSAA will consult with interested parties to determine a timing provider that will comply with our requirements.
 5. Cross Country Regional Finish – Discussions centered on establishing a standard of Regional Finish that will provide an image based system.

Recommendations to MHSAA Staff

1. MHSAA Handbook Edits:
 - Page 95 Remove Note 2 Field Events
 - Page 95 List only 4kg for boys shot put
 - Page 117 TR/XC Events remove 800m Relay
2. Track and Field Finals Meet - Create coach's box on infield for running event coaches. (19-0)
3. Track and Field Saturday Regionals – Allow meets to start at 10:00 am and allow a minimum of ½ hour between Boys and Girls Field Events. (19-0)
4. Cross Country Regional Timing – Establish that Regional host and timer will have, as a backup, an image based video system. (17-0)

Recommendations to the Representative Council

Cross Country - Modify Finals Qualification to include a minimum of seven individual qualifiers from each Regional. All individuals receiving a medal (top 15) would advance. If the number of individual medalist is less than seven, then the additional qualifiers (up to 7) would be taken from the individual runners following 15th place. (17-0)