

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION
REGIONAL CROSS COUNTRY INFORMATION
Regions #19-3 and #28-4
October 31, 2020
Hosted by East Jordan High School

Location

The regional cross country championship will be held at the East Jordan Community Park. The park is located at 805 Maple Street in East Jordan, which is approximately 1 - 1 $\frac{1}{2}$ miles south of East Jordan High School on M-32 Highway.

Admission

An admission charge of \$6.00 per person or \$10 per car will be charged. Per MHSAA and East Jordan Public Schools policies, pets, tobacco, vaping and alcohol products are not allowed on the grounds of MHSAA tournaments or at or on East Jordan Public Schools or at events hosted by East Jordan Public Schools. Please inform your spectators!!

Parking

There is spectator parking on site. There will be a designated drop off and pick up area for school transportation.

Tent/Shelter Area

An area will be designated for the set up of team tents/shelters. Please be sure your tents/shelters are within this area, but socially distanced, or you will be asked to relocate them. On site grilling will not be permitted.

Schedule of Events

7:30 a.m. Park will open - Coaches may pick up race day packets, athletes may preview the course
8:30 a.m. Division 3 Coaches Meeting
9:00 a.m. Division 3 Boys Race
9:45 a.m. Division 3 Girls Race
10:45 a.m. Division 4 Coaches Meeting
11:15 a.m. Division 4 Boys Race
12:00 p.m. Division 4 Girls Race

Course Map

A map of the course is enclosed and will also be available on race day.

Box Assignments

Running assignments will be given out on race day at the coaches meeting.

Regional Entries

Eight teams per regional (56 entries) and 14 individual qualifiers per gender will comprise the regional. Entries will be transferred from the pre-regional meet to the regional meet via www.athletic.net.

Merchandise/Concessions

Limited concessions will be available and official MHSAA merchandise will be available for purchase on site.

Team Qualifiers to Final Meet

Five runners must finish a Regional run for a school to receive a team score. The top three teams will advance from the Regional to the Finals.

Individual Qualifiers to Final Meet

The next seven individuals not on one of the qualifying teams, per gender per division, will advance to Finals. For a school that advances five or more individuals, but finishes outside of the top three teams, those competitors will not be considered a team but five or more individuals who would compete individually at the Final meet.

Awards

Awards will be presented at the conclusion of the last race in each division. A first place trophy will be presented to each gender in each division. The first place team will receive seven (7) team medals. Fifteen (15) individual medals will be presented in each division for each gender.

Questions/Information

Please contact Phyllis Olszewski at (231) 536-2441 or (231) 499-3461.



Fields

Tree

1600 meters (1st loop)

loop

To 13th loop

Trail

Car Parking

Concession Stand

Start

Directions

* 1 "small" loop

* 2 "big" loops

(H. School)

* 1 "small" loop

loop

* 1 "big" loop

(M. School)

Soccer Fields

Finish

Telephone Pole

Trail

Car Parking

East Jordan Cross Country Course 5,000 meters

