



REPRESENTATIVE

COUNCIL MEETING

MAY 4, 2020

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MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

REPRESENTATIVE COUNCIL MEETING

East Lansing, May 4, 2020

Members Present:

Eric Albright, Midland
Jay Alexander, Detroit
Nicole Carter, Novi
Scott Grimes, Grand Haven
Vicky Groat, Battle Creek
Don Gustafson, St. Ignace
Kris Isom, Adrian
Sean Jacques, Calumet
Karen Leinaar, Bear Lake
Mark Mattson, Maple city
Will McKoy, Romulus
Jason Mensing, Ottawa Lake
Vic Michaels, Detroit
Chris Miller, Gobles
Steve Newkirk, Clare
Chris Riker, Portage
John Thompson, Brighton
Alex Tiseo, Marquette

Also Present:

Scott Eldridge, Lansing
Bill Zaagman, Lansing

Staff Members Present:

Tony Bihn
Jordan Cobb
Andy Frushour
Nate Hampton
Dan Hutcheson
Cody Inglis
John Johnson
Geoff Kimmerly
Andi Osters
Tom Rashid
Brent Rice
Adam Ryder
Mark Uyl (Recorder)
Kathy Westdorp
Karen Yonkers

Member Absent:

Kyle Guerrant, Lansing

Accounts of Meetings – Motion by Karen Leinaar, supported by Don Gustafson, to approve the minutes of the Representative Council meeting of March 27, 2020; and the Executive Committee meeting minutes of March 26 and April 22, 2020. Adopted.

REPORTS

National Federation of State High School Associations – Due to the COVID-19 pandemic, the Reaching Higher events in basketball and girls volleyball will not be held in the summer of 2020. This includes the NFHS/NCAA-approved summer programs in boys basketball.

Legislation – Bill Zaagman reported that differing viewpoints currently exist between the Governor's office and the legislature. He added that extremely tough times are ahead for Michigan from a budget standpoint with an early estimate of a \$2 billion revenue shortfall in fiscal year 2019 and a \$3 billion revenue shortfall in fiscal year 2020. While the exact impact has not been determined, this will create challenges for K-12 funding moving forward.

Litigation – Scott Eldridge reported that the MHSAA is not involved in public, legislative or judicial challenges.

Other Reports – Year-ending reports traditionally presented to the Council at this meeting will be emailed to the Council for review in the weeks ahead.

ONGOING BUSINESS

COVID-19 Emergency Issues – The council discussed adjustments and took action on *MHSAA Handbook* regulations which are attached to these minutes as Appendix “1” and will be referenced in the *2020-21 Handbook*. Adjustments were made to cooperative program renewals and fall and winter cooperative agreement application deadlines by the Executive Committee on April 22, 2020. The Council waived or modified the 2020-21 preparticipation physical exam requirement, 2020 first semester/trimester previous academic credit record regulation, and the summer 2020 dead period. The Council discussed but made no changes to out-of-season regulations during the school year and in the summer except to authorize MHSAA staff to permit upon the request of the school athletic director, the limited wearing of school competition uniforms in the summer of 2020 by school teams or individuals for certain competitions designed to recognize graduating 12th-graders. The Council briefly discussed contingencies for fall sports if social distancing and no crowds/gatherings are permitted at events. A tentative June 2020 date for an additional full Representative Council meeting was placed on members’ calendars in the event more discussion is needed during this fluid time. See Appendix “1” for full details.

Seeding, MPR and First-Year Experiences – The Representative Council reviewed first-year experiences with seeding and MPR being used in boys soccer, girls basketball and boys basketball. Discussion included the positive impact of separating the #1 and #2 seeds in opposite sides of the bracket while also noting that the seeded teams not being guaranteed byes and home games was confusing.

Motion by Karen Leinaar, supported by Vic Michaels, to keep the current process for the 2020-21 school year and revisit it before making possible modifications for the 2021-22 school year. Defeated.

Motion by John Thompson, supported by Don Gustafson, to ensure that all brackets in all sports using the MPR seeding methodology to identify the top two seeds be drawn to guarantee the seeded teams receive byes if a bye exists in that bracket. If one bye is in the bracket, it shall go to the #1 seed. If two byes are in the bracket, the byes will go the #1 and #2 seeds. Home games are still not guaranteed for seeded teams. Adopted.

Football and Basketball Quarters – Staff presented a document that included the player limitations in the surrounding states of Ohio, Indiana, Illinois and Wisconsin in basketball (number of allowed quarters in a day) and football (number of allowed quarters in a week). This data was provided for background as the Representative Council considered basketball and football quarter limitation proposals in both sports later in the agenda of this meeting.

Topics for the Fall Tour – Staff reported that plans are underway for a “normal” fall Update tour schedule but alternative plans will be ready should remote or virtual communication be necessary if the COVID-19 pandemic will not allow face-to-face meetings to be conducted. Topics for discussion and input will include common start dates for fall practices, lessons of the pandemic in terms of remote learning and instruction, the possible use of school transportation in the summer, classification and cooperative program limits, out-of-season regulations, basketball contest limitations and the length of the girls volleyball season. Council members were encouraged to share any other suggested topics to staff for consideration and addition to the Update program.

REGULATIONS

Regulations I through V of the *MHSAA Handbook* and their interpretations were submitted for review by the Representative Council.

Motion by Karen Leinaar, supported by Steve Newkirk, to approve the consent package of miscellaneous changes for the purpose of organization, clarity or updating and to incorporate changes or interpretations previously adopted by the Representative Council. Adopted.

Regulation I, Section 9(D & E) – Motion by Kris Isom, supported by Don Gustafson, to approve the following changes:

Section 9(D) – Athletic-Motivated Language – Even if the student's circumstances subsequently satisfy one of the exceptions to Section 9(A) that would normally allow a transfer student immediate eligibility, the school from which the student has transferred may make an allegation of an athletic-motivated transfer and, if confirmed, the student shall remain ineligible pursuant to Section 9(B) 1. A residential change (Exception 1) must be full and complete in the same period of time as enrollment to meet this exception. If an allegation is made and confirmed, the student will be ineligible in the sport involved.

Section 9(E) – Athletic-Related (Links Rule) Language – Even if the student's circumstances subsequently satisfy one of the exceptions to Section 9(A) that would normally allow a transfer student immediate eligibility, the student shall remain ineligible pursuant to Section 9(B) at this MHSAA member school in the sport(s) involved. A residential change (Exception 1) must be full and complete in the same period of time as enrollment to meet this exception. If one of the circumstances existed during the previous 12 months, the student will be ineligible in the sport involved. A residential change where the student is following a newly-hired coach does not permit eligibility regardless of the date of enrollment or actual residential change. A residential change where a student is following a newly hired coach (Point 5 of this section) does not permit eligibility in the sport involved, regardless of the timing of the residential change and enrollment.

Regulation I, Section 9, Interpretation 84 a – Motion by Chris Miller, supported by Steve Newkirk, to approve the following changes, to clarify the eligibility of students from Approved International Student Programs who are not enrolling at their school of residence or closest non-public or charter school:

84. To be immediately eligible for interscholastic scrimmages or contests, an international student, including a 9th-grader enrolling for the first time, must either (a) qualify under Exception 1, 2, 3, 5, 8, 12 or 13, or (b) have a current J-1 or F-1 visa and be enrolled through an MHSAA Approved International Student Program, and in both cases be eligible under all MHSAA regulations.

a. Eligibility for an international student under Exception 1, 2, 3, 5, 8, 12 or 13 is immediate and not time-limited under Interpretation 84 b or level-limited under Interpretation 85. Interpretation 62 (residency) applies. An AISP student not enrolled in accord with Interpretation 62 (public school of residence or closest nonpublic or charter school of the host family) is subject to Interpretation 85, subvarsity eligibility after 90 scheduled school days.

Adopted.

Regulation II, Section 8, Interpretation 204 e – Motion by Steve Newkirk, supported by Chris Riker, to approve the following, to allow schools to modify uniform playing rules without MHSAA permission for a student’s religious beliefs:

Interpretation 204 e. Schools may permit the wearing of head adornments such as a hijab or leggings covering the legs because of firmly held religious reasons by the student without advance MHSAA approval. Head adornments must be securely fastened and not affixed with any non-yielding fasteners (i.e., pins). Hijabs and leggings must be of a single color and not be a safety risk for the student or opponents.

Adopted.

Regulation II, Section 11(H) 2 b (1) – Summer Travel Rule – Motion by Vic Michaels, supported by Chris Miller, to approve the following (underlined is new):

In the six sports governed by summer competition limits (basketball, football, ice hockey, lacrosse, soccer and girls volleyball), permit travel to an event out of state that is within the MHSAA travel rule (300 miles one way or a state that borders Michigan) and allow participation against any team which may be present, regardless of that out-of-state team’s travel.

These 15 (or 7) days of competition in the summer with the school’s coaches of the sport present are subject to the same out-of-state travel limits that apply to school teams during the school season under Regulation II, Section 6, except for camps conducted within Michigan. When “summer teams” travel out of state to a site within the 300-mile one-way MHSAA travel limitation and teams are present from other states that exceed the MHSAA travel limit, MHSAA “summer teams” may participate against any team at the event.

Adopted.

Classification Procedures, Item 10 – Motion by Sean Jacques, supported by Karen Leinaar, to add the following Classification Committee recommendation (underscored) to the *MHSAA Handbook* regarding fifth-year seniors taking college-level classes:

10. Students enrolled in a high school and taking classes at the college level shall be counted by the high school for classification purposes excluding those students enrolled in college level courses whose eligibility is exhausted under Regulation I, Section 5 (eight-semester rule).

Adopted.

JUNIOR HIGH/MIDDLE SCHOOLS

Motion by Steve Newkirk, supported by Don Gustafson, to approve the Junior High/Middle School Committee recommendation to conduct regional cross country meets at eight different sites across the state, based upon the “zones” of the MHSAA, except that this will begin with the 2021-22 school year. Adopted.

OFFICIALS

Assistant Director Brent Rice updated the Council on registration numbers for the 2019-20 school year and the registration process for officials for the 2020-21 school year.

Motion by Karen Leinaar, supported by Kris Isom, to approve the Officials Review Committee recommendation to adopt language that specifies that a host school shall be reimbursed for officials fees from a non-host school that is responsible for a cancellation due to a non-act of God, including events where a reduction of officials is involved (e.g., volleyball tournament with no-show teams). Impacted MHSAA tournaments are included. Adopted.

Motion by Mark Mattson, supported by Chris Miller, to approve the Officials Review committee recommendation to add a requirement for the completion of an NFHS sportsmanship course as a stipulation for coaches and players to return to competition after having been ejected from a contest. Adopted.

Motion by Vic Michaels, supported by Kris Isom, to delay approval of the Officials Review Committee recommendation to adjust the officials rating system for the 2021-22 school year to encourage more ratings from schools, provide more specificity to officials for areas of improvement and to get a better understanding of an official's overall body of work. Adopted (no change).

Motion by Karen Leinaar, supported by Vic Michaels, to approve the Officials Review Committee recommendation to mandate, for the 2021-22 school year, the completion of the 2021-22 school year rules meeting for an MHSAA registered official to be eligible to officiate high school contests. Adopted.

COMMITTEES

In mid-May, the Council will be supplied with a description of MHSAA committees, a review of the committee appointment procedures adopted by the Representative Council, a list of those who had identified themselves as candidates for committees in 2020-21, a list of schools not represented on any committees for the past five years, and a list of those who had declined committee appointments in 2019-20. Council members will be encouraged to submit nominations for committees, making special efforts to provide nominations from superintendents, principals, small schools, females and minorities, and any school that has not been represented in recent years. The staff will compile the suggestions and submit them to the Executive Committee for review and appointment.

Names of committee members selected to serve during the 2020-21 school year will be published in *benchmarks*. The only exceptions are those committees involving the selection of tournament officials and award recipients. Some committees were identified as having converted to online and email or conference call formats. It is possible that, due to the pandemic crisis, some or all MHSAA 2020-21 meetings may be virtual.

SPORTS ACTIVITIES

Baseball – Motion by Vic Michaels, supported by Kris Isom, to approve the Baseball Committee recommendation to add a suspended game policy to the MHSAA playing rule adoptions for baseball in the *MHSAA Handbook*. This policy provides that, by default, a game will be suspended any time the game is called before it reaches regulation, or if called any time when the score is tied. If both schools agree, a game called prior to regulation may be replayed in its entirety. Adopted.

Basketball – Motion by Steve Newkirk, supported by Jason Mensing, to approve the Basketball Committee recommendation to allow students to participate in no more than five quarters per day; no more than three dates per week; no more than 20 dates per team; and no more than 20 dates per individual. Adopted.

Motion by Karen Leinaar, supported by Kris Isom, to not approve the Basketball Committee recommendation to allow 22 games during the regular season and remove two of the four allowed scrimmage dates. Adopted (no change). The concept will be discussed among constituents in 2020-21.

Girls Competitive Cheer – Motion by John Thompson, supported by Chris Miller, to approve the following Girls Competitive Cheer Committee technical recommendations:

- Allow at the high school level to transition to stunts or loads from the flatback position.
- Allow at the high school level for bases to rotate or move while the flyer is in the inverted position (in a static inversion) and to provide for the allowance of additional flairs at the point of the static inversion.

Adopted.

Motion by Karen Leinaar, supported by Kris Isom, to approve the Girls Competitive Cheer Committee recommendation to provide three safety judges (currently two) and five panel judges at Regional tournaments. Adopted.

Motion by Kris Isom, supported by Vic Michaels, to approve the Girls Competitive Cheer Committee recommendation to provide the additional option for officials to wear a specified black quarter-zip with MHSAA logo. Adopted.

Motion by Karen Leinaar, supported by Steve Newkirk, to approve the Girls Competitive Cheer Committee recommendation to allow middle school teams to increase the number of competitions to three per week (currently two), as long as one of the three is on a non-school day or a day not followed by school (Monday through Sunday). Adopted.

Cross Country/Track & Field – Motion by Steve Newkirk, supported by Kris Isom, to approve the Cross Country/Track & Field Committee recommendation to modify the Cross Country Finals qualification to include a minimum of seven individual qualifiers from each Regional. All individuals receiving a medal (top 15) would advance. If the number of individual medalists is less than seven, then the additional qualifiers (up to seven) would be taken from the individual runners following 15th place. Adopted.

Football – Motion by Vic Michaels, supported by Chris Miller, to not approve the Football Committee recommendation to increase the number of players a school coach can work with in sport-specific coaching out of season during the school year from four to eight. Adopted (no change).

Motion by Karen Leinaar, supported by Mark Mattson, to approve the Football Committee recommendation to allow schools in the summer to have 15 dates of non-mandatory activity with an unlimited number of players (in helmets only). Schools could use these dates as they see fit (i.e., practice, 7-on-7). The allowance for a camp would no longer be necessary. No more than 7 of these 15 dates can be used for summer competition (7-on-7). Adopted.

Motion by Don Gustafson, supported by Jason Mensing, to approve the following modified Football Committee recommendation regarding participation of students by quarters:

- A 9th-12th grade student is limited to playing:
 - A maximum of 4 quarters in 1 day.
 - A maximum of 5 quarters per week.

Adopted.

Motion by Steve Newkirk, supported by Chris Miller, to approve the Football Committee recommendation that when a team leads an opponent by 50 points at any time in the game, the clock will run continuously except for official timeouts for injured players. The current protocol is only in the second half when the point spread is 50. The 35-point running clock in the second half with stoppage of play for penalty enforcement is still in effect until the differential reaches 50 points. Adopted.

Girls Gymnastics – Motion by Karen Leinaar, supported by Chris Miller, to approve the Girls Gymnastics Committee recommendation that the Finals will have a start time of 2 p.m. at the Friday Team Finals unless the host facility cannot meet these guidelines due to current school schedule conditions. If this occurs, the MHSAA Team Finals event will start no later than 4 p.m. In either case, the Saturday Individual Finals competition will remain a Noon start. Adopted.

Ice Hockey – Motion by Sean Jacques, supported by John Thompson, to approve the Ice Hockey Committee recommendation that all members of the high school hockey coaching staff must wear HECC certified helmets while on the ice for practice. Adopted.

Motion by Karen Leinaar, supported by Kris Isom, to approve the Ice Hockey Committee recommendation to seed the top two teams at the Regional level and place them on opposite sides of the bracket. Seeds will be determined by the MHSAA's MPR computer formula. The random draw will be conducted and published by the MHSAA on the Sunday 10-15 days prior to the start of the Regional tournament (and include all results through that Saturday). Brackets in all sports using the MPR seeding methodology will identify the top two seeds and will guarantee the seeded teams receive byes if a bye exists in that bracket. If one bye is in the bracket, it shall go to the #1 seed. If two byes are in the bracket, the byes will go the #1 and #2 seeds. Home games are still not guaranteed for seeded teams. Adopted.

Motion by Karen Leinaar, supported by Chris Riker, to not approve the Ice Hockey Committee recommendation to reseed the teams at the Semifinal level after Quarterfinal games have been played and place them on opposite sides of the bracket. This would mean that the top ranked team would play the fourth highest seeded team and the second highest seed would play the third highest seeded team in each of the three divisions. Seeds would be determined by the MHSAA's MPR computer formula. The MHSAA would conduct this reseeding on Monday of the week of the MHSAA Hockey Finals. Adopted (no change). Staff will work with the Ice Hockey Committee on developing possible future selection criteria for reseeding teams at the Semifinal level should this concept be advanced again in the future.

Alpine Skiing – Motion by Kris Isom, supported by Don Gustafson, to approve the Ski Committee recommendation that if an individual skier qualifies in one discipline (giant slalom or slalom) at the MHSAA Regional, the skier will ski both disciplines at the MHSAA Final. Adopted.

Soccer – Motion by Vic Michaels, supported by John Thompson, to approve the Soccer Committee recommendation to amend the Limited Team Membership rule for girls soccer only to allow students to compete in scrimmages at a maximum of two college ID camps (including visits and play dates) during the spring girls soccer season. Adopted.

Swimming & Diving – Motion by Steve Newkirk, supported by Vic Michaels, to approve the Swimming & Diving Committee recommendation to allow an exception to NFHS Swimming & Diving Rule 3-3-3 that would permit swimmers to wear caps that read “State Team” for both regular season and postseason competition. Adopted.

Motion by Kris Isom, supported by Chris Riker, to approve the Swimming & Diving Committee recommendation to divide the number of qualifiers that advance to Finals (36) by the total number of divers who enter Regionals in each division. Apply this percentage to each Regional to determine number of slots that advance. Within each division, the same percentage of divers would advance from each Regional qualification meet to the Finals, resulting in 36 divers at each Final. Adopted.

Tennis – Motion by Vic Michaels, supported by Chris Riker, to approve the Tennis Committee recommendation to play the Final tournament on Friday and Saturday unless there are conflicts with the host facility, in which case the tournament location with the conflict would be scheduled for Thursday and Friday. Adopted.

Motion by Karen Leinaar, supported by Kris Isom, to approve the Tennis Committee recommendation that host schools may schedule Regionals on any day, Wednesday through Saturday, during the week of Regionals. Regionals currently take place Thursday through Saturday. Adopted.

Motion by Steve Newkirk, supported by Jason Mensing, to not approve the Tennis Committee recommendation that when the MHSAA determines that the number of Regionals will be reduced from eight to seven, or even six, there will be three automatic qualifiers from each Regional to the Finals with additional qualifiers advancing if they earn 18 points (nine or more schools) or 10 points (eight or fewer schools). Adopted (no change).

Motion by Karen Leinaar, supported by Kris Isom, to not approve the Tennis Committee recommendation to allow Regional #1 Doubles finalists to qualify for the Finals. The #1 Doubles finalists on a non-qualifying team may advance to the MHSAA Finals if their team’s #1 Singles player also qualifies. Adopted (no change).

Girls Volleyball – Motion by John Thompson, supported by Vicky Groat, to not approve the Girls Volleyball Committee recommendation that, beginning in the 2021-22 school year, the volleyball season be abbreviated by one week and practice would begin for the season on the 16th Monday before Thanksgiving (Aug. 16, 2021). Semifinals and Finals would be held Nov. 11-13, 2021. Teams would still be permitted 18 dates of competition over the course of 14 weeks. Adopted (no change). The proposal will be discussed among constituents in 2020-21.

OPERATIONS

Calendar – Motion by Chris Miller, supported by Sean Jacques, to approve the Quick Reference Calendars for 2020-21 and 2021-22 school years, reflecting changes required by other Representative Council action. Adopted.

Allen W. Bush Award – Council members were invited to vote for up to three candidates from the six presented. The award winners will be notified in May and honored at events important to them during the fall of 2020 or early in 2022. The recipients will be featured in the fall issue of *benchmarks*.

Future Meetings – The next meeting of the Representative Council is Dec. 4, 2020, at the MHSAA office in East Lansing. The March meeting of the Representative Council will be the morning of Friday, March 26, 2021 in East Lansing. The May meeting of the Council will be Sunday and Monday, May 2 and 3, 2021 at Treetops Resort in Gaylord.

Budget – Staff provided a report that summarized the impact of COVID-19 on current year finances and its impact on budget planning for 2020-21 with losing the last two and one-half weeks of winter tournaments, all of spring tournaments and other operational expenses. The negative impact of the pandemic is roughly \$900,000 to the association. Financial reports through April were presented to the Council which included an update on cash reserves, investments and a year-by-year summary of operating profits/deficits.

Motion by John Thompson, supported by Steve Newkirk, to approve the 2020-21 revenue, expense and capital improvements budgets, all of which would result in additions in cash of \$316,869. Items of note in the budget included no increase in any ticket prices, freeze in staff compensation, credit of spring sport officiating fees (baseball, softball, lacrosse), change in the Predistrict football revenue formula, making the splits consistent with the District and Regional rounds, and a delay in capital purchasing and building improvements. Adopted. Staff has identified an additional list of potential cuts should the fall and/or winter seasons in 2020-21 not be normal from an operational standpoint due to the ongoing pandemic.

As Enacted by the Representative Council, Spring 2020

No regulation or adjustment shall supersede any government or health department orders.

Cooperative Programs (Regulation I, Section 1, Interpretations 12 & 14): All cooperative programs due to renew for the 2020-21 school year will be automatically renewed for two school years. A league may dissolve an agreement with notification to the MHSAA and schools, as in the past. The deadline for new Cooperative Agreement Applications, including those which add a new school to an existing program, has been extended for fall sports (except football) until June 1, 2020, and for winter sports to Sept. 15, 2020. No fall sports agreements will be approved after the Executive Committee meets on June 10, 2020. Spring sport agreements must be submitted by the original Oct. 15, 2020 deadline.

Preparticipation Physical Examinations (Regulation I, Section 3 and Interpretation 20): For the 2020-21 school year the MHSAA pre-participation sports physical requirement will be waived for students in any grade who received a valid physical for sports during the 2019-20 school year (one completed on or after April 15, 2019). These students and their parents/guardians will be required to complete the two-page **MHSAA SPORTS HEALTH QUESTIONNAIRE** found on MHSAA.com (and following this page). These must be signed by student and parent/guardian and kept on file in the school. Students who did not receive a sports physical in the 2019-20 school year or later must have a valid physical examination form on file. If a student is discovered to have participated without a valid physical or Health Questionnaire on file, the student shall not be eligible to participate until a valid physical or Health Questionnaire is on file. The penalties of Regulation V, Section 4 (forfeiture) will not be applied in this situation for contests played prior to the discovery during the 2020-21 school year. Note: A valid physical and Health Questionnaire shall also include the elements of Regulation I, Section 3-A (information otherwise protected by FERPA and HIPAA, parent/student consent and assumption or risk and concussion awareness). A school may still require that a student or all students complete a valid physical requirement, as in the past. (*Motion by Karen Leinaar, supported by Don Gustafson, to approve. Adopted.*)

Previous Academic Credit Record (Regulation I, Section 7): Each school shall determine the eligibility of students under this rule for sports played in the fall of 2020. The MHSAA minimum eligibility requirement is waived for sports played in the fall of 2020-21. A school has the option to consider a student determined to be ineligible to become eligible when a deficiency of credit is made up and posted to the transcript, or on the 61st school day, as in the past. MHSAA regulations have always accepted pass-fail credit as opposed to a letter grade or GPA, and that has not changed. The previous academic credit record regulation will reactivate at the beginning of the second semester or second trimester of the 2020-21 school year. The current academic credit record regulation (weekly or quarterly grade checks) has not changed and is set by each school, as under Regulation I, Section 8. (*Motion by Steve Newkirk, supported by Vic Michaels, to approve. Adopted.*)

Summer Dead Period (Regulation II, Section 11): In the summer of 2020, a school or school district may waive the requirement of the seven-day summer dead period entirely, shorten (e.g., July 3-5) or set different dead periods for specific sports (e.g., by season). A league may also set a league-wide summer dead period. The MHSAA will not require the seven-consecutive-day summer dead period in the summer of 2020. All out-of-season activity remains voluntary. (*Motion by Jason Mensing, supported by Chris Miller, to approve. Adopted.*)

Out-of-Season Coaching Limitations (Regulation II, Section 11): There are no changes to out-of-season regulations during the summer of 2020 or 2020-21 school year due to the pandemic. Current rules state that school transportation may not be used and school general funds may not be used (booster club or fundraised money is permitted up to \$200 per student, per sport in the summer). School competition uniforms may not be worn by teams or individuals. The Representative Council authorized the MHSAA staff to permit, for spring sports playing during the summer, the limited wearing of school uniforms for an event used to commemorate the graduating seniors of 2020. The request must come from the athletic director and will not be approved for events sponsored by non-school entities or for competition that is or purports to be a replacement for an MHSAA championship tournament.

Provided government and health department orders allow, summer rules begin on Monday, June 1, 2020, where voluntary sport practices may occur with unlimited numbers of players (seven in football). Summer competitions are allowed as under current regulations (15 dates in team sports, 7 in football), and participation by graduated 12th-graders is also allowed. (*Motion by Karen Leinaar, supported by Jason Mensing, to approve. Adopted.*)

SAMPLE

MHSAA SPORTS HEALTH QUESTIONNAIRE



Date _____ / _____ / _____
 Name _____ Age _____ Birth Date _____ / _____ / _____
 Grade _____ School _____ Sport(s) _____
 Address _____
 Phone _____ Date of Last Sports Qualifying Physical Exam _____ / _____ / _____

Check Yes or No boxes for each question.

Since your last complete Sports Qualifying Physical Exam with your physician, **HAVE YOU HAD ANY CHANGES TO THE FOLLOWING QUESTIONS?**

- | | YES | NO |
|--|--------------------------|--------------------------|
| 1. Has a doctor ever restricted or denied your participation in sports for any reason without clearing you to return to sports?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Has a doctor ever told you that you have any heart problems or requested a test for your heart (ECG or echocardiography)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. In the last year, have you ever passed out or nearly passed out during or after exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. In the last year, have you had discomfort, pain, tightness, or pressure in your chest during exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. In the last year, did your heart race, flutter in your chest or skip beats (irregular beats) during exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. In the last year, did you get light-headed or feel more short of breath than expected during exercise?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. In the last year, have you had an unexplained seizure?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. In the last year, has anyone in your immediate family died suddenly and unexpectedly for no apparent reason?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. In the last year, has any family member or relative died of heart problems or had an unexpected or unexplained sudden death before age 35 (including an unexplained drowning or an unexplained car accident)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. In the last year, has anyone in your immediate family had instances of unexplained fainting, seizures, or near drowning?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. In the last year, has anyone in your immediate family been diagnosed with a genetic heart problem such as hypertrophic cardiomyopathy (HCM), Marfan Syndrome, arrhythmogenic right ventricular cardiomyopathy (ARVC), long or short QT Syndrome, Brugada Syndrome, or catecholaminergic polymorphic ventricular tachycardia (CPVT)?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. In the last year, has anyone in your immediate family under age 35 had a heart problem, pacemaker, or implanted defibrillator?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. In the last year, have you had a head injury or concussion that still has symptoms like continuing headaches, concentration problems or memory problems?..... | <input type="checkbox"/> | <input type="checkbox"/> |

Parents or Legal Guardians: Please note below any health concerns, medications, or allergies that may be important for the coaches and/or athletic director to know (attach additional notes if space below does not allow for complete comments).

**I do not know of any existing physical or additional health reason that would preclude participation in sports.
 I certify that the answers to the above questions are true and accurate and I approve participation in athletic activities.**

Parent or Legal Guardian Signature

Athlete Signature

Date

Athletic Director Notes: (A YES answer to any of the questions above requires a clearance note from a physician prior to participation.)

Sports Qualifying Exam Due: _____ / _____ / _____ **CLEARED FOR SPORTS: YES NO**

Reference: Preparticipation Physical Evaluation (Fifth Edition): AAFP, AAP, ACSM, AMSSM, AOSSM, AOASM; AAP, 2019

----- (DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE) -----

EMERGENCY INFORMATION: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD

Student: _____ Grade: _____ Doctor: _____ Phone: () _____

IN EMERGENCY (1): _____ Home #: () _____ Cell #: () _____

IN EMERGENCY (2): _____ Home #: () _____ Cell #: () _____

Drug Reactions: _____ Current Medications: _____

Allergies: _____



SAMPLE

MHSAA SPORTS HEALTH QUESTIONNAIRE - CONSENT - INSURANCE

Shaded headline areas are to be completed by student, parent/guardian or 18-year-old

There are FOUR (4) signatures on this page 4 to be completed by student, parent/guardian and/or 18-year-old

Student _____ last _____ first _____ middle initial _____

Student _____ street _____ city _____ zip _____

Gender: M F Age: _____ Date of Birth: _____ Place of Birth (City/State): _____

School: _____ Circle Grade: **6 7 8 9 10 11 12**

Father/Guardian Name: _____

Phone (home): _____ (work): _____ (cell): _____

Mother/Guardian Name: _____

STUDENT PARTICIPATION & PARENT or GUARDIAN or 18-YEAR-OLD CONSENT

The information submitted herein is truthful to the best of my knowledge. By my/my child's signature below, I/we acknowledge that I/we have received concussion educational information that meets Michigan Department of Health and Human Services and MHSAA requirements.

Further, in consideration of my/my child's participation in MHSAA-sponsored athletics, I/we do hereby agree, understand, appreciate, and acknowledge: that participation in such athletics is purely voluntary; that such activities involve physical exertion and contact and that there is inherent risk of personal injury associated with participation in such activities, which risk I/we assume; and that I/we agree to, and hereby waive any and all claims, suits, losses, actions, or causes of action against the MHSAA, its members, officers, representatives, committee members, employees, agents, attorneys, insurers, volunteers, and affiliates based on any injury to me, my child, or any person, whether because of inherent risk, accident, negligence, or otherwise, during or arising in any way from my/my child's participation in an MHSAA-sponsored sport.

I/we understand that I am/we are expected to adhere firmly to all established athletic policies of my school district and the MHSAA. I/we hereby give my consent for the above student to engage in interscholastic athletics and for the disclosure to the MHSAA of information otherwise protected by FERPA and HIPAA for the purpose of determining eligibility for interscholastic athletics. My child has my permission to accompany the team as a member on its out-of-town trips.

1 Signature of STUDENT: _____ Date: _____

2 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: _____ Date: _____

INSURANCE STATEMENT

Our son/daughter will comply with the specific insurance regulations of the school district.

The student-athlete has health insurance: YES NO

If YES, Family Insurance Co: _____ Insurance ID #: _____

Additionally, I hereby state that, to the best of my knowledge, my answers to the medical health questions (see reverse) are complete and correct.

3 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: _____ Date: _____

----- (DETACH HERE IF NEEDED TO ACCOMPANY STUDENT-ATHLETE) -----

MEDICAL TREATMENT CONSENT: COMPLETED BY PARENT or GUARDIAN or 18-YEAR-OLD

I, _____, an 18-year-old, or the parent or guardian of _____, recognize that as a result of athletic participation, medical treatment on an emergency basis may be necessary, and further recognize that school personnel may be unable to contact me for my consent for emergency medical care. I do hereby consent in advance to such emergency care, including hospital care, as may be deemed necessary under the then-existing circumstances and to assume the expenses of such care.

4 Signature of PARENT or GUARDIAN or 18-YEAR-OLD: _____ Date: _____