



# media information



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FOR IMMEDIATE RELEASE

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## Captains Clinics Underway For 2007-08

**EAST LANSING, Mich. – Oct. 23** – To provide sophomore and junior grade level student-athletes the tools to become better equipped team captains, the Michigan High School Athletic Association will again provide a series of student leadership workshops for entire leagues and conferences throughout the 2007-08 school year.

This is the third year that the Association, working with the Youth Sports Institute at Michigan State University, will provide multiple clinics. The first clinic took place on October 15 in Marquette for Upper Peninsula schools. Additional Captains Clinics will be conducted this fall for three conferences according to the following schedule:

- Southwestern Michigan Athletic Conference schools at Holiday Inn West in Kalamazoo, October 30
- Oakland Activities Association schools at Berkley High School, November 2
- Greater Thumb Conference at Unionville-Sebewaing High School, November 9

The clinic series will resume in February with six additional clinics. Upwards of 2,000 students from 200 schools are expected to attend this year's Captains Clinic series.

The opening session of each clinic focuses on the roles and responsibilities of the team captain. Breakout sessions cover topics such as building a cohesive team, motivating teammates and communicating with coaches. In the closing session, students create a team captain's action plan to present to their school administration after the clinic.

Activity begins at each Captains Clinic at 9 a.m., and each workshop will conclude by 1:30 p.m. Each school may bring up to 10 representatives including an administrator, with total registration at each site limited by facility size. More information can be found on the Student Leadership page of the MHSAA Web site or by contacting Andi Osters at the MHSAA office at 517.332.5046.

The MHSAA is a private, not-for-profit corporation of voluntary membership by over 1,600 public and private senior high schools and junior high/middle schools which exists to develop common rules for athletic eligibility and competition. No government funds or tax dollars support the MHSAA, which was the first such association nationally to not accept membership dues or tournament entry fees from schools. Member schools which enforce these rules are permitted to participate in MHSAA tournaments, which attract approximately 1.6 million spectators each year.

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**MEDIA ADVISORY** – Members of the media – either sports or education reporters – are welcome to attend a Captain's Clinic at no charge. You may contact Andi Osters (aosters@mhsaa.com) at the MHSAA office for more information.

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