

# 2005 CHAMPS CLINIC

**(Cooperation, Hard Work, Attitude,  
Motivation, Participation,  
Sportsmanship)**

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michigan high school  
athletic association

**Saturday, Dec. 3 • Breslin Student Events Center  
Michigan State University • East Lansing**



The CHAMPS Clinic is a free clinic offered to junior high/middle school aged girls and their parents to develop game skills as well as life skills

- The clinic will run from 8:30 to 11 a.m
- Basketball skills clinic to be run by local girls high school basketball coaches
- Entries will be limited to the first 40 students and their parents who register - parental attendance is a requirement
- CHAMPS participants will also be guests at the Class D & A Championship Games of the MHSAA Girls Basketball Finals later that day
- Participants will be recognized during the Class A championship game

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For more information call:

**MHSAA**

**517.332.5046**



## SCHEDULE

8-8:30 a.m.	Check-In – Registration – Ticket lobby of Breslin Student Events Center
8:30-8:35	Introductions -- Auxillary Gymnasium, Breslin Center
8:35-8:50	Warm-up
8:50-10:50	<b>PARTICIPANTS-</b> Basketball drills, conducted by local area coaches
8:50-10:30	<b>PARENTS</b> - "Your Daughter in Interscholastic / Intercollegiate Athletics," meeting room area, Breslin Center Topics include: <ul style="list-style-type: none"> <li>• <b>Sports Nutrition</b></li> <li>• <b>The Role of High School Sports</b></li> <li>• <b>Academic Eligibility Requirements</b></li> <li>• <b>Parental Sportsmanship</b></li> </ul>
10:50-11:15	Pick up lunch and eat in meeting room area
11:15	Attend Class D championship game in Breslin Center (in progress) <b>During a break in the action of the Class A Championship game, participants will be recognized on main floor</b>

**\*\*\*Parent must be present & attend educational session\*\*\***  
**Registration limited to first 40 students**

Name \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_ City & Zip \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Parent who will attend with athlete \_\_\_\_\_  
*(Parental attendance required – Parents are required to attend parental education session)*

Participant shirt size \_\_\_\_\_

\* In consideration of our participation in the activities of the CHAMPS Basketball Clinic I hereby for myself, my spouse, and my child(s) release and forever discharge Michigan State University, the MHSAA, and any affiliated employees and clinicians from any and all claims, demands, actions, or cause of action on account of injury or death to myself or member of my family. It is agreed that all participation in the activities of CHAMPS is undertaken at my own risk and I represent that my child, spouse, and I are physically able to undertake any and all physical exercise and treatments provided. As a parent(s) of the participant, I(we) will attend the education session.

Parents Signature \_\_\_\_\_ Date \_\_\_\_\_

**FAX to: John Johnson - MHSAA - 517.332.4071 (Voice - 517.332.5046) - jjohnson@mhsaa.com**