



**media  
information**



1661 ramblewood drive east lansing, mi 48823 517.332.5046 fax-517.332.4071 www.mhsaa.com

**FOR IMMEDIATE RELEASE**

January 22, 2004

**Contact:** John Johnson, Randy Allen or Andy Frushour

517.332.5046 or www.mhsaa.com

## **Workshop Speakers for Women In Sports Leadership Conference Announced; Registration Continues**

**EAST LANSING, Mich. – Jan. 22** – The workshop sessions and speakers for this year's Women In Sports Leadership Conference, sponsored by the Michigan High School Athletic Association, February 1-2, are set.

The most popular component of past years' conferences has been student leadership training. Mary Belknap of Jackson Community College will present a pair of two-hour sessions to large groups on this topic on the first day of the conference.

Other topics for students, and the presenters are:

- The Academy of Sports Leadership – Meg Seng, athletic director, Ann Arbor Greenhills High School
- Qualities of a Leader -- Student Leadership Services, Waterford
- Thinking Like an Athlete-Winning On and Off the Court – Professor Jody Brylinski, Western Michigan University
- Intervening in Destructive Decisions - Student Leadership Services, Waterford
- Alternative Sports Careers – Heather Huber, teacher and coach, Bridgeport High School; Cindy Fairfield, sports editor, Muskegon Chronicle; Linda Hoover, high school and collegiate game official, Marshall; and Lisa Byington, sports reporter/anchor, WLNS-TV, Lansing
- Meal Patterning – Developing Healthy Nutritional Habits for a Lifetime – Chris Johnson, Michigan Athletic Club, East Lansing
- Making Responsible Team Captains – Dawn Dockstader, Head Volleyball Coach, DePaul University
- The Recruiting Process – Laurie Ryan, athletic director, Grand Rapids Forest Hills Central High School

Workshop topics for coaches, and their presenters are:

- Ingredients to Success – Marcy Uyl, girls basketball coach, Middleville Thornapple Kellogg High School
- Perspectives of Coaches and Athletes on Injury: An Interactive Approach – Jamie Robbins, Kinesiology doctoral student, Michigan State University
- Developing Team Captains -- Dawn Dockstader, Head Volleyball Coach, DePaul University

**(more)**

## **2-2-2 – WISL Workshop Speakers**

- Conflict Resolution – Ryan Hedstrom, Kinesiology doctoral student, Michigan State University
- Getting Your Players to Think Like athletes: Winning On and Off the Court -- Professor Jody Brylinski, Western Michigan University
- Helping Athletes Take Responsibility – Mary Jo Hardy, instructor, Lansing Community College

For administrators, the workshops and their presenters are:

- Outside the X's and O's – Karen Leinaar, athletic director, Benzie Central High School
- Hot Topics In Administration – Jane Meyer, senior associate director of athletics, University of Iowa; Donna Grant, principal, Summit High School, Mansfield, Texas
- Ethics in Athletics – Jeanine Delay, teacher, Ann Arbor Greenhills High School
- Elements of Effective Athletic Administration – Tom Rashid, Associate Director, MHSAA
- Developing an Emergency Procedure Plan – Jamie Gent, athletic director, Haslett High School
- Non-Violent Communication – Sue Heinzman, athletic director, Canton High School

Applications are still being accepted for this year's Women In Sports Leadership Conference, which is the first, largest and longest-running conference of its type in the country. The conference is designed for anyone who is interested in becoming a high school coach, administrator or official. The conference annually fills quickly, with many of the attendees being student-athletes. Adult registration is \$50, and student registration is \$25. The application deadline has been extended to January 27. An application form can be found on the MHSAA Web site. For more information about the conference, contact the MHSAA at 1661 Ramblewood Drive, East Lansing, MI 48823. Telephone: 517/332-5046. E-Mail: [meetings@mhsaa.com](mailto:meetings@mhsaa.com). (NOTE – Media registration is complimentary – Contact the MHSAA office for more information)

The MHSAA is a private, not-for-profit corporation of voluntary membership by over 1,200 public and private senior high schools and junior high/middle schools which exists to develop common rules for athletic eligibility and competition. No government funds or tax dollars support the MHSAA, which was the first such association nationally to not accept membership dues or tournament entry fees from schools. Member schools which enforce these rules are permitted to participate in MHSAA tournaments, which attract approximately 1.6 million spectators each year.

**-0-**

**RL04-054**

---

**Farm Bureau Insurance and MEEMIC Insurance are year-round MHSAA Corporate Partners**