



# media information

---

1661 ramblewood drive - east lansing, mi 48823 - 517.332.5046 - fax - 517.332.4071 -  
www.mhsaa.com

**FOR IMMEDIATE RELEASE**

**Contact:** John Johnson or Randy Allen

October 24, 2001

517.332.5046 or www.mhsaa.com

## **Girls Basketball Finals CHAMPS Clinic Sign-Up Begins**

**EAST LANSING, Mich. – Oct. 21 –** To enhance the atmosphere of selected tournament finals, the Michigan High School Athletic Association is in its fourth year of conducting youth clinics, with registration now underway for the third annual clinic at the Girls Basketball Finals in Mt. Pleasant on December 1.

CHAMPS (Cooperation, Hard Work, Attitude, Motivation, Participation, Sportsmanship) Clinics target local female junior high/middle school-aged students and their parents in a morning-long workshop designed to provide game skills and life skills information. The CHAMPS Clinics are free, and are underwritten by Farm Bureau Insurance.

Enrollment in the CHAMPS Clinic is limited to the first 80 girls and their parents – parental attendance is a requirement. The clinic will take place from 8:30 to 11 a.m. in the Indoor Athletic Complex on the campus of Central Michigan University, just South of Rose Arena, where the four MHSAA Girls Basketball Finals will take place.

Applications have been sent to MHSAA member schools in the greater Mt. Pleasant area. An application may also be downloaded from the MHSAA Web Site – [www.mhsaa.com](http://www.mhsaa.com).

"The feedback we've had from our CHAMPS Clinics in girls basketball and girls volleyball has been very positive," said John E. "Jack" Roberts, executive director of the MHSAA. "Some people believe that you can't get anything for free anymore, but in one three-hour clinic, the young people and their parents receive a great dose of game skill training and life skill information from some of the best clinicians around."

The basketball skills clinic will be presented for the third straight year by the Detroit Shock. While the youngsters are improving their game skills, their parents will hear from different members of the Central Michigan University athletic and physical education staff about sports nutrition, academic eligibility requirements and parental sportsmanship. The popular MHSAA-produced video, "What Kids Wish Their Parents Knew About Sportsmanship," will be a part of the latter classroom presentation.

(more)

## **2-2-2 – Girls Basketball CHAMPS Clinic**

All youngsters participating in the CHAMPS Clinic will receive a t-shirt, and lunch will be provided for all players and parents. CHAMPS Clinic participants and their parents will also be guests of the MHSAA for the Class D-A session of the Girls Basketball Finals that day, and the participating youngsters will be recognized on-court at halftime of the Class D championship game.

Registrations must be submitted by November 29. For more information, contact: Dr. James Hornak, Department of Physical Education and Sport, Central Michigan University, SAC 194, Mt. Pleasant, MI 48858. Telephone: 517/774-6659; or the MHSAA office in East Lansing.

The MHSAA is a private, not-for-profit corporation of voluntary membership by over 1,300 public and private senior high schools and junior high/middle schools which exists to develop common rules for athletic eligibility and competition. No government funds or tax dollars support the MHSAA, which was the first such association nationally to not accept membership dues or tournament entry fees from schools. Member schools which enforce these rules are permitted to participate in MHSAA tournaments, which attract approximately 1.6 million spectators each year.

**-0-**

**RL02-030**

---

**Farm Bureau Insurance is a year-round MHSAA Corporate Partner**

# 2001 CHAMPS CLINIC

---



michigan high school  
athletic association

Saturday, December 1 • Indoor Athletic Complex  
Central Michigan University • Mt. Pleasant

The CHAMPS Clinic is a free clinic offered to junior high/middle school aged girls and their parents to develop game skills as well as life skills

- The clinic will run from 8:30 to 11 a.m
- Basketball skills clinic to be run by the Detroit Shock
- Entries will be limited to the first 80 students to register
- CHAMPS participants will also be guests at the Class D & A Championship Games of the MHSAA Girls Basketball Finals later that day
- Participants will be recognized during halftime of the Class D championship game



For more information, call the MHSAA at:  
517 • 332 • 5046



## SCHEDULE

|             |  |
|-------------|--|
| 8-8:30 a.m. | Check-In – Registration – Main lobby of Indoor Athletic Complex  |
| 8:30-8:35   | Introductions  |
| 8:35-8:50   | Warm-up led on main floor  |
| 8:50-10:50  | <b>PARTICIPANTS-</b> Basketball drills on main floor, conducted by the staff of the Detroit Shock  |
| 8:50-10:30  | <b>PARENTS -</b> “Your Daughter in Interscholastic / Intercollegiate Athletics”<br>Topics include:<br>• <b>Sports Nutrition</b><br>• <b>Academic Eligibility Requirements</b><br>• <b>Parental Sportsmanship</b> |
| 10:50-11:15 | Pick up lunch and eat in seating area  |
| 11:15       | Class D championship game (in progress)  |

**\*\*At halftime of the Class D Championship (approximately 11:45 a.m.) participants will be recognized on main floor**

**\*\*\*PARENT MUST BE PRESENT – Registration limited to first 80 students\*\*\***

Name \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_ Phone \_\_\_\_\_

Parent who will attend with athlete \_\_\_\_\_

Participant shirt size \_\_\_\_\_

\* In consideration of our participation in the activities of the CHAMPS Basketball Clinic I hereby for myself, my spouse, and my child(s) release and forever discharge Central Michigan University Arena, the Detroit Shock, the MHSAA, and any affiliated employees from any and all claims, demands, actions, or cause of action on account of injury or death to myself or member of my family. It is agreed that all participation in the activities of CHAMPS is undertaken at my own risk and I represent that my child, spouse, and I are physically able to undertake any and all physical exercise and treatments provided.

Parents Signature \_\_\_\_\_ Date \_\_\_\_\_

Mail to:

Attn: Dr. James Hornak  
Department of Physical Education and Sport  
SAC 194, Central Michigan University  
Mt. Pleasant, MI 48859