

## Beecher Regional Time Schedule

### Time Schedule

12pm-1pm Shot and discus weigh in (under bleachers)  
1:15pm Coaches meeting East end of the track (finish line)  
1:30pm Field events begin (Check-in prior to start of event)  
High Jump Boys - Girls to follow  
Shot Put Boys - Girls to follow  
Discus Girls- Boys to follow  
Pole Vault Girls - Boys to follow  
Long Jump Girls - Boys to follow

**\*\*\*2-hour open pit for both genders to their prelim jumps in.\*\*\***

2:00pm 3200 Meter Relay

Begin running prelims immediately following 3200 Meter Relay (Boys run first)

\*100 Meter Dash  
\*100/110 Meter Dash  
\*200 Meter Dash

**1 hour break in Running Competition**

**All remaining event scratches are due 30 minutes prior to the start of Finals.**

**Running event finals will begin immediately following the National Anthem (Boys run first)**

**National Anthem (55 minutes after the 3200 Meter Relay)**

### Order of Event Finals

**100 Meter Hurdles (Boys)  
110 Meter Hurdles (Girls)  
100 Meter Dash  
4x200 Meter Relay  
1600 Meter Run  
4x100 Meter Relay  
400 Meter Dash  
300 Meter Hurdles  
800 Meter Run  
200 Meter Dash  
3200 Meter Run  
4x400 Meter Relay**

Reminder to Coaches to get your entries in Athletics.net on time to eliminate a fine.  
Thank you Stacey Watson, Meet Manager Any Questions Call Please

(810) 288-3377

\*We will have concessions provided by an outside vendor, as well as MHSAA regional track merchandise.

**Location: Marty Crane Track & Field Complex- 1020 W. Coldwater rd. Flint, Mi**

**PARKING:** Old K-Mart on N. Saginaw St. North of the Complex- Athletes can be dropped off at the Moses Lacy Fieldhouse 1020 W. Coldwater Rd.

**ADMISSION: Track & Field Meet Region 38 Link: [gofan.com](http://gofan.com)**

**LOCKER ROOMS:** Will be made available if needed.

**MEET WORKERS:** Volunteers from each team will be welcomed.

**FAT (timing):** Sarah Henley      Track n Time

**Team Camps:** We would like team camps to generally be on the Northwest and Southwest corners of the stadium - on either side of the visitor's bleachers.