

Event 1 Girls Pole Vault Varsity

| Name | Year School | Finals | Points |
|-------------------|-------------|--------|--------|
| Finals | | | |
| 1 Martin, Breanna | Stephenson | 8.00 | 5 |
| 2 Welch, Sonja | Baraga | 7.00 | 3 |

Event 2 Boys Pole Vault Varsity

| Name | Year School | Finals | Points |
|--------------------|--------------|----------|--------|
| 1 Ragio, Billy | Forest Park | 13-02.00 | 5 |
| 2 Greenfield, Jake | Bark River-H | 11.00 | 3 |
| 3 Maki, Nick | Stephenson | 10.00 | 2 |
| 4 Reimer, Walton | North Dickin | 10.00 | 1 |
| 5 Johnson, Gavin | North Dickin | 9.50 | |
| -- Dwyer, Nick | Bark River-H | NH | |
| -- Gerlach, Jared | Powers North | NH | |
| -- Isaccson, Thad | Baraga | NH | |

Event 3 Girls High Jump Varsity

| Name | Year School | Finals | Points |
|--------------------|--------------|---------|--------|
| 1 Steele, Lexi | North Dickin | 4-06.00 | 5 |
| 2 Sivula, Sara | Carney-Nadea | 4-06.00 | 3 |
| 3 Wells, Baylee | Powers North | 4-06.00 | 2 |
| 4 Willa, Alissa | Bark River-H | 4-06.00 | 1 |
| 5 Hansen, Kendra | Carney-Nadea | 4-04.00 | |
| 5 Truitt, Haley | Stephenson | 4-04.00 | |
| 7 Wickman, Juliann | North Dickin | 4-02.00 | |
| -- Mayo, Courtney | Baraga | NH | |

Event 4 Boys High Jump Varsity

| Name | Year School | Finals | Points |
|---------------------|--------------|---------|--------|
| 1 Cox, Morgan | Powers North | 5-10.00 | 5 |
| 2 Roell, Jacob | North Dickin | 5-04.00 | 3 |
| 3 Martin, Sam. | Bark River-H | 5-02.00 | 2 |
| 4 Jauquet, Lucas | North Dickin | 5-02.00 | 1 |
| 5 Desrochers, Kyle | Baraga | 5-02.00 | |
| 6 Miller, Jared | North Dickin | 5-02.00 | |
| 7 Madalinski, Josh | Bark River-H | 5-00.00 | |
| 7 Menke, Ian | Stephenson | 5-00.00 | |
| -- Scheffler, Dylan | Forest Park | NH | |
| -- Frisanco, Jacob | Forest Park | NH | |
| -- Forcia, Chaz | Baraga | NH | |

Event 5 Girls Long Jump Varsity

| Name | Year School | Finals | Points |
|-----------------------|--------------|----------|--------|
| 1 Lockwood, Jaelin | Bark River-H | 14-11.00 | 5 |
| 2 Sivula, Sara | Carney-Nadea | 14-08.50 | 3 |
| 3 Jacobson, Miranda | North Dickin | 14-04.75 | 2 |
| 4 Lindholm, Claire | North Dickin | 13-08.00 | 1 |
| 5 Willa, Alissa | Bark River-H | 13-06.75 | |
| 6 Hansen, Kendra | Carney-Nadea | 13-03.00 | |
| 7 Scarlassara, Maddie | Forest Park | 12-01.50 | |
| 7 Rajala, Jordyn | Forest Park | 12-01.50 | |
| 9 Milburn, Naomi | Stephenson | 10-03.75 | |
| 10 Robinson, Abi | Bark River-H | 9-08.75 | |
| 11 Rattanothai, Kara | Forest Park | 8-09.00 | |

Event 6 Boys Long Jump Varsity

| Name | Year School | Finals | Points |
|-----------------------|--------------|----------|--------|
| 1 O'Neil, Garrett | North Dickin | 18-06.00 | 5 |
| 2 Cox, Morgan | Powers North | 18-04.50 | 3 |
| 3 Messersmith, Hunter | Bark River-H | 18-04.00 | 2 |
| 4 Wagner, Derek | North Dickin | 18-04.00 | 1 |
| 5 Gerlach, Jared | Powers North | 18-01.25 | |
| 6 Sanders, Darius | Forest Park | 15-11.50 | |
| 7 Curtis, Dylan | Forest Park | 15-10.00 | |
| 8 Webber, David | Carney-Nadea | 15-03.50 | |

| | | |
|----------------------|-------------|-----------|
| 9 Turunen, Michael | Baraga | 14-06.50 |
| 10 Semanko, Jeremiah | Stephenson | 12-05.00 |
| 11 Bylon, Steven | Stephenson | 12-02.50 |
| 12 Scheffler, Dylan | Forest Park | 11-11.25 |
| 13 Granskog, Mathew | Stephenson | 11-09.00 |
| 14 Pickl, jeremy | Stephenson | x11-02.50 |
| 15 Corazza, Reuben | Forest Park | x10-03.25 |

Event 7 Girls Discus Throw Varsity

| Name | Year School | Finals | Points |
|-----------------------|--------------|--------|--------|
| 1 Cross, Kyleigh | Stephenson | 90-03 | 5 |
| 2 Wells, Baylee | Powers North | 87-00 | 3 |
| 3 Mayo, Shayla | Baraga | 80-00 | 2 |
| 4 Cryderman, Samantha | Powers North | 76-05 | 1 |
| 5 Wangerin, Tori | Stephenson | 74-03 | |
| 6 Christian, Toriana | North Dickin | 70-00 | |
| 7 Blank, Jordyn | Forest Park | 65-09 | |
| 8 Starzynski, Sarah | Stephenson | 63-02 | |
| 9 Christian, Mckenna | North Dickin | 61-10 | |
| 10 Jackson, Sarah | Carney-Nadea | 61-03 | |
| 11 Runke, Julia | Stephenson | x61-00 | |
| 12 Gustafson, Cassie | North Dickin | 59-00 | |
| 13 Johnson, Reighan | North Dickin | x58-03 | |
| 14 Peterson, cheridan | Bark River-H | 55-00 | |
| 15 Aberly, Megan | Forest Park | 53-10 | |
| 16 Boehmke, Mollie | Forest Park | 50-00 | |
| 17 Granquist, Sarah | Powers North | 48-10 | |
| 18 Ponchaud, Casey | Forest Park | x44-07 | |
| 19 Fadroski, Alicia | Carney-Nadea | 35-10 | |

Event 8 Boys Discus Throw Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|--------|--------|
| 1 Kau, Brandon | Stephenson | 127-05 | 5 |
| 2 Gatien, Brenden | Powers North | 119-09 | 3 |
| 3 Larson, JJ | Hannahville | 110-04 | 2 |
| 4 Dwyer, Nick | Bark River-H | 94-11 | 1 |
| 5 Miller, Michael | North Dickin | 90-07 | |
| 6 Vetort, Jon | Stephenson | 87-05 | |
| 7 Feathers, Zach | Bark River-H | 84-05 | |
| 8 Peltoma, Tyler | Forest Park | 80-05 | |
| 9 Ponchaud, Robert | Forest Park | 79-08 | |
| 10 Hadden, Stephan | Baraga | 79-00 | |
| 11 Trezeciak, John | Forest Park | 78-02 | |
| 12 Coffee, Lucas | Baraga | 78-00 | |
| 13 Mack, Evan | Carney-Nadea | 75-03 | |
| 14 Frisanco, Jacob | Forest Park | x72-08 | |
| 15 Sprague, Brad | Stephenson | 71-00 | |
| 16 Miron, Nate | Baraga | 70-08 | |
| 17 Thoney, Beau | Stephenson | x65-06 | |
| 18 Roll, Richard | Bark River-H | 64-05 | |
| 19 Lausche, Preston | Carney-Nadea | 62-00 | |
| 20 Reynolds, William | Baraga | x55-05 | |
| 21 Strong, Micah | Carney-Nadea | 55-00 | |

Event 9 Girls Shot Put Varsity

| Name | Year School | Finals | Points |
|-----------------------|--------------|-----------|--------|
| 1 Cross, Kyleigh | Stephenson | 28-05.50 | 5 |
| 2 Jacobson, Miranda | North Dickin | 27-11.00 | 3 |
| 3 Wangerin, Tori | Stephenson | 26-11.50 | 2 |
| 4 Faccio, Jaycee | Powers North | 26-10.00 | 1 |
| 5 Starzynski, Sarah | Stephenson | 25-04.00 | |
| 6 Christian, Toriana | North Dickin | 25-00.50 | |
| 7 Mayo, Shayla | Baraga | 24-09.00 | |
| 8 Dombrowski, Natalie | Powers North | 24-05.00 | |
| 9 Jackson, Sarah | Carney-Nadea | 24-00.00 | |
| 10 Boehmke, Mollie | Forest Park | 23-05.00 | |
| 11 Johnson, Reighan | North Dickin | 23-00.00 | |
| 12 Aberly, Megan | Forest Park | 22-02.50 | |
| 13 Peterson, cheridan | Bark River-H | 21-07.50 | |
| 14 Runke, Julia | Stephenson | x20-09.50 | |
| 15 Luft, Amber | Forest Park | 18-08.00 | |
| 16 Gustafson, Cassie | North Dickin | x17-10.00 | |
| 17 Ponchaud, Casey | Forest Park | x17-06.00 | |
| 18 Fadroski, Alicia | Carney-Nadea | 15-10.50 | |

Event 10 Boys Shot Put Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|-----------|--------|
| 1 Gatien, Brenden | Powers North | 45-06.00 | 5 |
| 2 Berg, Noah | North Dickin | 41-05.50 | 3 |
| 3 Christian, Jonas | North Dickin | 38-10.50 | 2 |
| 4 Larson, JJ | Hannahville | 38-08.00 | 1 |
| 5 Trezeciak, John | Forest Park | 38-04.00 | |
| 6 Bosma, Jordan | North Dickin | 37-04.50 | |
| 7 Poupore, Tanner | Powers North | 34-06.50 | |
| 8 Balmes, Zack | North Dickin | x32-01.00 | |
| 9 Ponchaud, Robert | Forest Park | 31-09.50 | |
| 10 Schultz, Brandon | Powers North | 30-05.50 | |
| 11 Hadden, Stephan | Baraga | 29-11.75 | |
| 12 Thoney, Beau | Stephenson | 29-06.75 | |
| 13 Thoney, Josh | Stephenson | 29-06.50 | |
| 14 Peltoma, Tyler | Forest Park | 28-03.00 | |
| 15 Vetort, Jon | Stephenson | 27-09.75 | |
| 16 Roll, Richard | Bark River-H | 27-07.50 | |
| 17 Feathers, Zach | Bark River-H | 26-09.00 | |
| 18 Frisanco, Jacob | Forest Park | x25-04.00 | |
| 19 Mack, Evan | Carney-Nadea | 24-11.50 | |
| 20 Reynolds, William | Baraga | 23-05.50 | |
| 21 Strong, Micah | Carney-Nadea | 22-07.00 | |
| 22 Zemba, jason | Stephenson | x22-00.00 | |

Event 11 Girls 4x800 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|-----------------------|--------|
| 1 Stephenson | 11:37.10 | 5 |
| 1) Havelka, Caitlyn | 2) Marks, Katherine | |
| 3) Martin, Breanna | 4) Kordish, Maegan | |
| 2 North Dickinson County | 12:01.50 | 3 |
| 1) Anderson, Brogan | 2) Christian, Mckenna | |
| 3) Steinbrecher, Mia | 4) Preistap, Frankie | |

Event 12 Boys 4x800 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|---------------------|--------|
| 1 Stephenson | 9:02.10 | 5 |
| 1) Cappaert, Conner | 2) Cappaert, Mark | |
| 3) Menke, Ian | 4) Brown, Ethan | |
| 2 North Dickinson County | 9:04.10 | 3 |
| 1) Wagner, Derek | 2) Berg, Noah | |
| 3) Johnson, Reggie | 4) Roell, Colin | |
| 3 Powers North Central | 9:17.36 | 2 |
| 1) Poupore, Austin | 2) Robinson, Connor | |
| 3) Schaff, Trenton | 4) Holle, Bryce | |
| 4 Carney-Nadeau | 10:09.65 | 1 |
| 1) Green, David | 2) Belec, Jordan | |
| 3) Lausche, Preston | 4) Forgette, Lucas | |
| 5 Baraga | 10:49.48 | |
| 1) Coffee, Lucas | 2) Forcia, Chaz | |
| 3) Isaccson, Thad | 4) Miron, Nate | |

Event 13 Boys 110 Meter Hurdles Varsity

| Name | Year School | Finals | Points |
|-------------------|--------------|--------|--------|
| 1 Roell, Jacob | North Dickin | 18.27 | 5 |
| 2 Dwyer, Nick | Bark River-H | 18.99 | 3 |
| 3 Sanders, Darius | Forest Park | 19.28 | 2 |
| 4 Bloniarz, Dylan | Bark River-H | 20.60 | 1 |
| 5 Roll, Richard | Bark River-H | 21.43 | |
| 6 Johnson, Trey | Stephenson | 21.48 | |

Event 14 Girls 100 Meter Hurdles Varsity

| Name | Year School | Finals | H# | Points |
|----------------------|--------------|--------|----|--------|
| 1 Grabowski, Jenna | Forest Park | 19.24 | 2 | 5 |
| 2 Whitens, Macy | Powers North | 19.79 | 2 | 3 |
| 3 Faccin, Emily | Forest Park | 19.83 | 2 | 2 |
| 4 Starnes, hannah | Bark River-H | 19.84 | 2 | 1 |
| 5 Wells, Mady | Powers North | 20.95 | 2 | |
| 6 Mayo, Courtney | Baraga | 21.04 | 2 | |
| 7 Welch, Sonja | Baraga | 22.11 | 1 | |
| 8 Peterson, cheridan | Bark River-H | 24.14 | 1 | |

Event 15 Girls 100 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|------|-------------|--------|----|--------|
|------|-------------|--------|----|--------|

| | | | | | |
|----|-----------------------|--------------|----------|---|---|
| 1 | Truitt, Haley | Stephenson | 13.56 | 3 | 5 |
| 2 | Schultz, Katie | Bark River-H | 14.16 | 3 | 3 |
| 3 | Lockwood, Jaelin | Bark River-H | 14.22 | 3 | 2 |
| 4 | Hartges, Mary | Stephenson | 14.30 | 3 | 1 |
| 5 | Stacy, Kristin | Forest Park | 15.32 | 3 | |
| 6 | Dombrowski, Natalie | Powers North | 15.62 | 3 | |
| 7 | Harris, Alanis | Carney-Nadea | 15.69 | 1 | |
| 8 | Robinson, Abi | Bark River-H | 15.80 | 3 | |
| 9 | Scarlassara, Maddie | Forest Park | 16.31 | 3 | |
| 10 | Miller, Marinda | Carney-Nadea | 16.80 | 1 | |
| 11 | Blank, Jordyn | Forest Park | 1:32.53 | 2 | |
| 12 | Chiamulera, Amber | North Dickin | 1:32.86 | 2 | |
| 13 | LeGrave, Natasha | Powers North | 1:32.87 | 2 | |
| 14 | Meintz, Avery | Stephenson | 1:32.89 | 2 | |
| 15 | Milburn, Naomi | Stephenson | x1:33.01 | 2 | |
| 16 | Vandenhouten, Miranda | Powers North | 1:33.87 | 2 | |
| 17 | Briggs, Madison | North Dickin | 1:38.25 | 2 | |

Event 16 Boys 100 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|------|---------------------|--------------|--------|--------|
| 1 | Johnson, Tristan | Stephenson | 11.73 | 3 5 |
| 2 | Holle, Trent | Powers North | 11.80 | 3 3 |
| 3 | Greenfield, Jake | Bark River-H | 11.86 | 3 2 |
| 4 | Messersmith, Hunter | Bark River-H | 12.01 | 3 1 |
| 5 | Ragio, Billy | Forest Park | 12.07 | 3 |
| 6 | Curtis, Dylan | Forest Park | 12.18 | 3 |
| 7 | Mathias, Alex | Bark River-H | 12.27 | 3 |
| 8 | Alexa, A.J. | North Dickin | 12.82 | 2 |
| 9 | Kidd, Tristan | Hannahville | 12.90 | 1 |
| 10 | Philips, Travis | Stephenson | 13.00 | 2 |
| 11 | Bosma, Jordan | North Dickin | 13.07 | 3 |
| 12 | Teichert, Alex | Forest Park | 13.16 | 2 |
| 13 | Mattson, Hunter | North Dickin | 13.62 | 1 |
| 14 | Turunen, Michael | Baraga | 13.75 | 2 |
| 15 | Williams, Kory | North Dickin | x13.77 | 2 |
| 16 | Thoney, Josh | Stephenson | 15.43 | 1 |
| 17 | Pickl, jeremy | Stephenson | x15.56 | 2 |
| 18 | Mack, Evan | Carney-Nadea | 15.60 | 2 |

Event 17 Girls 4x200 Meter Relay Varsity

| School | Finals | Points |
|--------|------------------------|------------------------|
| 1 | Bark River-Harris | 1:57.83 5 |
| | 1) Starnes, hannah | 2) Willa, Alissa |
| | 3) Lockwood, Jaelin | 4) Schultz, Katie |
| 2 | North Dickinson County | 2:02.98 3 |
| | 1) Jacobson, Miranda | 2) Preistap, Frankie |
| | 3) Lindholm, Claire | 4) Segerdahl, Lily |
| 3 | Powers North Central | 2:05.10 2 |
| | 1) Dombrowski, Natalie | 2) Faccio, Jaycee |
| | 3) Cryderman, Samantha | 4) Plunger, Hope |
| 4 | Stephenson | 2:07.88 1 |
| | 1) Hartges, Mary | 2) Wangerin, Tori |
| | 3) Starzynski, Rachel | 4) Martin, Breanna |
| 5 | Carney-Nadeau | 2:08.89 |
| | 1) Jackson, Sarah | 2) Harris, Alanis |
| | 3) McCullough, Talisha | 4) Pumphrey, Jillian |
| 6 | Forest Park | 2:14.29 |
| | 1) Blank, Jordyn | 2) Hundley, Madison |
| | 3) Bortolini, Hannah | 4) Scarlassara, Maddie |

Event 18 Boys 4x200 Meter Relay Varsity

| School | Finals | Points |
|--------|------------------------|------------------------|
| 1 | Stephenson | 1:37.53 5 |
| | 1) Hartges, David | 2) Maki, Nick |
| | 3) Becerra, Jesus | 4) Johnson, Tristan |
| 2 | Powers North Central | 1:39.75 3 |
| | 1) Harper, Tristen | 2) Gagne, Dylan |
| | 3) Bentley, Tyler | 4) Schaff, Trenton |
| 3 | Bark River-Harris | 1:41.16 2 |
| | 1) Greenfield, Jake | 2) Mathias, Alex |
| | 3) Martin, Sam. | 4) Messersmith, Hunter |
| 4 | North Dickinson County | 1:44.32 1 |
| | 1) Bosma, Jordan | 2) Roell, Jacob |
| | 3) O'Neil, Garrett | 4) Roell, Colin |
| 5 | Carney-Nadeau | 1:49.86 |
| | 1) Belec, Jordan | 2) Duran, Manny |

| | |
|-------------------|---------------------|
| 3) Bird, Cody | 4) Webber, David |
| 6 Baraga | 1:56.73 |
| 1) Coffee, Lucas | 2) Forcia, Chaz |
| 3) Kangas, Kollin | 4) Turunen, Michael |

Event 19 Girls 1600 Meter Run Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|---------|--------|
| 1 Steinbrecher, Mia | North Dickin | 6:24.53 | 5 |
| 2 Havelka, Caitlyn | Stephenson | 6:28.59 | 3 |
| 3 Roell, Maria | North Dickin | 6:41.95 | 2 |
| 4 Maki, Gina | Forest Park | 6:46.89 | 1 |
| 5 Marks, Katherine | Stephenson | 6:52.82 | |
| 6 Mensch, Darla | Baraga | 7:09.99 | |
| 7 Tervo, Jesse | Baraga | 7:14.24 | |
| 8 Wesseln, Lily | Forest Park | 7:18.93 | |
| 9 Meintz, Avery | Stephenson | 7:21.72 | |
| 10 Thiry, Skylar | Carney-Nadea | 7:55.59 | |
| 11 Rattanothai, Kara | Forest Park | 9:32.05 | |

Event 20 Boys 1600 Meter Run Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|---------|--------|
| 1 Cappaert, Conner | Stephenson | 5:06.47 | 5 |
| 2 Brown, Ethan | Stephenson | 5:11.63 | 3 |
| 3 Cappaert, Mark | Stephenson | 5:14.09 | 2 |
| 4 Michelich, Colton | Forest Park | 5:16.06 | 1 |
| 5 Robinson, Connor | Powers North | 5:23.28 | |
| 6 King, Jon | Powers North | 5:47.71 | |
| 7 Erickson, kyle | Bark River-H | 5:51.47 | |
| 8 Lausche, Preston | Carney-Nadea | 5:55.00 | |
| 9 Miller, Michael | North Dickin | 6:07.85 | |
| 10 Strauss, Jacob | North Dickin | 6:07.88 | |
| 11 Lauscher, Cameron | Powers North | 6:12.02 | |
| 12 Putala, Jake | Baraga | 6:15.23 | |
| 13 Scheffler, Dylan | Forest Park | 7:11.86 | |

Event 21 Girls 4x100 Meter Relay Varsity

| School | Finals | Points |
|---------------------------------------------------------------------------------------------------------------------|---------|--------|
| 1 Bark River-Harris 1) Starnes, hannah 3) Lockwood, Jaelin 2) Willa, Alissa 4) Schultz, Katie | 56.50 | 5 |
| 2 Powers North Central 1) Dombrowski, Natalie 3) Cryderman, Samantha 2) Faccio, Jaycee 4) Whitens, Macy | 59.44 | 3 |
| 3 North Dickinson County 1) Chiamulera, Amber 3) Segerdahl, Lily 2) Dario, Ciara 4) Wickman, Juliann | 1:00.55 | 2 |
| 4 Stephenson 1) Tanguay, Julie 3) Starzynski, Sarah 2) Meintz, Avery 4) Milburn, Naomi | 1:05.34 | 1 |
| -- Carney-Nadeau 1) Jackson, Sarah 3) Berg, Becca 2) Harris, Alanis 4) Pumphrey, Jillian | DQ | |

Event 22 Boys 4x100 Meter Relay Varsity

| School | Finals | Points |
|-------------------------------------------------------------------------------------------------------------|--------|--------|
| 1 Bark River-Harris 1) Greenfield, Jake 3) Martin, Sam. 2) Mathias, Alex 4) Messersmith, Hunter | 46.35 | 5 |
| 2 Stephenson 1) Hartges, David 3) Becerra, Jesus 2) Maki, Nick 4) Johnson, Tristan | 47.12 | 3 |
| 3 Powers North Central 1) Gagne, Dylan 3) Schaff, Trenton 2) Cox, Morgan 4) Holle, Trent | 47.15 | 2 |
| 4 North Dickinson County 1) Bosma, Jordan 3) Alexa, A.J. 2) Roell, Jacob 4) O'Neil, Garrett | 50.26 | 1 |

Event 23 Girls 400 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|---------------------|-------------|---------|----|--------|
| 1 Kordish, Maegan | Stephenson | 1:04.92 | 2 | 5 |
| 2 Stacy, Kristin | Forest Park | 1:11.50 | 2 | 3 |
| 3 Hammerberg, Macey | Forest Park | 1:14.01 | 2 | 2 |

| | | | | |
|----------------------|--------------|----------|---|---|
| 4 Plunger, Hope | Powers North | 1:15.74 | 2 | 1 |
| 5 Bortolini, Hannah | Forest Park | 1:19.82 | 1 | |
| 6 Wickman, Juliann | North Dickin | 1:20.01 | 2 | |
| 7 Haelterman, Taylor | Powers North | 1:21.85 | 1 | |
| 8 Luft, Amber | Forest Park | x1:24.20 | 1 | |
| 9 Johnson, Reighan | North Dickin | 1:30.50 | 1 | |

Event 24 Boys 400 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|-----------------------|--------------|----------|----|--------|
| 1 Holle, Bryce | Powers North | 51.41 | 3 | 5 |
| 2 Wagner, Derek | North Dickin | 53.82 | 3 | 3 |
| 3 Kau, Brandon | Stephenson | 54.07 | 3 | 2 |
| 4 Madalinski, Josh | Bark River-H | 54.50 | 3 | 1 |
| 5 Harper, Tristen | Powers North | 55.81 | 3 | |
| 6 Stenberg, Iver | Bark River-H | 56.05 | 3 | |
| 7 Bortolini, Alex | Forest Park | 59.68 | 3 | |
| 8 Gerlach, Jared | Powers North | 1:00.26 | 2 | |
| 9 Kidd, Tristan | Hannahville | 1:00.92 | 1 | |
| 10 Jauquet, Lucas | North Dickin | 1:01.52 | 2 | |
| 11 Miller, Jared | North Dickin | 1:01.87 | 2 | |
| 12 Poupore, Austin | Powers North | x1:01.89 | 2 | |
| 13 Sundquist, Bryce | Bark River-H | 1:02.06 | 2 | |
| 14 Duran, Manny | Carney-Nadea | 1:03.26 | 3 | |
| 15 Bylon, Steven | Stephenson | 1:03.81 | 1 | |
| 16 Menke, Ian | Stephenson | 1:04.41 | 2 | |
| 17 Slagle, Cody | North Dickin | x1:06.24 | 1 | |
| 18 Semanko, Jeremiah | Stephenson | x1:11.35 | 1 | |
| 19 Shapley, Christian | Forest Park | 1:26.27 | 1 | |

Event 25 Boys 300 Meter Hurdles Varsity

| Name | Year School | Finals | Points |
|-------------------|--------------|--------|--------|
| 1 O'Neil, Garrett | North Dickin | 44.94 | 5 |
| 2 Gagne, Dylan | Powers North | 44.96 | 3 |
| 3 Bloniarz, Dylan | Bark River-H | 45.92 | 2 |
| 4 Hartges, David | Stephenson | 47.30 | 1 |
| 5 Sanders, Darius | Forest Park | 50.55 | |
| 6 Johnson, Trey | Stephenson | 52.14 | |
| 7 Roll, Richard | Bark River-H | 53.29 | |

Event 26 Girls 300 Meter Hurdles Varsity

| Name | Year School | Finals | H# | Points |
|-----------------------|--------------|---------|----|--------|
| 1 Starnes, hannah | Bark River-H | 54.05 | 2 | 5 |
| 2 Grabowski, Jenna | Forest Park | 56.63 | 2 | 3 |
| 3 Steele, Lexi | North Dickin | 57.04 | 2 | 2 |
| 4 Wells, Mady | Powers North | 59.01 | 2 | 1 |
| 5 McCullough, Talisha | Carney-Nadea | 59.43 | 2 | |
| 6 Peterson, cheridan | Bark River-H | 1:07.04 | 2 | |
| 7 Tanguay, Julie | Stephenson | 1:09.89 | 1 | |
| 8 Rajala, Jordyn | Forest Park | 1:10.81 | 1 | |

Event 27 Girls 800 Meter Run Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|----------|--------|
| 1 Kordish, Maegan | Stephenson | 2:43.12 | 5 |
| 2 Faccin, Emily | Forest Park | 2:50.34 | 3 |
| 3 Maki, Gina | Forest Park | 3:00.18 | 2 |
| 4 Granquist, Sarah | Powers North | 3:01.81 | 1 |
| 5 Starzynski, Rachel | Stephenson | 3:09.76 | |
| 6 Christian, Mckenna | North Dickin | 3:14.46 | |
| 7 Haelterman, Taylor | Powers North | 3:17.95 | |
| 8 Hammerberg, Macey | Forest Park | 3:19.54 | |
| 9 Thiry, Skylar | Carney-Nadea | 3:20.94 | |
| 10 Grabowski, Jenna | Forest Park | x3:38.26 | |

Event 28 Boys 800 Meter Run Varsity

| Name | Year School | Finals | Points |
|--------------------|--------------|---------|--------|
| 1 Holle, Bryce | Powers North | 2:07.78 | 5 |
| 2 Berg, Noah | North Dickin | 2:09.06 | 3 |
| 3 Kau, Brandon | Stephenson | 2:15.21 | 2 |
| 4 Cappaert, Conner | Stephenson | 2:16.23 | 1 |
| 5 Schultz, Ben | Bark River-H | 2:18.85 | |
| 6 Bentley, Tyler | Powers North | 2:19.39 | |
| 7 Johnson, Reggie | North Dickin | 2:25.43 | |
| 8 Roell, Colin | North Dickin | 2:26.63 | |

| | | |
|----------------------|--------------|----------|
| 9 Nelson, John | North Dickin | x2:27.74 |
| 10 Michelich, Colton | Forest Park | 2:31.87 |
| 11 Forgette, Lucas | Carney-Nadea | 2:33.75 |
| 12 Isaccson, Thad | Baraga | 2:38.50 |
| 13 Lausche, Preston | Carney-Nadea | 2:47.50 |
| 14 Bylon, Steven | Stephenson | 2:52.25 |
| 15 Granskog, Mathew | Stephenson | x2:52.54 |
| 16 Corazza, Reuben | Forest Park | 3:16.49 |

Event 29 Girls 200 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|--------------------------|--------------|--------|----|--------|
| 1 Truitt, Haley | Stephenson | 28.64 | 3 | 5 |
| 2 Schultz, Katie | Bark River-H | 29.19 | 3 | 3 |
| 3 Hartges, Mary | Stephenson | 29.33 | 3 | 2 |
| 4 Sivula, Sara | Carney-Nadea | 29.60 | 3 | 1 |
| 5 Lindholm, Claire | North Dickin | 30.99 | 3 | |
| 6 Stacy, Kristin | Forest Park | 31.77 | 3 | |
| 7 Segerdahl, Lily | North Dickin | 32.29 | 2 | |
| 8 Hansen, Kendra | Carney-Nadea | 32.63 | 3 | |
| 9 Robinson, Abi | Bark River-H | 33.55 | 2 | |
| 10 Scarlassara, Maddie | Forest Park | 34.28 | 3 | |
| 11 LeGrave, Natasha | Powers North | 34.34 | 2 | |
| 12 Hundley, Madison | Forest Park | 34.90 | 2 | |
| 13 Miller, Marinda | Carney-Nadea | 35.00 | 2 | |
| 14 Meintz, Avery | Stephenson | 36.17 | 1 | |
| 15 Rajala, Jordyn | Forest Park | x36.51 | 2 | |
| 16 Nord, Veronia | North Dickin | 36.57 | 1 | |
| 17 Vandenhouten, Miranda | Powers North | 37.00 | 2 | |

Event 30 Boys 200 Meter Dash Varsity

| Name | Year School | Finals | H# | Points |
|---------------------|--------------|--------|----|--------|
| 1 Johnson, Tristan | Stephenson | 24.20 | 3 | 5 |
| 2 Ragio, Billy | Forest Park | 24.27 | 3 | 3 |
| 3 Stenberg, Iver | Bark River-H | 24.59 | 3 | 2 |
| 4 Becerra, Jesus | Stephenson | 24.68 | 3 | 1 |
| 5 Harper, Tristen | Powers North | 24.71 | 3 | |
| 6 Wagner, Derek | North Dickin | 24.90 | 2 | |
| 7 Mathias, Alex | Bark River-H | 24.95 | 3 | |
| 8 Curtis, Dylan | Forest Park | 24.99 | 2 | |
| 9 Martin, Sam. | Bark River-H | 25.69 | 3 | |
| 10 Kidd, Tristan | Hannahville | 26.41 | 1 | |
| 11 Holle, Trent | Powers North | 26.55 | 3 | |
| 12 Alexa, A.J. | North Dickin | 27.03 | 2 | |
| 13 Teichert, Alex | Forest Park | 27.73 | 2 | |
| 14 Williams, Kory | North Dickin | 28.26 | 2 | |
| 15 Johnson, Gabe | North Dickin | x28.28 | 1 | |
| 16 Sundquist, Bryce | Bark River-H | x28.42 | 2 | |
| 17 Philips, Travis | Stephenson | 29.32 | 2 | |
| 18 Sprague, Brad | Stephenson | x31.94 | 1 | |

Event 31 Girls 3200 Meter Run Varsity

| Name | Year School | Finals | Points |
|--------------------|--------------|----------|--------|
| 1 Faccin, Emily | Forest Park | 14:14.24 | 5 |
| 2 Havelka, Caitlyn | Stephenson | 14:25.97 | 3 |
| 3 Wells, Baylee | Powers North | 15:01.22 | 2 |
| 4 Anderson, Brogan | North Dickin | 15:33.29 | 1 |
| 5 Marks, Katherine | Stephenson | 16:03.55 | |

Event 32 Boys 3200 Meter Run Varsity

| Name | Year School | Finals | Points |
|----------------------|--------------|----------|--------|
| 1 Cappaert, Conner | Stephenson | 11:15.70 | 5 |
| 2 Robinson, Connor | Powers North | 11:30.29 | 3 |
| 3 Brown, Ethan | Stephenson | 11:35.05 | 2 |
| 4 Green, David | Carney-Nadea | 11:43.65 | 1 |
| 5 Cappaert, Mark | Stephenson | 11:43.74 | |
| 6 Miron, Nate | Baraga | 13:13.00 | |
| 7 King, Jon | Powers North | 13:13.78 | |
| 8 Bortolini, Alex | Forest Park | 13:15.45 | |
| 9 Michelich, Colton | Forest Park | 13:29.54 | |
| 10 Erickson, kyle | Bark River-H | 13:30.15 | |
| 11 Putala, Jake | Baraga | 13:41.66 | |
| 12 Lauscher, Cameron | Powers North | 13:59.87 | |

Event 33 Girls 4x400 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|-----------------------|--------|
| 1 North Dickinson County | 4:50.46 | 5 |
| 1) Jacobson, Miranda | 2) Preistap, Frankie | |
| 3) Lindholm, Claire | 4) Steinbrecher, Mia | |
| 2 Stephenson | 4:54.03 | 3 |
| 1) Hartges, Mary | 2) Starzynski, Rachel | |
| 3) Truitt, Haley | 4) Kordish, Maegan | |
| 3 Carney-Nadeau | 4:56.44 | 2 |
| 1) Pumphrey, Jillian | 2) Berg, Becca | |
| 3) Harris, Alanis | 4) Sivula, Sara | |
| 4 Forest Park | 5:03.47 | 1 |
| 1) Hammerberg, Macey | 2) Aberly, Megan | |
| 3) Hundley, Madison | 4) Stacy, Kristin | |
| 5 Powers North Central | 5:10.65 | |
| 1) Cryderman, Samantha | 2) Wells, Mady | |
| 3) Faccio, Jaycee | 4) Plunger, Hope | |

Event 34 Boys 4x400 Meter Relay Varsity

| School | Finals | Points |
|--------------------------|---------------------|--------|
| 1 Stephenson | 3:43.79 | 5 |
| 1) Hartges, David | 2) Maki, Nick | |
| 3) Becerra, Jesus | 4) Kau, Brandon | |
| 2 Powers North Central | 3:49.85 | 3 |
| 1) Gagne, Dylan | 2) Bentley, Tyler | |
| 3) Harper, Tristen | 4) Holle, Bryce | |
| 3 Bark River-Harris | 3:56.98 | 2 |
| 1) Sundquist, Bryce | 2) Schultz, Ben | |
| 3) Stenberg, Iver | 4) Madalinski, Josh | |
| 4 Carney-Nadeau | 4:10.74 | 1 |
| 1) Belec, Jordan | 2) Duran, Manny | |
| 3) Forgette, Lucas | 4) Webber, David | |
| 5 North Dickinson County | 4:12.91 | |
| 1) Smith, T.J. | 2) Johnson, Gavin | |
| 3) Johnson, Riley | 4) Reimer, Walton | |

Women - Varsity - Team Rankings - 17 Events Scored

| | | | |
|-------------------------|----|---------------------------|----|
| 1) Stephenson | 56 | 2) North Dickinson County | 34 |
| 3) Bark River-Harris | 30 | 4) Forest Park | 27 |
| 5) Powers North Central | 20 | 6) Carney-Nadeau | 9 |
| 7) Baraga | 5 | | |

Men - Varsity - Team Rankings - 17 Events Scored

| | | | |
|---------------------------|----|-------------------------|----|
| 1) Stephenson | 59 | 2) Powers North Central | 45 |
| 3) North Dickinson County | 37 | 4) Bark River-Harris | 29 |
| 5) Forest Park | 11 | 6) Carney-Nadeau | 3 |
| 6) Hannahville | 3 | | |